

# Along your journey, we will be with you every step of the way.

Our goal is to enhance opportunities for our members to live and receive care services and supports in their own homes and communities.

You'll have a team to provide you with support and help you successfully move back home. You'll have access to services that are not available through other programs. We'll help you find what you need to be independent and happy.

## We offer a free program to assist with moving successfully back to community living

For more information, call us at **1-855-652-8249 (TTY 711)**. We're here for you 24 hours a day, 7 days a week. Ask about our **No Place Like Home program**. Or, to speak with your Care Coordinator. You have choices in your care, and we're here to help.

## Here's what a few members had to say:

"I never dreamed it would be so beautiful. I love, love, love it. I cannot believe what you all have done for me. I'm so happy. I can't wait to make myself breakfast in my own kitchen. I am going to have eggs and bacon made the right way. I've waited so long for this day."

Hattie Hall, member  
Aetna Better Health of Virginia

"Aetna helped me get settled into my new apartment. They helped me get all the stuff I needed like furniture, my bed, all that stuff. Aetna has been there to help me ever since I moved from the nursing home. I appreciate them."

Dawn Clifton, member  
Aetna Better Health of Virginia



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# No place like home

## Nursing Home

Moving back to Community Living

Aetna Better Health® of Virginia  
Commonwealth Coordinated Care Plus (CCC+)



[AetnaBetterHealth.com/Virginia](https://www.aetnabetterhealth.com/Virginia)

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# Aetna Better Health of Virginia is here to help you successfully move back to your home and into your community.

If you're interested in moving home, our Transition Care Coordinators can provide you with the help and resources you'll need.



## How it Works

### Who do I talk to if I want to move out of my nursing home?

Start by telling your Aetna Better Health Care Coordinator that you would like to move back to the community, or call us at **1-855-652-8249 (TTY: 711)**. We will connect you with your Care Coordinator.

### What should I expect?

You will have a team that will work with you to determine your specific needs and create a plan for a successful move home.

### What do I need to do?

You should participate actively in the process and involve anyone you would like, including family members, friends, and community supports.

### What happens after I move out?

You will have services you need to help you be successful living in the community and you will have an Aetna Better Health Care Coordinator that will continue to work and provide support for you.



## Resources for Living

### These services may be available if you qualify:

- Durable Medical Equipment
- Home modifications based on medical needs
- Attendants to help with personal care
- Help with bathing and dressing
- Shopping, laundry, light housekeeping, and meal preparation
- Emergency response system
- Transportation to medical appointments
- Care coordination
- Nurse care provided when medically needed



### If you qualify for special grants, these services may be available:

- Security and utility deposits
- First month's rent
- Essentials and basic household needs
- Handyman services
- Homemaker and pest control
- Home accessibility modifications based on medical needs to improve independence and ensure safety