



HEDIS[®] measures

For individuals with diabetes

These HEDIS[®] measures represent the percentage of members ages 18–75 with diabetes type 1 and type 2 who as of December 31 of the measurement year who had the following:

HBD – Hemoglobin A1c Control for Patients with Diabetes: The most recent hemoglobin A1c (HbA1c) was at the following levels during the measurement year:

- Glycated hemoglobin and glycosylated hemoglobin are acceptable HbA1c tests.
- HbA1c control <8.0: The member is numerator compliant if the most recent HbA1c level is <8.0%. The member is not numerator compliant if the result for the most recent HbA1c test is ≥8.0% or is missing a result, or if an HbA1c test was not done during the measurement year.
- HbA1c Poor Control >9.0: Inverse measure (a lower rate indicates better for this indicator)

EED – Eye Exam for Patients with Diabetes: An eye screening for diabetic retinal disease

- A retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist in the measurement year (regardless of results) or
- A retinal or dilated eye exam by an eye care professional in the year prior to the measurement year that was negative for retinopathy.
- Bilateral eye enucleation any time during the member’s history through December 31 of the measurement year.
- Blindness is not an exclusion for a diabetic eye exam.
- An eye exam result documented as “unknown” does not meet criteria
- Hypertensive retinopathy is not handled differently from diabetic retinopathy.

BPD - BP Control for Patients with Diabetes <140/90 mm Hg: The most recent BP reading taken during an outpatient visit, telephone visit, e-visit, virtual check-ins, or a non-acute inpatient encounter during the measurement year.

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Numerator codes for CDC

There is a large list of approved NCQA codes used to identify services included in the CDC measure. Below are a few of the approved codes. For a complete list, see [NCQA.org](https://www.ncqa.org).

Diabetes diagnosis

ICD- 10	E10.9	Type 1 diabetes mellitus without complications
ICD- 10	E11.9	Type 2 diabetes mellitus without complications
ICD- 10	E13.9	Other specified diabetes mellitus without complications

HbA1c tests

CPT	83036; 83037	HbA1c tests
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HbA1c levels: the most recent results

CPT	3051F	HbA1c level greater than/equal to 7.0 and less than 8.0
CPT	3052F	HbA1c level greater than/equal to 8.0 and less than/equal to 9.0
CPT	3046F	HbA1c level greater than 9.0
CPT	3044F	HbA1c less than 7.0

Retinal eye exam

CPT	67028; 67030; 67031; 67036; 67039; 67040	Diabetic retinal screening
CPT	3072F	Diabetic retinal screening- negative
CPT	2022F; 2024F; 2026F	Diabetic retinal screening with eye care professional
CPT	2022F; 2024F; 2026F	Eye exam with evidence of retinopathy
CPT	2023F; 2025F; 2033F	Eye exam without evidence of retinopathy

Blood pressure

CPT	3077F	Most recent systolic greater than/equal to 140
CPT	3074F	Most recent systolic less than 130
CPT	3075F	Most recent systolic 130-139
CPT	3079F	Most recent diastolic 80-89
CPT	3078F	Most recent diastolic less than 80
CPT	3080F	Most recent diastolic greater than/equal to 90

Blood pressure - systolic

LOINCS	759977	Systolic blood pressure by continuous non-invasive monitoring
LOINCS	8459-0	Systolic blood pressure - sitting
LOINCS	8460-8	Systolic blood pressure - standing
LOINCS	8461-6	Systolic blood pressure - supine
LOINCS	8480-6	Systolic blood pressure
LOINCS	8508-4	Brachial artery systolic blood pressure
LOINCS	8546-4	Brachial artery - left systolic blood pressure
LOINCS	8547-2	Brachial artery - right systolic blood pressure
LOINCS	892687	Systolic blood pressure - lying in L-lateral position

Blood pressure - diastolic

LOINCS	759951	Diastolic blood pressure by continuous non-invasive monitoring
LOINCS	8453-3	Diastolic blood pressure- sitting
LOINCS	8454-1	Diastolic blood pressure - standing
LOINCS	8455-8	Diastolic blood pressure- supine
LOINCS	8462-4	Diastolic blood pressure
LOINCS	8496-2	Brachial artery - diastolic blood pressure
LOINCS	8514-2	Brachial artery - left diastolic blood pressure
LOINCS	8515-9	Brachial artery - right diastolic blood pressure
LOINCS	892679	Diastolic blood pressure - lying in L-lateral position

A1c

17856-6	17856-6	Hemoglobin A1c/hemoglobin. Total in blood by HPLC
LOINCS	4548-4	Hemoglobin A1c/hemoglobin. Total in blood
LOINCS	4549-2	Hemoglobin A1c/hemoglobin. Total in blood by electrophoresis
LOINCS	96595-4	Hemoglobin A1c/hemoglobin. Total in DBS

Strategies for improvement

- ✓ Use NCQA coding tips to actively reflect care rendered.
- ✓ Outreach patients to schedule follow-up appointments and lab tests.
- ✓ Talk to patient regarding the importance of annual retinal eye exams as diabetes can cause impaired vision.
- ✓ Coordinate care with specialists such as endocrinologists, nephrologists, cardiologists and ophthalmologists.
- ✓ Stress the importance of medication and insulin adherence and their effect on blood glucose management.
- ✓ Refer patients to community resources that provide diabetes education and support.