Bright Futures

Treating your child's physical, mental, oral, and developmental health needs

Understanding all your child's health needs

EPSDT/Bright Futures helps with the early identification and treatment of any condition that may affect the health and development of your child. By finding and treating any health problem early, it can help to increase the chances of having the best health and development possible.

Physical health: Your child's entire body, including dental care

Mental health: Your child's emotional and spiritual well-being, along with the conditions where they live, learn and play

Developmental health: How your child's physical and mental health, well-being, and coping are developing and if they are meeting specific goals each year of life

Asking your child's doctors to share their health information

There are strict rules to protect your child's privacy. These rules may keep their physical health information separate from their mental health information, oral health, or developmental health information.

Each of your child's doctors can work together to treat them as a whole person if you ask them to share information about your child's treatment.

Your child should meet specific health goals each year. A few of these goals are body health, mental health and how your child is coping and growing. Your child's privacy will still be protected.





Choose for your child to be treated as a whole person.

Member Services: 1-800-822-2447 (TTY: 711)

Bring this card to your next visit

Talk to your child's doctor about all their health care providers working together as a team.

List your child's health care providers:

Name	Phone
Address	
Name	Phone
Address	
Name	Phone
Address	
Name	Phone
Address	

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-385-4104 (PA Relay: 711).

ATENCIÓN: Si usted habla español, los servicios de ayuda de idioma, sin ningún costo, están disponibles para usted. Llamar al 1-800-385-4104 (PA Relay: 711).

ВНИМАНИЕ: Если Вы говорите на русском языке, Вам предлагаются бесплатные переводческие услуги. Позвоните по номеру 1-800-385-4104 (PA Relay: 711).