





Aetna Better Health® of Florida

Behavioral Health Provider Training



Agenda

ABHFL Behavioral Health Website Contact Us Provider Manual, Newsletters and Notifications **Availity Provider Portal** Electronic Funds Transfers (EFT) & Electronic Remittance advise (ERA) **Prior Authorization Provider Information Appointment Access Guidelines** Treating a Member in Crisis Behavioral Health Expanded Benefits In Lieu of Services Resource Guide **Housing Pilot Program** Behavioral Health Programs Behavioral Health Resources and additional information **Monthly Provider Trainings Information**



ABHFL Behavioral Health Website

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ABHFL Behavioral Health Website

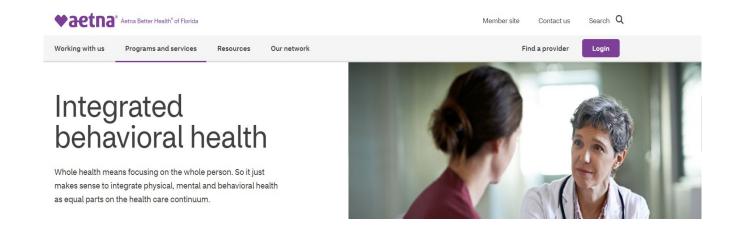
Our ABHFL Provider site offers a variety of information to support our providers.

Helpful Links:

- Materials and forms
- Provider Portal
- Provider surveys
- Notices and newsletters

BEHAVIORAL HEALTH LINK:

https://www.aetnabetterhealth.com/florida/providers/behavioral-health.html



We also have a dedicated Behavioral Health provider page located under "Programs and Services" tab, <u>Behavioral Health</u> to assist you with:

- BH Coverage
- Treating a member in crisis
- Coordination of care
- And much more...



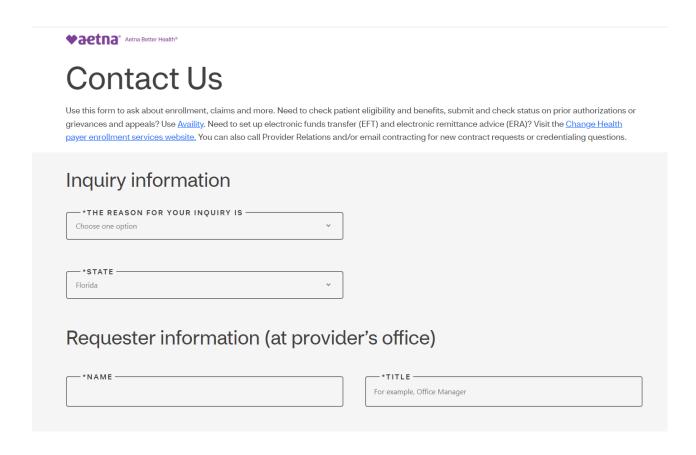
Contact US

Direct Link:

https://medicaidportal.aetna.com/mcainteractiveforms/ProviderForms/ProviderRequestForm.aspx?p=FL

NEW - Contact US page

- Claims Inquiry or Disputes
- Grievances & Appeals
- Delegated Group Updates
- New Contract Request
- Provider Enrollment or Adds to an Existing Par Group
- Provider Demographic Data Update
- Provider Terms, Leaving Practice, Retiring, Closing Practice
- Status Inquiry of previous email submission
- Other





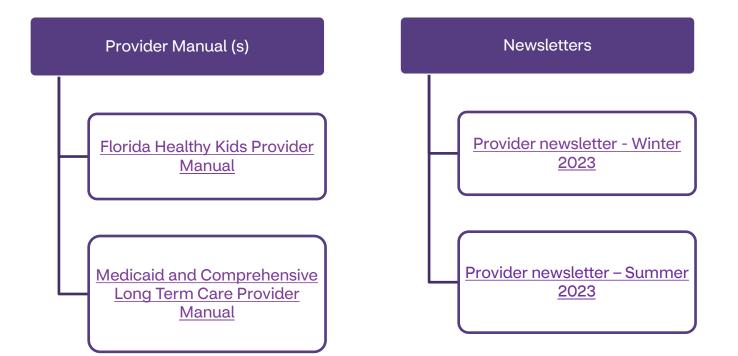
^{*}Attachments availability (up to 5 images)

Provider Manual Newsletters and Notifications

Provider Manual and Newsletters

ABHFL regularly updates and uploads Provider Bulletins, Provider Manual and Provider Newsletters on our ABHFL website for easy access.

To stay informed with the most updated information please visit our ABHFL under the provider tab: <u>ABHFL Provider Page</u>



Note: Provider Newsletters are issued 2 times a year. (Summer & Winter).





Provider Notifications (Fax blasts)

To stay informed with the most updated information please visit our ABHFL under the provider tab: ABHFL Provider Page

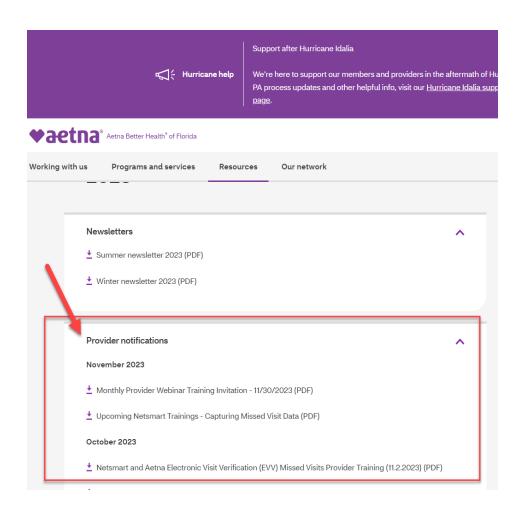
August 2023

ProgenyHealth Maternity Care Management (PDF)

SBIRT Training Cancelled and Re-Scheduled (PDF)

AHCA Workshop - Developmental Disabilities Individual Budgeting Waiver Services Provider Rate Table (08/03/2023) (PDF)

Provider SBIRT Webinar Training Invitation - August 8, 2023 (PDF)





Provider Notifications (Fax blasts)

September 2023

SBIRT Provider Training Opportunity Notification Reminder (PDF)

Behavioral Health Monthly Provider Training Invitation (09/29/2023) (PDF)

Behavioral Health and Primary Care Provider Collaboration Survey (PDF)

Primary Care and Behavioral Health Provider Collaboration Survey (PDF)

Redetermination Notice (PDF)

SBIRT Webinar Training Provider Invitation (10.4.2023) (PDF)

Humatrope Added to FHK Preferred Drug List (PDF)

SBIRT Training Opportunity - 10/04/2023 (PDF)

HCPCS Codes for Depression Screening (PDF)

Hurricane Idalia Important Information (PDF)

October 2023

Netsmart and Aetna Electronic Visit Verification (EVV) Missed Visits Provider Training (11.2.2023) (PDF)

Upcoming changes to EVV requirements - Capturing missed visit data (PDF)

Monthly Provider Webinar Training Invitation - Maternity (10.26.2023) (PDF)

Provider Town Hall Invitation for MMA Providers in Region 6 - Tampa (PDF)

Provider Town Hall Invitation for LTC Providers in Region 6 - Tampa (PDF)

Provider Town Hall Invitation for MMA Providers in Region 7 - Orlando (PDF)

Provider Town Hall Invitation for LTC Providers in Region 7 - Orlando (PDF)

Provider Town Hall Invitation for MMA Providers in Region 11-Miami (PDF)

Skilled Nursing Facilities (SNF) Billing - Value Codes (PDF)

Provider Town Hall Invitation for LTC Providers in Region 11-Miami (PDF)



Availity Provider Portal

Availity Provider Portal

If your organization isn't registered with Availity, we strongly recommend that you get started today at <u>Availity.com/provider-portal-registration</u>.

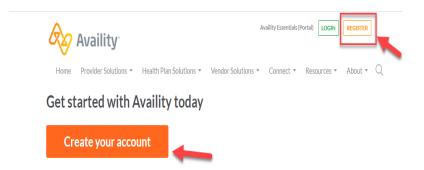
To register, select your organization type below



Select this option if you are a healthcare provider.

If you are a healthcare provider – i.e., physician practice, mental health provider, specialist, medical transportation service, or non-physician provider – click below to register. Questions about registering? Join us for a live webinar or explore other registration resources on our training microsite.

Register



Availity & Helpful Links:

- Availity Main Page
- Availity Provider Portal
- Availity Portal-Registration
- Availity Get Started
- Availity Log In
- Availity Training-and-Education



Availity Provider Portal



Did You Know

Availity Essentials provider portal provides access to a robust self-service and online tools to allow more independent and remote providers to easily navigate Aetna's policies, procedures, and requirements. Availity allows providers to directly communicate with Aetna's clinical and administrative staff through the Contact Us application. Providers support capabilities offered through Availity include the ability for providers to:

- Claim Submissions
- Claim Status Inquiries
- Payer Space
- Contact Us Messaging

- Appeals & Grievance
- Appeals & Grievance Status
- Panel Rosters
- Specialty Pharmacy Prior Authorization

- Prior Authorization
 Submission
- Prior Authorization Status
- Eligibility and Benefits
- Reports & PDM



Electronic Funds Transfers (EFT) Electronic Remittance Advice (ERA)

Electronic Funds Transfers (EFT) Electronic Remittance Advice (ERA)



How to enroll

To enroll in EFT/ERA Registration Services (EERS) visit

Change Health payer enrollment services website

- Create your enrollment by filling out the Provider Information, Contact Information, Bank Information (only if adding EFT enrollment(s)), and Enrollment Information.
- Submit your enrollment(s) and you will receive an email notification confirming submission to Change Healthcare.
- Log in to the Provider Portal to check the status of your enrollment(s).



Prior Authorization

Prior Authorization

Prior authorization (PA) is required for some out-of-network providers, outpatient care and planned hospital admissions.

We don't require PA for emergency care. You can find a current list of the services that need PA on the Provider Portal.

You can also find out if a service needs PA by using ProPAT, our online prior authorization search tool.

Propat Link: **Search ProPAT**





Tips for requesting PA

A request for PA doesn't guarantee payment

- We can't reimburse you for unauthorized services. You can make requesting PA easier with these tips:
- Register for Availity if you haven't already.
- Verify member eligibility before providing services.
- Based on the type of request, complete and submit the PA request form.
- Attach supporting documents when you submit the form.

TYPES OF PA REQUEST FORMS

These forms apply to all plans.

- Physical health PA request form (PDF)
- Behavioral health PA request form (PDF)
- Obstetrical notification form (PDF)

MORE HELPFUL RESOURCES

- Prior authorization rules for Medicaid and Florida Healthy Kids (PDF)
- Quick reference guide vendor list (PDF)



How to request PA



Online

Ask for PA through our Provider Portal.

Visit the Provider Portal



By phone

Ask for PA by calling us:

 Medicaid Managed Medical Assistance:

<u>1-800-441-5501</u> (TTY: <u>711</u>)

Florida Healthy Kids:

1-844-528-5815 (TTY: 711)



By Fax

Download and complete the PA request form based on the type of request. Add any supporting materials for the review. Then, fax it to us.

Fax numbers for PA request forms

- Physical health PA request form fax: 1-860-607-8056
- Behavioral health PA request form fax (Medicaid Managed Medical Assistance): <u>1-</u> 833-365-2474
- Behavioral health PA request form fax (Florida Healthy Kids): 1-833-365-2493



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Provider Information

Provider Information

Ongoing surveys are posted on our ABHFL website as we are continuously working in obtaining the most updated information to improve services to our members and provider directory.

We added a new helpful link

Welcome providers

We offer benefits and services for those who qualify for Medicaid programs and Florida Healthy Kids (FHK). As a network provider, you enjoy a lot of benefits, from ongoing support and training to timely claims processing and competitive compensation. Together, we can improve health care access and quality in Florida.

Provider Portal > Provider surveys



HELPFUL LINKS

Materials and forms >

Notices and newsletters >

Member home page >

How to join

https://www.aetnabetterhealth.com/florida /providers/materials-forms.html

Provider surveys

ABH FL Provider Data Validation >

ABH FL Provider Data Change Form >

ABHFL Provider OB/GYN Survey (PDF) >

Aetna Better Health of Florida Behavioral Health and Primary Care Provider Collaboration

Aetna Better Health of Florida Primary Care and Behavioral Health Provider Collaboration

ABH FL Provider Office Hours & Telemedicine Services Survey >



Provider Information

ABH FL Provider Data Validation

- Direct Link: https://www.surveymonkey.com/r/AETPDV
- In support of NCQA, federal, and CMS regulations and standards, Aetna Better Health of Florida requires participating
 providers to visit our Provider Online Directory at https://www.aetnabetterhealth.com/florida/find-provider each
 calendar quarter to validate the accuracy of your practice information.

ABH FL Provider Data Change Form

- Direct Link: https://www.surveymonkey.com/r/AETPDCF
- Keeping your practice data up to date through Aetna Better Health of Florida's online Provider Data Change Form is
 essential to ensuring member satisfaction, appropriate referrals, appointment availability, and accurate and timely
 claims processing.

ABH FL Behavioral Health & Primary Care Provider Collaboration

- Direct Link: https://www.surveymonkey.com/r/AETBHPCP
- Aetna Better Heath would like to understand how well primary care and behavioral health providers communicate and coordinate care. By completing this survey and sharing your feedback ABHFL will measure how well we are meeting the expectations and needs of our network providers and practitioners.

ABH FL After Hours & Telemedicine

- Direct Link: https://www.surveymonkey.com/r/ABHHRTEL
- In order to keep the provider directory up to date, Aetna Better Health of Florida would like to obtain more information regarding the practice's after-hours availability and Telemedicine services provided.



Appointment Access Guidelines

Appointment Access Guidelines

Provider Requirements

Providers are required to schedule appointments for eligible members in accordance with:

- 1. minimum appointment availability standards
- 2. based on the acuity and severity of the presenting condition,
- 3. in conjunction with the member's past and current medical history.

Compliance Monitoring

- Provider Relations Department will routinely monitor compliance and seek Corrective Action Plans (CAP), such as panel or referral restrictions, from providers that do not meet accessibility standard.
- Providers are contractually required to meet standards for timely access to care and services, considering the urgency of and the need for the services.

Non- Urgent Appointments

- Within seven (7) days post discharge from an inpatient behavioral health admission for follow-up behavioral health treatment
- Within fourteen (14) days for initial outpatient behavioral health treatment



Appointment Access Guidelines

Timely access-standards for hours of operations for PCPs: General appointment accessibility – 20 hours per week per practice location

Practitioner Type	Appointment Type	Accessibility Standards
Behavioral Health/Substance Abuse	Preventive care & routine (non-urgent)	Within seven (7) days post discharge from an inpatient behavioral health admission for follow-up behavioral health treatment. OR Within fourteen (14) days for initial outpatient behavioral health treatment.
	Routine/follow-up (non- urgent, symptomatic conditions)	Within seven (7) days post discharge from an inpatient behavioral health admission for follow-up behavioral health treatment. OR Within fourteen (14) days for initial outpatient behavioral health treatment.
	Urgent care	Within forty-eight (48) hours do not require prior authorization. OR Within ninety-six (96) hours that do require prior authorization.
	Emergency Services-non life threatening	Within forty-eight (48) hours that do not require prior authorization. OR Within ninety-six (96) hours that do require prior authorization



Treating Members in Crisis

Treating a member in crisis?

We have multiple options to assist members:

Option 1

Call <u>911</u> or send the member to the nearest hospital if:

- They have thoughts of harming themselves or someone else
- They have an emergency and need help right now

Members can use any hospital for emergency care, even if it isn't in our network. They just need to show their member ID card.

Option 2

The National Suicide Prevention Lifeline has counselors that will talk or chat with members 24 hours a day, 7 days a week.

Members can:

- Call 1-800-273-TALK (8255)
- Text "HELLO" to 741741

Option 3

You can also call our behavioral health hotline by calling Member Services and choosing the crisis option. We're here to help 24 hours a day, 7 days a week, and can link you to the right resources. Members can call, too.

Member Services:

- Medicaid Managed Medical
 Assistance: <u>1-800-441-5501</u> (TTY: 711)
- Florida Healthy Kids: <u>1-844-528-5815</u> (TTY: 711)
- Long-Term Care: 1-844-645-7371 (TTY: 711)



Behavioral Health Expanded Benefits

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BH Expanded Benefits

Service	Description	Coverage/Limitations	Prior Authorization
Behavioral Health Assessment / Evaluation Services	Services used to detect or diagnose mental illnesses and behavioral health disorders	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met
Behavioral Health Day Services / Day Treatment	Intensive therapeutic treatment used to stabilize symptoms of a behavioral health disorder	Covered as medically necessary. No limit for members 21 and older	Yes
Behavioral Health Medical Services	Medication management, drug screening, etc	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met
Computerized Cognitive Behavioral Therapy	Standardized cognitive performance testing	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met
Group Therapy (Behavioral Health)	Services for a group of people to have therapy sessions with a mental health professional	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met
Individual / Family Therapy	Services for people to have one-to-one or family therapy sessions with a mental health professional	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met



BH Expanded Benefits

Service	Description	Coverage/Limitations	Prior Authorization
Intensive Outpatient Services (mental health and substance use)	Delivers focused, specialized behavioral health treatment in an outpatient setting	Covered as medically necessary. No limit for members 21 and older	Yes
Medication Assisted Treatment (MAT)	Medications given to help with drug or alcohol withdrawal	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met
Mental Health Targeted Case Management	Services to help get medical and behavioral health care for people with mental Illnesses	Covered as medically necessary. 344 units per month for each member 21 and older	Yes
Psychosocial Rehabilitation	Therapy that helps restore function and well being	Covered as medically necessary. No limit for members 21 and older	Prior authorization required once Medicaid coverage/limitations are met
Substance Use Treatment or Detoxification Services	Outpatient services for substance use or detoxification	Covered as medically necessary. No limit for members 21 and older	Yes



In Lieu of Services Resource

In Lieu of Services Resource Guide

For our Aetna Medicaid members there are behavioral health treatment options. They are considered in lieu of services that may be medically appropriate alternate treatments for our members.

Members have the choice to receive the Medicaid covered service or an in lieu of service. We ask that providers document in the enrollee record the members choice in the members' record.

For the services outlined below, medical necessity applies.

Description of Service	In lieu of:	Procedure Code	Modifier	PA Required?	Limitations
Crisis Stabilization Unit (CSU)	Inpatient Psychiatric Hospital Care	129		Notification is required within 24 hours of admission. Authorization is provided for the first 3 days of an emergency involuntary (Baker Act) admission. Prior authorization is required for continued stay.	No limits
Addiction Receiving Facilities	Inpatient Detoxification Hospital Care	169		Yes	No limits



In Lieu of Services Resource Guide

Description of Service	In lieu of:	Procedure Code	Modifier	PA Required?	Limitations
Intensive Outpatient (IOP)- Substance use disorder (SUD)	Inpatient Detoxification Hospital Care	906 H0015		Yes	No limits
Intensive Outpatient (IOP)-Mental Health (MH)	Inpatient Hospital	905 S9480		Yes	No limits
Partial Hospitalization Program (PHP)	Inpatient Psychiatric Hospital Care	Half Day 912 Full Day 913		Yes	No limits
Ambulatory Detox- Substance use disorder (SUD)	Inpatient Detoxification Hospital Care	944		Yes	No limits
Ambulatory Detox-Alcohol	Inpatient Detoxification Hospital Care	945		Yes	No limits
Ambulatory Detox	Inpatient Detoxification Hospital Care	S9475 H0014		Yes	No limits
Substance Abuse Short-Term Residential Treatment (SRT)	Inpatient Detoxification Hospital Care	H0018		Yes	No limits
Self-Help/Peer Support	Psychosocial Rehabilitation	H0038		No	Up to 4 hours (16 units) per day
Community-Based Wrap Around Services	Therapeutic Group Care services or Statewide Inpatient Psychiatric Program (SIPP) services	H2022		Yes	No limits
Drop-In Center	Clubhouse Services	S5102	HE	No	Up to 20 days per year
Mobile Crisis Assessment and Intervention	Emergency Behavioral Health Care	S9484 H2011		No	S9484: Up to 2 hours per day (32 units) H2011: No limits



In Lieu of Services Resource Guide

Description of Service	In lieu of:	Procedure Code	Modifier	PA Required?	Limitations
Infant Mental Health Pre & Post Testing Services	Psychological Testing services	T1023	НА	Yes	No limits
Family Training/Counseling for Child Development	Therapeutic Behavioral On-Site Services	T1027		No	Up to 9 hours (36 units) per month
Behavioral Health Services-Child Welfare	Therapeutic Group Care services or Statewide Inpatient Psychiatric Program services	T2023	HA	Yes	No limits
Nursing Facility Services	Inpatient Hospital Services	0101 0190 0191 0192 0193 0194 0199 0655 0658		Yes	No limits



Goals of the program

- Build multi-sector collaborations and implement evidence-based strategies promoting housing stability, assistance with transitions, crisis intervention services, tenancy support and education, and peer support by partnering with community providers who have current relationships with homeless coalitions in the areas served.
- Provide services and support for members who are the most vulnerable while ensuring that they have a stable home and access to health care and community services.
- Provide true service integration by connecting behavioral health case management services with physical health case management.
- Leverage the capabilities and experience of our behavioral health providers in conjunction with our case management team to transform homeless services to crisis response systems that prevent homelessness and rapidly return people who experience homelessness to stable housing.



Areas served

Region 7 to include Seminole, Orange, Osceola, and Brevard counties

Eligibility

Aetna Medicaid and Long-Term Care members, aged 21 and older, with serious mental illness (SMI), substance use disorder (SUD) or SMI with cooccurring SUD

Homeless or at risk of homelessness

Referring a member

To make a referral for the Housing Assistance Pilot, please call 1-800-441-5501 or send an email to: abhfl-specialtycm@aetna.com.

If making a referral through email, please include "Housing Program Referral" on the subject line of the email.





Transitional housing services:

Services that support an individual to prepare for and transition into housing, tenant screening and housing assessment, individualized housing support plan, assist with search for housing and application process, identify resources to pay for ongoing expenses like rent, ensure living environment is safe and ready to move-in, cover one-time incidentals such as assistance with deposits up to \$500



Tenancy sustaining services:

Early intervention for behaviors that might jeopardize housing, education/training in roles, rights & responsibilities between tenant and landlord, coaching on developing/maintaining relationships with property managers, assist with resolving

disputes, reduce risk of eviction, advocacy and linkage with community resources, assistance with community recertification process, review, coordinate and modify housing

crisis plans

support and



Mobile Crisis Management:

Delivery of immediate de-escalation services for emotional symptoms and/or behaviors at the location in which the crisis occurs, behavioral health

crisis team available 24/7/365, prevent loss of housing or emergency inpatient behavioral health admission when possible



Self-Help/Peer Support:

Person-centered services promoting skills for coping with and managing symptoms, utilizing natural resources and preservation or enhancing community living skills with the assistance of a peer support specialist



Behavioral Health Programs

Behavioral Health Programs













GUARDIAN ANGEL

Members who have experienced an overdose are outreached within 48 hours of the referral. The Case Management (CM) and/or Peer Support Specialists speaks to the member in a warm, nonjudgmental way about safety, Narcan, and treatment options.

Referral for CM services also offered.

OPIOID

Members are identified via the monthly OUD report who may be abusing or misusing Opioids.

Members will be staffed during monthly rounds.

We attempt to engage the members in CM and assess for safety and ensure they know how to access Narcan and other opioid antagonist resources.

LOCK IN

This program identifies members who may be misusing, abusing, and/or diverting controlled substances to limit their access to these medications.

These members are staffed in monthly Lock In Rounds with the CM team, Medical and Pharmacy Directors. If the team agrees that the member meets the criteria for lock in, we lock them into a designated pharmacy for 1 year.

CRISIS CALLS

Members who are posing an imminent safety risk (SI, HI, acute psychosis) are warm transferred to licensed BH clinicians from the CM team.

The BH CM will assess member's safety and attempt to de-escalate. Mobile crisis or local police will be called if member is in danger to themselves or others.

CM will follow up with member or supports post crisis to ensure that they are connected to appropriate resources.

HOUSING

Members must have either a substance abuse and/or SMI diagnosis to be eligible.

This pilot program is currently being offered in Region 7.

More information on the housing pilot program in next slides.

CHAMMPS

Monthly Rx report identifies children who are being prescribed at least 2 classes of psychotropic meds, lack of metabolic monitoring, any psychotropic use in children under age 5, lack of BH visits in the last 6 months or overprescribing of psychotropic medications. Monthly rounds held with BH CM Team, Pharmacy Director and BH Medical Director. Goal is to reduce the overprescribing of psychotropic meds and increase metabolic monitoring. Also, attempting to increase education and outreach on polypharmacy and medication management to family and providers



BH Service Resources

Behavioral Health Resources and additional information

Updated Community Behavioral Health Fee Schedule

- New Community Behavioral Health fee schedule went into effect 10/1/2023
- If the Billed Amount is less than the new max fee, the Billed Amount(s) must be updated; otherwise, there is no action needed on the provider's part.

Opioid Resources:

• https://www.aetnabetterhealth.com/florida/providers/opioid-use-disorder.html

Clinical Practice Guidelines:

• https://www.aetnabetterhealth.com/florida/providers/clinical-guidelines-policy-bulletins.html

AHCA Resource Guide:

- https://www.aetnabetterhealth.com/content/dam/aetna/medicaid/florida/provider/pdf/abhfl_provider_resource_guide.pdf
- Updated quarterly
- > Housed both on the ABHFL website and on AHCA website



Monthly Provider Trainings Information

Monthly Provider Trainings

Monthly Provider Training Invitations are sent to providers via fax and via email. We also upload the invitation on our ABHFL website for your convenience.

It is important that we have your most updated fax and email information on file in order for you to receive Monthly Provider Trainings and all of our communications timely.

Need to update your information?

- 1. Contact our provider relations department via email FLMedicaidProviderRelations@aetna.com
- 2. Complete the ABHFL Provider Data Change Form: https://www.surveymonkey.com/r/AETPDCF
- 3. Call us!
 - MMA: 1-800-441-5501 TTY (711)
 - LTC: 1-844-645-7371 TTY (711)
 - FHK: 1-844-528-5815 TTY (711)



yaetna®

Questions? We have answers!

Provider Services Department

• Phone: 1-844-528-5815

• Email: FLMedicaidProviderRelations@aetna.com

Behavioral Health Network Relations Specialist

• Name: Yolaine Joseph-Doralus

• Email: Joseph-DoralusY@AETNA.com

Contracting and Credentialing Information

Behavioral Services Network, Inc

• Email: info@bsnnet.com

• Phone: 305-907-7470

