

Clinical Practice Guidelines Aetna Better Health of Florida

Disease Management Condition	Guideline (Copy and paste link into your browser or Ctrl+click)
ADHD	<p>American Academy of Pediatrics (AAP): ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents, October 2019 https://pediatrics.aappublications.org/content/144/4/e20192528</p>
Alcohol Use Disorder	<p>American Society of Addiction Medicine Alcohol Withdrawal Management https://downloads.asam.org/sitefinity-production-blobs/docs/default-source/guidelines/awg-3-20-20.pdf?sfvrsn=d87852c2_2</p> <p>Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions</p>
Anxiety Disorder	<p>National Institute of Mental Health Anxiety Disorders July 2018 https://www.nimh.nih.gov/health/topics/anxiety-disorders</p>
Asthma	<p>National Heart, Lung and Blood Institute (NHLBI)-2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines</p> <p>https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates</p>
Chronic Obstructive Lung Disease (COPD)	<p>CDC COPD Resources for Health Professionals CDC 2024 https://www.cdc.gov/copd/php/key-resources/index.html</p>
Congestive Heart Failure (CHF)	<p>2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines: https://www.jacc.org/doi/10.1016/j.jacc.2021.12.012?_gl=1*x9itci*_ga*MjA0MDE3MjI0NC4xNjU1Mzk1MDg4*_ga_2V8VW4Y237*MTY2MDc0Nzg5NS4yLjEuMTY2MDc0Nzk0Ny44LjAuMA..&_ga=2.192326766.51064336.1660747895-2040172244.1655395088</p>
Coronary Artery Disease (CAD)	<p>2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease https://www.jacc.org/guidelines/prevention</p>
Diabetes ADA's current clinical practice recommendations	<p>2024 American Diabetes Association (ADA) standards in Care Volume 47 Issue Supplement_1 Diabetes Care American Diabetes Association (diabetesjournals.org)</p>

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Eating Disorders	Identification and Management of Eating Disorders in Children and Adolescents January 2021 https://pediatrics.aappublications.org/content/147/1/e2020040279
Hepatis C	March 2020 US Preventative Task Force: Hepatitis C Virus Infection in Adolescents and Adults: Screening https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hepatitis-c-screening
Hip	AAOS Management of Osteoarthritis of the Hip
HIV/AIDS	Clinical Care Guidelines and Resources https://hab.hrsa.gov/clinical-quality-management/clinical-care-guidelines-and-resources
Hypertension (HTN)	Guidelines Made Simple 2017 Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults https://www.acc.org/education-and-meetings/image-and-slide-gallery/media-detail?id=BDA0F36F3160426FAB2E784B82E2629A
Immunizations CDC/ACIP Guidelines	CDC 2024 Immunizations Schedules https://www.cdc.gov/vaccines/imz-schedules/index.html
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (August 2020) ACP, AAFP release new guideline for treatment of non-low back pain from musculoskeletal injuries in adults ACP Online
Major Depressive Disorder APA Guidelines	Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts February 2019 https://www.apa.org/depression-guideline/guideline.pdf
Obesity	Obesity Medicine 2023- Obesity Guidelines for Clinicians 2023 Obesity Algorithm E-Book (obesitymedicine.org)
Obstructive Sleep Apnea	American Academy of Sleep Medicine Clinical Practice Guideline (2017) / Clinical Practice Guideline for Diagnostic Testing for Adult Obstructive Sleep Apnea American Academy of Pediatrics (Sept. 2012) / Diagnosis and Management of Childhood Obstructive Sleep Apnea Syndrome
Opioids for Chronic Pain CDC Guideline	CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022 MMWR Use of Opioids in the Management of Chronic Pain (2022) VA/DoD Clinical Practice Guidelines https://www.healthquality.va.gov/guidelines/pain/cot/

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Pediatric Preventative Health Care	<p>Recommendations for Preventive Pediatric Health Care</p> <ol style="list-style-type: none"> Link is still current and schedule reflects changes approved in December 2023 and published in June 2024. https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf
Prenatal Services	<p>Ambulatory Adult Prenatal Care Guideline</p> <p>https://www.acog.org/programs/redesigning-prenatal-care-initiative</p> <p><i>The Michigan Plan for Appropriate Tailored Healthcare in Pregnancy Prenatal Care Recommendations -</i></p> <p>https://journals.lww.com/greenjournal/abstract/2021/10000/the_michigan_plan_for_appropriate_tailored.12.aspx</p>
Preventive Screenings, Counseling and Preventive Medication USPSTF Guidelines (Pediatric, Adult, Senior)	<p>U.S. Preventive Services Task Force (USPSTF)</p> <p>https://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations</p>
Schizophrenia	<p>American Psychiatric Association Treatment of Patients with Schizophrenia (2022)</p> <p>https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841</p>
Seizure Disorder/Epilepsy	<p>American Epilepsy Society (2022) / Clinical Care - Clinic Guidance Guidelines</p>
Sickle Cell Anemia	<p>ASH Clinical Practice Guidelines on Sickle Cell Disease 2020</p> <p>https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/sickle-cell-disease-guidelines</p>
Stroke	<p>American Heart Association/American Stroke Association (2014) / Guidelines for the Primary Prevention of Stroke</p>
Substance Use Disorder	<p>American Society of Addiction Medicine Consensus Statement — Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)</p> <p>https://www.asam.org/quality-care/clinical-guidelines/drug-testing</p> <p>American Society of Addiction Medicine Treatment of Opioid Use Disorder (2020)</p> <p>https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline</p>
Suicide Prevention	<p>US Department of Veterans Affairs Assessment and Management of Patients at Risk for Suicide (2019)</p> <p>https://www.healthquality.va.gov/guidelines/MH/srb/</p>

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Tobacco Cessation	<p>Cessation Material for State Tobacco Control Programs https://www.cdc.gov/tobacco/quit_smoking/cessation/index.htm</p> <p>Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020) https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy</p>
Trauma Informed Care	<p>Fostering Resilience and Recovery: A Change Package https://www.thenationalcouncil.org/resources/fostering-resilience-and-recovery/</p>