



Aetna Better Health of Illinois expands no-cost benefits to help members achieve health goals in 2026

DOWNERS GROVE, Ill., Feb. 23, 2026 — As members work toward their New Year health goals, Aetna Better Health® of Illinois, a CVS Health® company (NYSE: [CVS](#)), is expanding access to its value-added benefits for Medicaid members enrolled through HealthChoice Illinois to remove barriers to physical and mental health.

Available at no cost to Aetna Better Health of Illinois members, these benefits extend beyond traditional medical coverage to support whole-person care and make healthy choices easier in 2026. The benefits include:

- **Grocery delivery:** Covered monthly subscription fees for qualifying delivery apps for eligible members ages 18 and older.
- **Gym membership:** Digital or in-person memberships for adults ages 18 and older and monthly digital membership vouchers for members ages 13 and up.
- **Nutrition services:** Personal nutrition counseling and potential food assistance for eligible members ages 18 and older.
- **Weight management support:** Digital weight-management vouchers for eligible members ages 18 and older.
- **Baby essentials:** Car seat, highchair or play yard, diaper bag, and a monthly diaper stipend for eligible parents.
- **Behavioral health wellness support:** App membership voucher for eligible members ages 12 and older.
- **Educational support:** Career training, skills development and GED assistance for eligible members ages 18 and older.
- **Extras for youth:** Annual stipends for healthy activities for members ages 5–21 and clothing vouchers for K–12 students (ages 5–18).

“At Aetna, we are dedicated to empowering our members with accessible resources that support their health goals,” said Melanie Fernando, CEO of Aetna Better Health of Illinois. “Our value-added benefits are designed to support both physical health and mental wellbeing while enhancing overall quality of life —allowing our members to thrive in every aspect.”

These benefits were utilized more than **15,000** times last year, reflecting strong member engagement. Collectively, they help make it easier for members to prioritize their health every day.

Aetna Better Health of Illinois serves more than 350,000 Medicaid members across 102 counties. The health plan offers value-added benefits and best practices that have demonstrated positive results in utilization, health gap closures and member satisfaction.



For more information about Aetna Better Health of Illinois, visit www.aetnabetterhealth.com/illinois-medicaid.

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About Aetna Medicaid

Aetna Medicaid Administrators LLC (Aetna Medicaid), a CVS Health company, has over 30 years of experience managing the care of under-resourced populations, using innovative approaches and a local presence in each market to achieve both successful health care results and effective cost outcomes. Aetna Medicaid has expertise serving high-need Medicaid members, including those who are dually eligible for Medicaid and Medicare. Currently, Aetna Medicaid owns and/or administers Medicaid managed health care plans under the names of Aetna Better Health and other affiliate names. Together, these plans serve members in 15 states, including Arizona, Florida, Illinois, Kentucky, Louisiana, Maryland, Michigan, New Jersey, New York, Ohio, Oklahoma, Pennsylvania, Texas, Virginia and West Virginia. For more information, see www.aetnabetterhealth.com.

About CVS Health

[CVS Health](#) is a leading health solutions company building a world of health around every consumer, wherever they are. As of September 30, 2025, the Company had over 9,000 retail pharmacy locations, more than 1,000 walk-in and primary care medical clinics and a leading pharmacy benefits manager with approximately 87 million plan members. The Company also serves an estimated more than 37 million people through traditional, voluntary and consumer-directed health insurance products and related services, including highly rated Medicare Advantage offerings and a leading standalone Medicare Part D prescription drug plan. The Company's integrated model uses personalized, technology driven services to connect people to simply better health, increasing access to quality care, delivering better outcomes, and lowering overall costs.

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