

# HEDIS® measures

## Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

This HEDIS® measure looks at the percentage of children and adolescents 1–17 years of age who had two or more antipsychotic prescriptions and had **both of the following** in the measurement year:

- At least one test for blood glucose (blood glucose test or HBA1c test); and
- At least one cholesterol test

### Eligible population

Ages 1–17 years of age as of December 31 of the measurement year

### Numerator codes for APM

There is a large list of approved NCQA codes used to identify services included in the APM measure. Below are a few examples of approved codes. For a complete list, see [NCQA.org](https://www.ncqa.org).

Code class	Codes	Description
CPT	82465, 83718, 84478	Cholesterol test
CPT	80061, 83700, 83701, 83704, 83721, 3048F, 3049F, 3050F	LDL-C test
CPT	83036, 83037, 3044F, 3046F, 3051F, 3052F	HbA1c test
CPT	80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951	Blood glucose test

## Strategies for providers

- Monitor children on antipsychotic medications for metabolic health complications such as weight gain and diabetes.
- Routinely refer members on an antipsychotic medication out to have their blood glucose or HbA1c, LDL-C or cholesterol drawn at least annually.
- Use NCQA coding tips to actively reflect care rendered.
- Follow up with patient's parents to discuss and educate on lab results.
- Facilitate care coordination between the patient's primary care and behavioral health providers.
- Document patient's response to medication.
- Document lab results and any action that may be required.
- Use supplemental lab data to update medical records when applicable.
- Establish a baseline and continuously monitor and manage side-effects of antipsychotic medication therapy.

For assistance finding a provider to refer for mental health treatment, use our provider directory or call Aetna Better Health of Illinois at **1-866-329-4701**.

[AetnaBetterHealth.com/Illinois-Medicaid/Providers](https://www.aetna.com/betterhealth.com/illinois-medicaid/providers)

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