



Aetna Better Health
of Kansas



Your NICU Care Management Team

Welcome to ProgenyHealth's NICU Care Management Team

ProgenyHealth provides comprehensive, telephonic neonatal care management services exclusively focused on newborns admitted to the NICU or Special Care Nursery. Our program promotes evidence-based best practices and is customized to meet the individual healthcare needs of each infant. We support both families and our provider colleagues from an infant's NICU admission and throughout the first year of life.

During the course of the hospital stay, our Clinical Care Nurses work collaboratively with your Hospital's Utilization Management Team. Simultaneously, our Nurse Case Managers begin working directly with the families to ensure they are educated, active participants in care delivery. It's a partnership that has proven successful for over a decade.

Physician-developed, patient-centered, NICU Utilization Management

Supporting clinical best practices for the most complex newborn cases. Sharing our nationwide NICU experience and knowledge.

That's how ProgenyHealth collaborates with our clinical colleagues on behalf of our health plan partners. Our team of neonatologists and NICU/pediatric nurses works closely with hospital and provider networks to advance at-risk newborn outcomes by helping ensure appropriate services are provided at the right time, in the right setting. To-date, we have supported over 6,000 providers, in over 1,400 hospitals in the care of premature and medically complex newborns across the country.

“Our medical staff have spoken several times over the last year about how valuable ProgenyHealth is in supporting our NICU families, especially the higher level cases and those with social or resource needs. We are grateful to have their assistance and we're happy to hear about them working with a new plan partner serving patients in our area.”

NICU Discharge Planner

The Role of a ProgenyHealth Clinical Care Nurse

Our Clinical Care Nurses manage the continuum of care from the time an infant is admitted to your NICU or Special Care Nursery. Their goal is to help all involved utilize resources effectively throughout the critical stages of pre-admission, continued stay (concurrent review), discharge planning, and post-hospitalization care. ProgenyHealth's experienced nurses collaborate with hospitals like yours across the country every day to support the attending's plan-of care and ensure a timely discharge, to a safe home environment, with necessary services in-place.



Our Clinical Care Nurses:

- **Interact telephonically (or via secure fax) with hospital staff** to complete Utilization Review by collecting clinical information to facilitate hospital reimbursement for services delivered in the NICU/ Special Care Nursery. (Refer to the NICU Review Information Guide for more information.)
- **Utilize InterQual Criteria and/or MCG (Milliman) Guidelines** to determine appropriate levels of care and ensure billing is aligned with the infant's progress along the continuum of care.
- **Schedule frequency of clinical reviews** based upon the acuity of each individual infant.
- **Assist discharge planning and provide necessary resources** to ensure successful transitions of care from the inpatient setting.
- **Complete Utilization Review** for any additional admissions, outpatient services, or other services a NICU baby may have requiring prior-authorization during his or her first year of life.

Meet Our Nurse Case Managers and Social Work Case Managers

Our Nurse Case Managers and Social Work Case Managers effectively communicate with hospital discharge planners and hospital social workers to understand individual caregiver educational needs and to help ensure a safe discharge. This focused support is a central part of the outpatient care plan for the infant. Our Case Managers support and empower families with these services so that they are better able to meet their baby's ongoing needs:

- **Outreach to the family** upon notification of infant admission to NICU to assess family needs and condition of infant and mother.
- **Contact the hospital social worker**, during baby's hospitalization, to assess family's barriers and social needs such as: transportation for visitation and follow-ups, housing, equipment, supplies, custody issues or legal issues.
- **Call Children and Youth/Social Services/Foster Care** to obtain information regarding custody and guardianship of infants in order to provide comprehensive services to caregivers and to aid caregivers in complying with social programs.
- **Contact infant's caregivers** within two calendar days after discharge to ensure they have received instructions and to assess their knowledge, resources, and ability to carry out the plan provided by the hospital.
- **Complete a comprehensive needs assessment** after infant discharge that includes: current health status, social and financial issues, and identification of community resources and parent/caregiver education needed.
- **Call the hospital discharge planner** upon notification of infant admission in order to determine discharge plan, coordinate care and identify any special needs of the infant or family.

What your colleagues say about ProgenyHealth...

“Our affiliation with ProgenyHealth ensures that our NICU babies get care based on best practices.”

Utilization Management Supervisor

“The relationship between the hospital and ProgenyHealth is collaborative. It’s nice because we’re all on the same page regarding the level of care.”

RN, Hospital Care Coordinator



Linda Genen, MD, MPH

Chief Medical Officer, ProgenyHealth

“As the only company that focuses solely on the support of affected NICU infants and their families, ProgenyHealth recognizes how important it is for our clinical staff to work closely with the physicians, nurses and other staff in the hospitals and offices that provide the direct care to our population. ProgenyHealth employs full-time neonatologists and pediatric intensivists, some of whom still provide NICU coverage in their private practices, to perform utilization review and medical management services, review the progression of care of NICU infants, and to speak with their peer neonatologists at the facilities if there are questions or concerns. This true peer-to-peer capability differentiates Progeny from other care management organizations and provides the knowledgeable, respectful interactions that the practicing physician deserves.”

For questions about your onboarding, contact:

ProgenyHealth’s Implementations Team at
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