



Extra Benefits for Aetna Better Health of Kentucky Members

In addition to the standard Medicaid health benefits, Aetna Better Health of Kentucky offers the following extra benefits:

| Extra Benefits | |
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| Eyeglasses & Fittings | One free pair of eyeglasses every two years, including fittings. |
| Hearing Aids & Screenings | Yearly exam and one free hearing aid per year. Unlimited visits for hearing aid fittings. |
| Asthma Home Care | Members with an asthma diagnosis can get one free set of hypoallergenic bedding and up to \$150 for a yearly carpet cleaning. |
| CVS Weight Management Program | Free Nutrition/Weight Loss counseling at CVS MinuteClinic locations. Online personalized goal and plan development, up to a total of 16 visits over the course of 26 weeks. |
| Home Delivered Meals | Free healthy meal delivery for eligible members to help with certain conditions. Includes access to nutrition education to support health goals. |
| “Keeping Kids Safe” Opioid Lock Box Program | Medication lock box to keep kids safe. |
| Healthy You, Healthy Baby High Risk Pregnancy Program | Provides at home monitoring tools like a blood pressure cuff. |
| Momentum | Eligible members with certain chronic conditions can get up to \$1,500 a year to help pay for things like utilities, services not covered by Medicaid, and more. |
| GED Certification & Job Skills Training | Online job skills training with the chance to highlight skills to local employers, GED prep course and GED test voucher. |
| Getting on T.R.A.C.K. (Transition Ready Assistance & Core Knowledge) | Life skills program that includes education on budgeting and more. |
| Alternatives to Opioids | Eligible adult members can get up to \$600 a year to use towards acupuncture, massage therapy, dry-needling, and yoga. |
| Enhanced Transportation | Eligible adult members can get up to 10 free round-trip rides per year. Can be used for job interviews or training, grocery stores, getting to community health services and more. |
| Back to School Assistance Program | Free backpack with school supplies for members age 18 and under. |
| Slow Cooking Nutrition | Free course about how to make affordable, healthy meals using a slow cooker. Get a free Crock Pot by finishing the course. |

For more information, go to **AetnaBetterHealth.com/Kentucky** or call Member Services at **1-855-300-5528 (TTY: 711)**.

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| Diabetes Nutrition | Free 6-8 week basic diabetes course. |
| Start Strong Re-Entry Program | 90-day re-entry program including treatment, housing, bus passes, and job training. |
| Simple Necessities Vending Machine | Vending machine for members experiencing homeless at multiple shelters. The vending machine has items like personal hygiene items, socks and underwear for men and women, baby wipes and warm hats. |

Extra Benefits for SKY members

The SKY program serves children and youth in foster care, Medicaid eligible youth in the juvenile justice system, former foster youth under age 26, youth placed with fictive kin, and adoption assistance youth can receive these extra benefits:



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| Extra Benefits | |
| Connections for Life (13-17) | Free smartphone and wireless plan (eligible members who are not in a stable placement). |
| Connections for Life (18-26) | Free laptop for eligible members |
| Foster Care Duffle Bag Program | Duffle bags filled with personal hygiene items, supplies and a blanket to SKY members that are going from one home to another. |
| Birthday in a Box | Eligible members get a “birthday in a box” that includes party supplies and a gift. |

Aetna Promise Rewards (Aetna Better Health & SKY)

Earn rewards for getting important preventive services

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| Aetna Better Way to Health | |
| \$10 for completion of Diabetic Retinal Eye exam | Eligible members can a \$10 gift card for getting a diabetic retinopathy eye exam. (except SKY) |
| \$20 for follow-up visit with Mental Health Practitioner | Members 6 years and older can get a \$20 card for going for a follow-up visit within 7 days. |
| \$25 HRA Incentive | Members who are pregnant or newly eligible will a \$25 card for completing the HRA. |
| Maternity Matters | |
| \$25 Initial Prenatal Visit | Pregnant members can get a \$25 gift card for going to their initial prenatal visit. |
| \$10 Subsequent prenatal visits | Pregnant members can get \$10 for each visit, up to 10 visits. |
| Cribs for Moms | Pregnant members can get a portable crib at 37 weeks of pregnancy for seeing their doctor regularly. |
| \$25 Post-Partum Visit | New mothers can receive \$25 for getting a post-partum visit within 7 - 84 days after the baby is born. |
| Family Transportation | Receive transportation provided for the entire family that includes a car seat for children. Limited to 10 roundtrips (up to 60 miles total per roundtrip) per year. |

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