

Provider Newsletter

Fourth Quarter 2019



GOING BEYOND “HEALTH CARE”

Here at Aetna Better Health of Kentucky, a CVS Health Company, we recognize there are many factors, beyond access to quality healthcare, that play a significant role in health outcomes. We understand that when someone experiences challenges with unstable housing or food insecurity for example, basic healthcare needs may become less of a priority.

That’s why we are now offering free support services to help our members get the resources they need to be healthy.

Aetna presents Destination Health, a unique collaboration to expand the United Community Network. United Community is a network of community based organizations dedicated to addressing the full spectrum of social determinants of health (SDOH) needs for our members.

Our Care Managers can help members connect with local community services that can help get:

- Housing
- Healthy foods
- Transportation
- Education
- Public Safety
- Local emergency care
- Local doctors

Getting access is easy. Aetna members can contact their Aetna Care Manager or call Member Services at **1-855-300-5528 (TTY: 711)**.

IN THIS ISSUE

- PHM; ADHD; & PA Help 2
- Adult Immunizations 3
- CDC Vaping 4
- Member Rights & Responsibilities 3
- Mental Health Day 5
- Great American Smokeout 5
- Network Relations List 6 & 7
- Provider Manual FAQs 7
- Formulary Updates 8, 9 & 10
- Email / Fax Information Request.....11

WE HAVE IMPORTANT NEWS FOR YOU . . .let’s make sure you get it!

We regularly send out email and fax communications to our network providers. If you are not receiving them, please see **page 11** for details on how to sign up.

POPULATION HEALTH MANAGEMENT

The goal of Aetna's Population Health Management (PHM) Program is to drastically improve outcomes for a variety of healthcare conditions and to empower individuals to improve their health and engage in their healthcare. The PHM program supports members across the care continuum, promoting healthy behaviors and self-management as well as providing care coordination and the management of complex health conditions as supported by evidence-based medicine and national best practices.

We are partnering with our providers as we implement and expand our PHM program, specifically in the following areas of focus:

- Keeping Members Healthy

Our **Flu Vaccine** program provides education on the importance of flu vaccine in order to keep our members healthy. Practitioner and provider-facing activities will focus on closing gaps in care, engaging new patients, and increasing accessibility.

- Managing Members with Emerging Risk

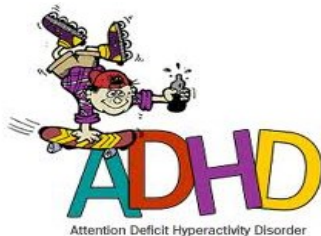
Our **Be Healthy** program provides education and care management support for members with diabetes. Engagement with practitioners and providers will focus on supporting Patient Centered Medical Home (PCMH) models to centralize care, encouraging monitoring, cost-effective care choices and patient-driven decision making.

- Patient Safety and Outcomes across Settings

Our **Lock In** program provides care management that support and assist members with finding a medical home (PCP). Engagement with practitioners and providers will focus on communication and collaboration with their patients, other practitioners through transitions of care, PCMH models with centralized coordination, and sharing information as permitted to prevent duplication and potential for harm.

- Managing Multiple Chronic Conditions

Our **Aetna Cares** program provides care management support and education for members who have heart failure, depression, asthma or COPD. Engagement with practitioners and providers will focus on maintaining engagement outside of clinic, frequent and regular office visits, integrated health models.



Do you diagnose ADHD in your practice? When a child begins ADHD medication therapy, remember to schedule a follow up appointment within 30 days before they leave the office to assess the effectiveness of the medication.

Two additional follow-up appointments are needed within 270 days (9 months) after the end of the initiation phase.

If additional resources are needed, please call **1-888-604-6106** for a behavioral health service referral.

PRIOR AUTHORIZATION HELP

Aetna Better Health strives to ensure you, our valued providers, receive payment for services rendered on behalf of our members. Some common recurring issues that will cause a claim to be denied administratively can be avoided with the following changes:

- All drugs must be coded with their specific CPT. Use of **J3490** will cause the claim to be denied.
- Retro authorizations must be received within 24 hours of service or they will be denied for late notification.
- Notification only is needed for the FIRST fetal ultrasound (**76805**) obtained after 16 weeks of gestation. If the member needs any other type of ultrasound, they will need a PA.
- If a medication will be administered in the office, i.e. botox, the authorization must go through our medical side and not the pharmacy. Please fax your request to: **1-855-454-5579**.

Questions?

Please call our Prior Authorization department at **1-888-725-4969** or contact your Network Manager, seen on pages six and seven in this newsletter.

ADULT IMMUNIZATION SCHEDULE

Aetna Better Health of Kentucky is as committed to promoting routine adult vaccinations as we are about ensuring children get their immunizations.

In fact, routine adult vaccinations are all covered under our members benefits, including the pharmacy benefit with a prescription. These vaccines can then be administered by a pharmacist certified to provide vaccinations in the store.



VACCINE COVERAGE

Aetna Better Health of Kentucky covers the following vaccines through pharmacy:

VACCINE	VACCINE	VACCINE
Flu (Trivalent, Quadrivalent)	Tetanus, Diphtheria Pertussis (TDAP)	Haemophilus B Polysaccharide
FluMist	Tetanus Diphtheria Pertussis (TD)	Hepatitis A
Fluzone HD (high dose)	Measles, Mumps, Rubella	Meningococcal
Pneumonia	Varicella	Poliovirus
Herpes Zoster	Hepatitis B	HPV

KEY CDC RECOMMENDATIONS

- ALL ADULTS** should receive a flu vaccine each year. It is especially important for people with chronic health conditions, pregnant women, and older adults.
- Adults should be up to date on Measles, Mumps, Rubella. Measle outbreaks have been reported in the U.S. in 2019 and measles is highly infectious.
- Every adult should get the Tdap vaccine once if they did not receive it as an adolescent to protect against pertussis (whooping cough), and then a Td (tetanus, diphtheria) booster shot every 10 years. In addition, women should get the Tdap vaccine each time they are pregnant, preferably at 27 through 36 weeks.
- HPV is recommended for adults up to age 26 if they were not vaccinated as pre-teens or teens.
- Adults over the age of 50 years of age should be vaccinated against Herpes Zoster.

Full adult vaccination schedule, as well as recommendations for special situations can be found on the CDC website: <https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>

CASE MANAGEMENT AND ER UTILIZATION

Aetna Better Health of Kentucky believes that members should receive the right level of care, which leads to proper care and placement for our members. Members who seek care in an Emergency Room may not be receiving the benefit of a medical home and the continuity and familiarity that a Primary Care Provider or the appropriate specialist provider can offer. Our Care Management team reaches out to these members and identifies barriers that prevent the member from receiving care in their medical home or outpatient specialist office. We also collaborate with providers to help identify the care and treatment issues that your members have identified.

Together we can help our members receive the most appropriate care to support their optimum level of health. Please feel free to contact us if you have a member that needs support and assist with their health care utilization. Please email or fax the member name and phone number along with your provider name and phone number, and any pertinent clinical information.

DIRECT FAX: **1-855-454-5044**

EMAIL: CCofKYCaseMGMT@aetna.com

MEMBER RIGHTS AND RESPONSIBILITIES



Our member rights and responsibilities are listed in our provider manual, located on the Aetna Better Health website at <https://www.aetnabetterhealth.com/kentucky/providers/> and in the member handbook, also located on our website. A printed copy of the provider manual can be provided as well. If you would like to receive one, please call us at **1-855-300-5528** and ask to speak to your Network Manager.

CLINICAL FOCUS



CDC VAPING RECOMMENDATIONS

Aetna Better Health of Kentucky wants to partner with our providers to ensure our members have important information on the dangers of e-cigarette use. The following recommendations were gathered and shared via the Centers for Disease Control and Prevention. As research continues to evolve, the most current recommendations will be available at www.cdc.gov/lunginjury.

What You Need to Know

- As of **October 15, 2019**, 1,479 lung injury cases associated with use of e-cigarette, or vaping, products have been reported to CDC from the District of Columbia, one U.S. territory (USVI) and 49 states (all except Alaska).
- 33 deaths have been confirmed in 24 states.
- At this time, FDA and CDC have not identified the cause or causes of the lung injuries in these cases, and the only commonality among all cases is that patients report the use of vaping products, including e-cigarettes.
 - ◇ No one compound or ingredient has emerged as the cause of these illnesses to date; and it may be that there is more than one cause of this outbreak.
 - ◇ We do know that THC is present in most of the samples tested by FDA to date, and most patients report a history of using THC-containing products.
 - ◇ The latest national and state findings suggest products containing THC, particularly those obtained off the street or from other informal sources (e.g. friends, family members, illicit dealers), are linked to most of the cases and play a major role in the outbreak.
- CDC recommends that people should not:
 - ◇ Use e-cigarette, or vaping, products that contain THC.
 - ◇ Buy any type of e-cigarette, or vaping, products, particularly those containing THC, off the street.
 - ◇ Modify or add any substances to e-cigarette, or vaping, products that are not intended by the manufacturer, including products purchased through retail establishments.
- Since the specific causes or causes of lung injury are not yet known, the only way to assure that people are not at risk while the investigation continues is to consider refraining from use of all e-cigarette and vaping products.
- There is no safe tobacco product. All tobacco products, including e-cigarettes, carry a risk.
- CDC is now doing additional laboratory testing.

What's New on the Lung Injury Response Website

- Updated case counts, death counts, a map of states reporting cases, and a graph of case counts
- Updated Laboratory Clinical Sample Submission Guidance and Specimen Submission Guidance for Pathologic Evaluation
- The most up-to-date, publicly available information can be found at: www.cdc.gov/lunginjury

If the public has questions, they can contact CDC-INFO at **800-232-4636**, or visit <https://wwwn.cdc.gov/dcs/ContactUs/Form>.

INTERQUAL EVIDENCE BASED CLINICAL CRITERIA



Aetna Better Health of Kentucky uses InterQual, an evidence based clinical criteria in our Utilization Management program. InterQual's comprehensive criteria connects and aligns our organization with actionable, evidence based clinical intelligence that helps optimize care management decisions, support appropriateness of care, manage medical costs and foster appropriate utilization of resources. Although care guidelines are essential for ensuring medical necessity determinations and appropriate resource utilization, there is no substitute for a physician's professional opinion and our partnership with you is built on this strong foundation. InterQual criteria applies to physical and behavioral health services. We use the American Society of Addiction Medicine (ASAM) criteria for substance use disorder.

Our criteria is available upon request by email or fax. Please call our member services department at **1-855-300-5528** or call your Network Relations Manager (numbers listed on pages 6 & 7) for assistance.

CLINICAL FOCUS



MENTAL HEALTH DAY

World Mental Health day was held on **October 10th, 2019**. This year highlighted the impact of suicide around the world and raised awareness about how we all can play a part in prevention. Consider that every 40 seconds, someone loses their life to suicide. Over the next year, 1 in 5 people will experience a mental health challenge. Here at Aetna Better Health of Kentucky, we recognize the impact mental health has on our daily living and on our overall health. Numerous screening tools are available including the Kessler 6 or Kessler 10 along with the Patient Stress Questionnaire. Find these and others on the SAMSHA website at <https://www.integration.samhsa.gov/clinical-practice/screening-tools>. You can also connect your patients to our Care Managers, who will help connect them to resources and mental health providers in their area. Please call us at **1-855-300-5528**.

THE GREAT AMERICAN SMOKEOUT

November 21 was the day when The American Cancer Society encouraged everyone to start their journey to stop smoking. On that day, thousands of people took the first step. Quitting is one of the best ways to live a healthier life; however, quitting is difficult.



A recent article published by Aetna provides some insight and suggestions from former smokers, including the following:

- Practicing mindfulness allows for a reduction in smoking at a higher rate than other smoking cessation programs. Suggested approaches to practice include:
 - ◇ Paying attention to how it feels when smoking. This act will often prompt smokers to consider why they are smoking.
 - ◇ Recognize when the craving to smoke occurs and then notice what the sensation is. After learning these sensations, a smoker can identify methods that could help them overcome the craving.
- Mobile apps provide encouragement 24/7. Some apps to consider are:
 - ◇ Craving to Quit – has a cigarette tracker and trained coaches.
 - ◇ QuitGuide – free from Smokefree.gov, tracks smoking patterns by day and location. Also has motivational inspiration.
 - ◇ Headspace – meditation guide that helps reduce the stress and anxiety associated with quitting smoking.
- Encourage interaction and support from former smokers who understand the process and can provide advice and encouragement.

Aetna offers many tools to help your patients on this journey, including free tobacco cessation aids and Care Managers trained to provide assistance to our members. Call our office at **1-855-300-5528** and ask to speak with a Care Manager.







Source: <https://www.aetna.com/health-guide/secrets-of-nonsmokers.html>

More resources for your patients are available on the ACS website: <https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html>

MEET THE NETWORK RELATIONS TEAM

Email: KYProviderRelations@aetna.com
 Claims Inquiry Claims Research (CICR): (855) 300-5528
 Website: www.aetnabetterhealth.com/Kentucky







	<p><i>Community Mental Health Centers</i> Behavioral health providers in Region 3 Behavioral health providers in Region 5</p>	<p>Dustin Johnson Network Manager 502-648-6526 Johnsod38@aetna.com</p>
<p>Regions 1 & 2 <i>Ballard, Caldwell, Calloway, Carlisle, Crittenden, Fulton, Graves, Hickman, Livingston, Lyon, Marshall, McCracken, Christian, Daviess, Hancock, Henderson, Hopkins, McLean, Muhlenberg, Ohio, Todd, Trigg, Union, Webster</i></p> <p>Providers in the state of Indiana</p>		<p>Gina Gullo Network Relationship Manager 502-612-9958 Rlgullo@aetna.com</p>
	<p>Region 3A Breckinridge, Bullitt, Carroll, Grayson, Hardin, Henry, Larue, Marion, Meade, Nelson, Oldham, Shelby, Spencer, Trimble, Washington</p> <p>Providers located in any state not otherwise listed</p>	<p>Trista Gibson Network Manager 606-305-2705 GibsonT1@aetna.com</p>
<p>Region 3B Jefferson County</p>		<p>Connie Edelen Network Relationship Manager 502-240-2122 Czedelen@aetna.com</p>
	<p>Region 4 Adair, Allen, Barren, Butler, Casey, Clinton, Cumberland, Edmonson, Green, Hart, Logan, McCreary, Metcalfe, Monroe, Pulaski, Russell, Simpson, Taylor, Warren, Wayne</p> <p>Providers in the state of Tennessee</p>	<p>Abbi Wilson Network Manager 270-816-0893 Wilsona8@aetna.com</p>
<p>Region 5A Anderson, Bourbon, Boyle, Clark, Fayette, Franklin, Garrard, Harrison, Jessamine, Madison, Mercer, Montgomery, Nicholas, Owen, Powell, Scott, Woodford</p>		<p>Jennie Handley Network Manager 513-659-9061 Handleyj@aetna.com</p>

NETWORK RELATIONS TEAM – CONTINUED



Email: KYProviderRelations@aetna.com
 Claims Inquiry Claims Research (CICR): (855) 300-5528
 Website: www.aetnabetterhealth.com/Kentucky

	<p>Region 5B Estill, Jackson, Lincoln, Rockcastle</p> <p>Providers included in the 'Kentucky Primary Care Association' (KPCA) Providers included in 'Association of Primary Care Physicians' (APCP) Providers included in 'The Physicians Network' (TPN)</p>	<p>Sammie Asher Network Relationship Manager 606-401-1573 Ashers@aetna.com</p>
<p>Region 6 Boone, Campbell, Gallatin, Grant, Kenton, Pendleton</p> <p>Providers in the state of Ohio</p>		<p>Holly Smith Network Relationship Manager 815-641-7411 Smithh3@aetna.com</p>
	<p>Region 7 Bath, Boyd, Bracken, Carter, Elliot, Fleming, Greenup, Lawrence, Lewis, Mason, Menifee, Morgan, Robertson, Rowan</p> <p>Baptist Health System KentuckyOne Health Norton Healthcare Providers in the state of West Virginia</p>	<p>Jacquelyne Pack Network Manager 606-331-1075 Jmpack@aetna.com</p>
<p>Region 8 Bell, Breathitt, Clay, Floyd, Harlan, Johnson, Knott, Knox, Laurel, Lee, Leslie, Letcher, Magoffin, Martin, Owsley, Perry, Pike, Whitley, Wolfe</p> <p>Providers in the state of Virginia</p>		<p>Krystal Risner Network Relationship Manager 606-687-0310 Risnerk@aetna.com</p>

PROVIDER MANUAL FAQ's

Our Provider Manual is available online and contains important information for your reference. Please visit our "For Providers" section of our website at www.aetnabetterhealth.com/kentucky. On the left-hand side of the screen you will find several drop down boxes: Click on "Provider Manual" and our Provider Manual will open. We want to draw your attention to the following areas included in the manual:

- Our members' rights and responsibilities
- Information about pharmacy, including:
- A list of pharmaceuticals, including restrictions and preferences
- How to use the pharmaceutical management procedures
- An explanation of limits or quotas
- How prescribing practitioners must provide information to support an exception request
- Process for generic substitution, therapeutic interchange and step-therapy protocols



FORMULARY UPDATES

The following charts list our most recent Formulary Additions, Removals and Updates. This list gets updated monthly, for the complete list please visit our provider tab on the website at <https://www.aetnabetterhealth.com/kentucky/providers/pharmacy/>

September 2019 - Additions	
Ambrisentan Tabs 5mg, 10mg	Prior Authorization Required, Quantity Level Limit
Bosentan Tabs 62.5mg, 125mg	Prior Authorization Required, Quantity Level Limit
Febuxostat Tabs 40mg, 80mg	Step Therapy Required
Ramelteon Tab 8mg	Step Therapy Required, Quantity Level Limit
Ribavirin Caps 200mg	Step Therapy Required
Ribavirin Tabs 200mg	Step Therapy Required
September 2019 - Removals	
Letairis Tabs 5mg, 10mg	Brand
Rozerem Tab 8mg	Brand
Tracleer Tabs 62.5mg, 125mg	Brand
Uloric Tabs 40mg, 80mg	Brand

August 2019 - Additions	
Butenafine Cream 1% (OTC)	
Emtricitabine-Rilpivirine-Tenofovir AF Tab 200-25-25mg	Quantity Level Limit
Lidocaine Patch 4%	Quantity Level Limit
Thyroid Tabs 180mg, 240mg, 300mg	Quantity Level Limit

August 2019 - Removals	
Atabex EC Tab	Atabex Prenatal Chewable Tab
Be Well Rounded Pak	Benziq Wash Liquid 5.25%
Bio-Statins Powder	Biotuss Liquid
BP Wash Liquid 2.5%	Brainstrong Prenatal Mis
Brompheniramine Chewable Tab 12mg	Butalbital-Acetaminophen-Caffeine Caps 50-300-40mg, 50-325-40mg
Cadeau DHA Cap	Calcium Carbonate Powder
Calcium Citrate Tab 200mg, 250mg	Calna Tab
Capzasin-P Cream 0.035%	Centrum Special Prenatal Pak
Children's ASA Free Elixir 80mg/2.5ml	Chlorhexidine Gluconate Solution 20%

August 2019 - Removals	
Ciclopirox Gel 0.77%	Clotrimazole w/ Betamethasone Lotion 1-0.05%
Colestipol Granules 5gm	CVS Antacid Supreme Suspension
CVS Prenatal Chewable Gummy	D3 Dots Tab 2000 Units
Entecavir Oral Solution 0.05mg/ml	Epinastine Ophthalmic Solution 0.05%
EQ Aspirin EC Tab 500mg	Ergocal Cap 2500 Units
Erythromycin Ethysuccinate Suspension 200mg/5ml, 400mg/5ml	Esterified Estrogens Tab 0.3mg, 0.625mg, 1.25mg, 2.5mg
Estradiol / Estradiol-Norgestimate Tab 1mg (15) / 1-0.09mg(15)	Etodolac ER Tabs 400mg, 500mg, 600mg
Eye Drops Solution 0.25%	Fluorabon Drops
Fluoride Sensitive Paste 1.1-5%	Fluoridex Concentrate Daily
Fluoroplex Cream 1%	Fluphenazine Elixir 2.5mg/5ml
Fluphenazine Injection 2.5mg/ml	Flura-Drops 4 drops = 1mg
Gas-X Infant Drops	Gentamicin Sulfate Powder
Gleostine Caps	Glucose Chewable Tab 5gm
Homatropine Ophthalmic Solution 5%	Hypersal Neb 3.5%
KPN Prenatal Tab	Lanacort 10 Cream 1%
Laxative Chewable Tab 15mg	Lindane Shampoo 1%
Little Tummy Laxative Drops	Mag Oxide Tab 250mg
Magnesium Tab 250mg, 400mg	Metamucil Powder Original
Moexipril Tabs 7.5mg, 15mg	MV-One Caps
Mynatal Cap	Mynate 90 Plus Tab
Nasal Mist Aerosol 0.9%	Nature-Throid Tab 2gr
Nebusal Neb 6%	Neotuss Liquid
Nexium 24hr Cap OTC 20mg	Niacin Tab 50mg, 250mg
Nutricion Porvida Tab	Obestetrix-DHA Pak
Obstetrix EC Tab	Olopatadine Ophthalmic Solution 0.2%
Omega-3 Fish Cap 300mg	One A Day Mis Prenatal Tab

FORMULARY UPDATES—CONTINUED

August 2019 - Removals	
One A Day Prenatal Tab	Oyster Shell/D Tab 500mg, 600mg
Perry Prenatal Cap	Pinworm Medicine Suspension
Pinworm Medicine Tabs	Prenatal Formula Cap
Prenatal Multi + DHA Cap	Prenatal Nutrients Tab
Prenatal Omega-3 Cap	Prenatal Tab
Prenatal Tab Complete	Prenatal+DHA Mis
Quinidine Gluconate CR Tab 324mg	RA Aspirin Tab 500mg
RA Calcium Hi-Cal Tab	RA Calcium High Potassium Tab
RA Col-Rite Cap 50mg	RA Iron Tab 27mg
RA Magnesium Cap 500mg	RA Therapeutic Shampoo
Replesta Wafer 50000 Units	Silver Nitrate Applicators
Sleep Aid Tab 50mg	Sodium Fluoride Tab 0.5mg, 1mg
Sorbitol Solution 70%	TGT APAP Infant Drops
TGT Lubricant Eye Drops	Theranatal Complete Mis
Theranatal One Cap	Theranatal Ovavite Pak
Theratears Ophthalmic Solution	Thyroid Tab 130mg
Titralac Chewable Tab 420mg	Vancomycin Suspension + Syrspend
Vazobid-PD Suspension	Via-Pren Tab
Vitamin D2 Tab 400 Units	Vitamin D3 Cap 400 Units
Vitamin D3 Chewable Tab 1000 Units, 5000 Units	Vitamin for Hair Tab
Wal-Mucil Powder	X-Seb T Perl Shampoo 10%

August 2019 - Other Updates	
Abacavir Sulfate Solution 20mg/ml	Quantity Level Limit
Abacavir Sulfate Tab 300mg	Quantity Level Limit
Abacavir Sulfate-Lamivudine Tab 600-300mg	Quantity Level Limit
Abacavir-Dolutegravir-Lamivudine Tab 600-50-300mg	Quantity Level Limit
Abacavir-Lamivudine-Zidovudine Tab 300-150-300mg	Quantity Level Limit
Atazanavir Sulfate Caps 150mg, 200mg, 300mg	Quantity Level Limit
Atazanavir Sulfate Oral Powder Packet 50mg	Quantity Level Limit
Atazanavir Sulfate-Cobicistat Tab 300-150mg	Prior Authorization Required, Quantity Level Limit

August 2019 - Other Updates	
Azelastine Ophthalmic Solution 0.05%	Quantity Level Limit
Calcipotriene Cream 0.005%	Prior Authorization Required, Quantity Level Limit
Calcipotriene Ointment 0.005%	Prior Authorization Required, Quantity Level Limit
Calcipotriene Solution 0.005%	Prior Authorization Required, Quantity Level Limit
Ciclopirox Cream 0.77%	Step Therapy Required
Ciclopirox Shampoo 1%	Step Therapy Required
Ciclopirox Suspension 0.77%	Step Therapy Required
Clozapine Tabs 25mg, 50mg, 100mg, 200mg	Age Limit
Cobicistat Tab 150mg	Quantity Level Limit
Darunavir Ethanolate Suspension 100mg/ml	Prior Authorization Required, Quantity Level Limit
Darunavir Ethanolate Tabs 75mg, 150mg, 600mg, 800mg	(Prior Authorization Required, Quantity Level Limit)
Delavirdine Mesylate Tab 100mg	Prior Authorization Required
Delavirdine Mesylate Tab 200mg	Prior Authorization Required, Quantity Level Limit
Didanosine DR Caps 125mg, 200mg, 250mg, 400mg	Quantity Level Limit
Didanosine Solution 2gm, 4gm	Quantity Level Limit
Dolutegravir Sodium-Rilpivirine Tab 50-25mg	Prior Authorization Required
Efavirenz Caps 50mg, 200mg	Quantity Level Limit
Efavirenz Tab 600mg	Quantity Level Limit
Efavirenz-Emtricitabine-Tenofovir DF Tab 600-200-300mg	Quantity Level Limit
Elvitegravir-Cobicistat-Emtricitabine-Tenofovir DF Tab 150-150-200-300mg	Prior Authorization Required
Emtricitabine Cap 200mg	Quantity Level Limit
Emtricitabine Solution 10mg/ml	Quantity Level Limit
Emtricitabine-Rilpivirine-Tenofovir DF Tab 200-25-300mg	Quantity Level Limit
Enfuvirtide Injection 90mg	Prior Authorization Required, Quantity Level Limit
Estradiol Vaginal Tab 10mcg	Quantity Level Limit

FORMULARY UPDATES

CONTINUED



August 2019 - Other Updates	
Estradiol Vaginal Tab 10mcg	Quantity Level Limit
Etravirine Tabs 25mg, 100mg, 200mg	Prior Authorization Required, Quantity Level Limit
Fluocinolone Cream 0.025%	Quantity Level Limit
Fluocinolone Ointment 0.025%	Quantity Level Limit
Fosamprenavir Calcium Suspension 50mg/ml	Prior Authorization Required, Quantity Level Limit
Fosamprenavir Calcium Tab 700mg	Prior Authorization Required, Quantity Level Limit
Indinavir Sulfate Caps 200mg, 400mg	Prior Authorization Required, Quantity Level Limit
Lamivudine Oral Solution 10mg/ml	Quantity Level Limit
Lamivudine Tabs 150mg, 300mg	Quantity Level Limit
Lamivudine-Zidovudine Tab 150-300mg	Quantity Level Limit
Lidocaine Cream 4%	Quantity Level Limit
Lidocaine Gel 2%	Quantity Level Limit
Lidocaine-Prilocaine Cream 2.5-2.5%	Quantity Level Limit
Liothyronine Tabs 5mcg, 50mcg	Quantity Level Limit
Lopinavir-Ritonavir Solution 400-100mg/5ml	Prior Authorization Required, Quantity Level Limit
Lopinavir-Ritonavir Tabs 100-25mg, 200-50mg	Prior Authorization Required, Quantity Level Limit
Maraviroc Tabs 25mg, 75mg, 150mg, 300mg	Prior Authorization Required
Nelfinavir Mesylate Tabs 250mg, 625mg	Prior Authorization Required, Quantity Level Limit
Nevirapine ER Tabs 100mg, 400mg	Quantity Level Limit
Nevirapine Suspension 50mg/5ml	Quantity Level Limit
Nevirapine Tab 200mg	Quantity Level Limit
Norethindrone Tab 5mg	Step Therapy Required
Olanzapine ODT Tabs	Age Limit
Olanzapine Orally Disintegrating Tabs 5mg, 10mg, 15mg, 20mg	Age Limit

August 2019 - Other Updates	
Olanzapine Tabs	Age Limit
Olanzapine Tabs 2.5mg, 5mg, 7.5mg, 10mg, 15mg, 20mg	Age Limit
Quetiapine Tabs	Age Limit
Raltegravir Potassium Packet for Suspension 100mg	Quantity Level Limit
Raltegravir Potassium Tab 400mg	Quantity Level Limit
Rilpivirine Tab 25mg	Quantity Level Limit
Risperidone ODT Tabs	Age Limit
Risperidone Oral Solution 1mg/ml	Age Limit
Risperidone Tabs	Age Limit
Ritonavir Cap 100mg	Quantity Level Limit
Ritonavir Oral Solution 80mg/ml	Quantity Level Limit
Ritonavir Tab 100mg	Quantity Level Limit
Saquinavir Mesylate Cap 200mg	Prior Authorization Required
Saquinavir Mesylate Tab 500mg	Prior Authorization Required, Quantity Level Limit
Sertraline Concentrate Oral Solution 20mg/ml	Age Limit
Stavudine Caps 15mg, 20mg, 30mg, 40mg	Quantity Level Limit
Stavudine Oral Solution 1mg/ml	Quantity Level Limit
Tenofovir Disoproxil Fumarate Powder 40mg/gm	Prior Authorization Required, Quantity Level Limit
Thyroid Tabs 15mg, 30mg, 60mg, 90mg, 120mg	Quantity Level Limit
Tipranavir Cap 250mg	Prior Authorization Required, Quantity Level Limit
Tipranavir Oral Solution 100mg/ml	Prior Authorization Required, Quantity Level Limit
Zidovudine Cap 100mg	Quantity Level Limit
Zidovudine Syrup 10mg/ml	Quantity Level Limit
Zidovudine Tab 300mg	Quantity Level Limit
Ziprasidone Caps 20mg, 40mg, 60mg, 80mg	Age Limit

DID YOU KNOW. . . We have important information for you?

BUT WE NEED YOUR HELP!



We want to make sure you are up-to-date on important information regarding benefits and changes to our policy, finance information, EFT and remittances, and more!

We often provide this information via email or fax, so to ensure that you are receiving these communications, simply use the form below to provide your correct contact information, as well as your preferred contact method.

Also, if you have additional staff who you feel would benefit from the information, simply add them below.

Service Location Name:		
Contact Name:	Title:	
Group NPI:	Group Tax ID Number (TIN):	
Address:		
City:	State:	Zip:
Telephone # :		
Preferred Method of Contact: (Circle one)		Email FAX
Email:	Fax #:	
Provider Specialty:	Provider type: Group or Individual (Circle One)	
Additional Staff:	Additional Staff:	
Additional E-mail:	Additional Email:	

RETURN VIA:

EMAIL: KYProviderRelations@aetna.com

OR

FAX: 1-855-454-5584

CHECK OUT OUR WEBSITE!

As always, our provider notices will also be available on our website, at www.aetnabetterhealth.com/kentucky, click on "For Providers", to "News", found on the left hand side of the screen.

QUESTIONS?

Simply contact your Network Relations Manager, you will find our current list in this newsletter, on [pages 6 and 7](#).

