



Aetna Better Health of Kentucky
9900 Corporate Campus Drive, Suite 1000
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Aetna Better Health[®] of Kentucky

New Medicaid Benefits Implementation

RRSS and HRSN-RC

Effective April 1, 2026, the Kentucky Department for Medicaid Services is implementing two new Medicaid benefits.

Recovery Residence Support Services (RRSS)

RRSS provides non-clinical recovery support services for individuals with substance use disorder who reside in eligible community-based recovery residences.

Covered RRSS services include:

- Skills training
- Coaching
- Recovery management planning

These services are limited to 90 days per rolling 12-month period.

Health-Related Social Needs – Recuperative Care (HRSN-RC)

The HRSN-RC Pilot authorizes Medicaid reimbursement for short-term, clinically appropriate housing and support services, also known as medical respite care, for adults who:

- Are experiencing or at risk of homelessness, and
- Require supportive recovery time following hospitalization or a scheduled medical procedure.

HRSN-RC services support safe recovery, reduce readmissions and improve post-discharge stability.

Watch for forthcoming communications and information about these program

Thank you for your attention to this matter and for your continued partnership in providing quality care.

Questions?

If you have general questions about this communication, contact Provider Relations at 1-855-300-5528 (TTY: 711). We're here for you Monday through Friday, 7 AM to 7 PM ET.

Thank you for your valued partnership in caring for our Aetna Better Health of Kentucky Members.

[AetnaBetterHealth.com/Kentucky](https://www.AetnaBetterHealth.com/Kentucky)

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