

Training Calendar

March 2026

Think webinars can't be cool?

Maybe, but they can be super helpful.



Don't miss out on these opportunities to grow!

IDD educational empowerment series

Topic: IEP Basics

The Intellectual Developmental Disability Educational Empowerment Series is a series of educational sessions that assist caregivers, providers, DCBS and any individual on various topics that impact or influence the lives of individuals and their caregivers. The presenter for this training is Rhonda Logsdon, the Executive Director of KYSPIN. The training is about IEP Basics (Individualized Education Plans) . The training will educate on the IEP process at school, the assessment process and how to advocate for needs at school.

DCBS and Foster parent training credit is pending.

Wednesday, March 4, 2026 | 12:00pm- 1:00pm EST

[Click here to Register](#)

Sky's the Limit: Supporting Kentucky Youth Program Overview for Providers

The purpose of this training is to educate participants in system transformation and design as well as the new foster program, Supporting Kentucky Youth. The participants will receive an overview of the program, including how the state/Cabinet sister agencies define roles and responsibilities and collaborate to meet the needs of the KY SKY population. Participants will gain a high-level understanding of the FFPSA, what this means at the state and policy level, including fiscal implications. Participants will learn about the Care management tiers, the risk stratification process, and how to connect the SKY enrollees to Care Management services.

Thursday, March 12, 2026 | 11 am- 12am EST

[Click here to Register](#)

Problematic Sexualized Behaviors Training

This training addresses sensitive topics related to healthy boundaries and appropriate behavior, its primary goal is to strengthen caregivers' ability to create safe, supportive environments for children. Through interactive discussion and practical examples, attendees will learn techniques for effective communication, nurturing relationships, and managing challenging situations in ways that promote child well-being and family stability.

Tuesday, March 17, 2026 | 10am- 12pm EST

[Click here to Register](#)

- Recognize and respond to problematic sexualized behaviors in ways that protect children and maintain healthy boundaries.
- Apply effective parenting and caregiving strategies that promote safety, stability, and emotional well-being for children in care.
- Strengthen communication and engagement skills to build trust and support positive family dynamics.
- Implement trauma-informed approaches when addressing sensitive situations, ensuring responses are developmentally appropriate and culturally respectful.
- Collaborate effectively with families and professionals to reinforce protective factors and reduce risk behaviors.

This training is approved for foster parent and DCBS worker credit.

IDD educational empowerment series

Topic: Disability laws, guardianship and rights of youth in foster care

Time: 12:00 PM - 1:00 PM EST

The Intellectual Developmental Disability Educational Empowerment Series is a series of educational sessions that assist caregivers, providers, DCBS and any individual on various topics that impact or influence the lives of individuals and their caregivers. The presenter for this training is Lucy Heskins, Attorney and Team Leader for the Children/Youth program with Kentucky Protection and Advocacy. The training will focus on a general overview of disability laws, guardianship, and the rights of youth in foster care to include education/IDEA.

Foster Parent and DCBS training credit is pending.

Wednesday, March 18, 2026 | 12 am- 1 pm EST

[Click here to Register](#)

New Provider Orientation

This training provides a high-level overview of subjects such as: member eligibility; covered services; prior authorization; the provider manual (which is a direct extension of the provider agreement); Availability; quality; fraud, waste and abuse; claims; and grievances and appeals. This training is geared towards provider just joining the ABHKY Network.

Thursday, March 19, 2026 | 11am-12pm EST

[Click here to Register](#)

Health Equity Health Fair

Advent Health, Manchester is hosting a Health Equity Health Fair which focuses on fighting cancer with hope and action. It will also provide various screenings and outreach programs to support local health. It is a day committed to building a healthier, more equitable community. The event brings together medical professionals, community partners, and local resources to address health disparities and promote whole-person wellness

Thursday, March 19, 2026 | 10 am- 12am EST
No registration necessary. Event will be held at 210 Marie Langdon Dr, Manchester, KY 40962.

Virtual Trauma Transformation Learning Collaborative Training Series for Aetna Provider and Partner Organizations

The Trauma Informed Care Learning Collaborative for Aetna Provider and Partner Organizations offers training to support a path for organizations to transform from introductory trauma awareness to integrated and advanced trauma-informed practices, approaches, and care. Participant teams will attend four virtual learning sessions, develop a plan for starting to implement trauma informed practices, and have an opportunity to participate in two

Monday, March 30, 2026 | 10 am- 2:30 pm EST

Register prior to the event using this [link](#). Participants will receive Outlook invitations with Zoom links upon registration.

Please note: **advance registration is required.**

virtual learning calls. There will be a pre-learning collaborative orientation call for leaders and participants. Participants will be provided written information, resources, and support to help facilitate the implementation of various trauma-informed practices. Cased-based learning will be utilized throughout the learning collaborative.

Please note: This TIC Learning Collaborative isn't designed for individuals; this is for organizations to send teams to learn and plan implementation of trauma informed care within their organization. The makeup of the team is up to each organization. We recommend that leaders be involved for implementation purposes.

Learning Sessions will help participants:

- Understand the types and sources of trauma exposure children, adolescents, and adults experience
- Recognize the signs and symptoms of traumatic stress
- Learn the effects of trauma on the developing brain
- Understand the impact of trauma on cognitive, social, emotional and behavioral functioning
- Learn and practice strategies to build resilience and support improved emotional regulation to mitigate the negative effects of trauma exposure on children and adults
- Learn how to complete trauma-informed safety plans, as well as develop an understanding of what clients will most benefit from the safety planning intervention
- Learn about trauma-informed assessment and screening practices, evidence-based trauma focused interventions, and the relationship between trauma and substance use disorders
- Learn about the impact of secondary traumatic stress (STS) on providers as well as strategies for managing and reducing the risk of STS symptoms

As a team participating in this learning collaborative, you will be invited to attend each of the virtual learning sessions and calls that are listed below, all times are EST:

Pre-Learning Collaborative Orientation/Welcome Call: March 30, 2026, 10:00-11:00 EST (virtual)

- Learning Session 1: April 6, 2026: 10:00 am–2:30 EST (virtual)
- Learning Session Call 1: April 13, 2026: 10:00-11:00 EST (virtual)
- Learning Session 2: April 27, 2026: 10:00 am–2:30 EST (virtual)
- Learning Session 3: May 11, 2026: 10:00 am - 2:30 EST (virtual)
- Learning Call 2: May 26, 2026: 10:00-11:00 EST (virtual)

Learning Session 4: June 8, 2026: 10:00-2:30 EST (virtual)

If you have questions, you can reach out to Dawn Burke, Trauma System of Care Administrator for ABHKY and SKY at BurkeD3@aetna.com. For questions about CEUs, Zoom or other technology please contact Joshua FisherKeller at joshua.fisherKeller@uky.edu.

19 CEUs will be available for Social Work, Psychology and LPCC/A. All participants will receive a certificate of completion.

This learning collaborative is provided by the University of Kentucky Center on Trauma and Children which is committed to developing and disseminating knowledge and practices to reduce the effects of trauma on children across the life cycle.

SCAN HERE FOR THE ENTIRE TRAINING CALENDAR WITH LINKS

