



FAX

**To: All Aetna Better Health of Louisiana
Substance Use Disorder Providers
March 22, 2019**

New Requirements for ASAM Level Triage Assessment

Re: Triage screening to determine eligibility and appropriateness (proper member placement) for admission and referral.

Dear Practitioner:

Aetna Better Health of Louisiana is required to meet State and Accreditation requirements ensuring our patients have access to the appropriate level of care for admission and referral to treatment services.

REQUIREMENTS

Comprehensive Bio-psychosocial Evaluation

- Must be completed prior to admission, which substantiates appropriate member placement.
(Except 4-WM - comprehensive bio-psychosocial assessments are not required for this level of care.)

Physical examination or appropriate referral

- Must be completed within 72 hours if indicated by the physician, nursing assessment or screening process, except for 3.7-WM and 4-WM. For 3.7-WM and 4-WM:

Drug screening

- Conducted when the member's history is inconclusive or unreliable.

Residential Facilities

- Diagnostic laboratory tests or appropriate referral shall be made as required to prevent spread of contagious/communicable disease, or as indicated by physical examination or nursing assessment.

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Appropriate assignment

- Assignment to level of care with referral to other appropriate services shall be made.

Evaluations for Psychopharmacotherapy

For 3.2-WM: Medical clearance and screening

- Medical screening is performed upon arrival by staff with current CPR and first aid training, with telephone access to RN physician for instructions for the care of the individual. Individuals who require medication management must be transferred to medically monitored or medical withdrawal management program until stabilized.

For 3.7 Adolescent -PRTF:

- A comprehensive bio-psychosocial assessment must be completed within seven days, which substantiates appropriate patient placement. The assessment must be reviewed and signed by a qualified professional.

***This is only a summary of the new requirements. Please refer to the following complete overview.**



Admission Criteria
by ASAM Level.xlsx

Additional Treatment Record Review Resources

<https://www.apa.org/pubs/journals/features/record-keeping.pdf>



TRR-Provider-Overview.docx

Aetna Better Health of Louisiana's Provider Monitoring and Quality Management departments will be monitoring providers to ensure they, and their employees, adhere to State of Louisiana and Health Plan requirements.

We appreciate your cooperation regarding this matter. If you would like additional information or have any questions regarding the Provider Monitoring requirements, please contact your Provider Relations representative.

Wishing you the best!
Aetna Better Health of Louisiana