



Medication-Assisted Treatment (MAT) for Opioid Use disorders

The opioid-related overdose death rate in Louisiana has more than doubled over the past five years, from 3.7 per 100,000 persons in 2012 to 7.7 in 2016 (NIH, 2018). Our goal is to increase patient initiation and continuing engagement in alcohol and/or substance abuse treatment, including medication to assist them in achieving and maintaining sobriety.

Aetna strongly encourages treating physicians to obtain 8 hours of training and apply to the Drug Enforcement Agency for a waiver to prescribe buprenorphine, one of three medications approved by the FDA for the treatment of opioid use disorder.

Waiver Training for Physicians

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery.¹

FREE - Online 8 hour Online MAT Waiver Training Available!

For prescribers who wish to prescribe buprenorphine. It is available at the Providers Clinical Support System (PCSS) website at:

<https://learning.pcssnow.org/p/onlinematwaiver>

PCSS also offers additional training options, to include:

- **In Person Training** 4 hour live training with second portion being an online self-study portion
- **Half and Half (Webinar)** 4 hour virtual webinar taught by a clinical expert with second half of the course – a 4 hour online self-study portion.
- **8 hour Full Day Training** full day live training led by a clinical expert in your area. View the calendar of events on the PCSS website.

Additional Information

For more information about other medication-assisted treatment (MAT) or the certification of opioid treatment programs (OTPs), contact the SAMHSA Division of Pharmacologic Therapies at 1 (240) 276-2700 or email SAMHSA at:

OTP-Help@jbsinternational.com

¹ <https://www.samhsa.gov/medication-assisted-treatment/treatment#medications-used-in-mat>