

Aetna Better Health® of Louisiana
2400 Veterans Memorial Blvd, Suite 200
Kenner, LA 70062
www.aetnabetterhealth.com/louisiana



FAX/EMAIL

To: All Aetna Better Health of Louisiana Providers
Date: January 17, 2019

Attention: Tracking of Evidence-Based Practices

Effective March 11, 2019, the Louisiana Department of Health (LDH) will begin tracking the utilization of behavioral health therapeutic evidence-based practices (EBP) on Aetna Better Health of Louisiana submitted encounter records.

The Medicaid Specialized Behavioral Health fee schedule currently includes CPT/HCPCS codes for only four EBP programs (*Functional Family Therapy (FFT)*, *Multi-Systemic Therapy (MST)*, *Homebuilders*, and *Assertive Community Treatment (ACT)*). LDH's goal is to be able to track the provision and utilization of other EBP behavioral health programs, which currently cannot be tracked via claim record CPT/HCPCS codes.

Providers will communicate utilization of EBP programs by including an EBP tracking code in the note field of the claim record sent to Aetna Better Health of Louisiana. Aetna Better Health of Louisiana shall accept EBP tracking codes on claim records in either **the CMS 1500's FL 19 field or in the 837's Loop 2400 SV101-7 data element or in the note field** on Aetna Better Health of Louisiana's provider portal for claim submissions.

Aetna Better Health of Louisiana is responsible for verifying that providers are properly credentialed to deliver the additional EBP programs.

The following table contains the current list of EBP tracking codes, associated CPT/HCPCS codes, as well as guidance on appropriate documentation of provider qualifications that should be linked to use of EBP tracking codes via credentialing. Additional EBPs with associated tracking codes will be added over time. The MMIS adjudication system will be



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setup with Edits to deny Aetna Better Health of Louisiana encounter records when an EBP tracking code is used with a mismatched CPT/HCPCS code.

Evidence-Based Practice	EBP Tracking Code	Valid CPT/HCPCS Codes	Credentialing documentation to provide the EBP
Functional Family Therapy-Child Welfare (FFT-CW)	EB01	H0036 with modifier HE	Agency FFT License with FFT-CW specialty from FFT, LLC.
Child-Parent Psychotherapy (CPP)	EB02	90837, 90834, 90832, 90847, 90846	Certificate stating that the clinician has fulfilled the requirements of an implementation level course in Child-Parent Psychotherapy, from a trainer endorsed by the University of California, San Francisco.
Parent-Child Interaction Therapy (PCIT)	EB03	90837, 90834, 90832, 90847, 90846	Certification from PCIT, International. http://www.pcit.org/united-states.html
Youth PTSD Treatment (YPT)	EB04	90837, 90834, 90832, 90847, 90846	Advanced Certificate from Tulane Psychiatry in Youth PTSD Treatment.

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Preschool PTSD Treatment (PPT)	EB05	90837, 90834, 90832, 90847, 90846	Advanced Certificate from Tulane Psychiatry in Preschool PTSD Treatment.
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If you have questions or concerns, please contact Aetna Better Health of Louisiana Provider Relations by calling **1-855-242-0802** and following the prompts.

Thank you,

Aetna Better Health of Louisiana