

September 2021

In partnership with TPN.health and the National Council for Behavioral Health/Mental Wellbeing, Aetna Better Health of Louisiana invites you to attend **The First 1000 Days: Maternal Mental Health and Substance Misuse Considerations**, the fourth in a series of Trauma-Informed Resiliency Oriented Care webinars.



## The First 1000 Days: Maternal Mental Health and Substance Misuse Considerations

**Presenter:** Joan Kenerson King, RN, MSN

**Date:** 10/19/2021    **Time:** 12:00 – 2:00pm CST    **CEs/CEUs:** 2

**Registration** <https://virtual.tpn.health/events/the-first-1000-days-maternal-mental-health-and-substance-misuse-considerations/>

This webinar will explore the considerations, evidence and approaches to supporting improved maternal mental health during the “first 1000 days”—the period from conception to age two. This period is key in infant development, maternal infant bonding and is a period of rapid change for both mother, father/family and infant.

Data regarding the presence of these challenges with mental health and substance misuse during this period and interventions that support positive outcomes for mother, baby, and family.

By the end of this training, participants will be able to:

1. Describe data regarding health disparities that impact mother/baby outcomes during this period.
2. Define the first 1000 days and the importance of this period.
3. Identify approved screening tools and recommended pattern of screening during this time.
4. Describe why a team based approach that includes integrated care with strong care coordination is the preferred model of care.

## CE Clock Hours and CEUs Approved for this Webinar

Provider Type	Details
Counselors	<p>This program has been approved for 2.0 CE clock hours by the Louisiana Counseling Association as authorized by the Louisiana Professional Counselor Licensing Board of Examiners Course meets the qualifications for hours of continuing education credit for LPCCs as required by the California Board of Behavioral Sciences. TPN.health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LPCCs. TPN.health maintains responsibility for this program/course and its content.</p> <p>Trusted Provider Network, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0220.</p>
Addiction Counselors	<p>This course has been approved by TPN.health, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #198061, TPN.health is responsible for all aspects of the programming. Counselor Skill Group: Legal, Ethical and Professional Development</p>
Social Workers	<p>TPN.health, #1766, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. TPN.health maintains responsibility for this course. ACE provider approval period: 03/31/2021 – 03/31/2022. Social workers completing this course receive 2 continuing education credits. ASWB ACE credit is not available in NY and NJ.</p> <p>Course meets the qualifications for hours of continuing education credit for LCSWs as required by the California Board of Behavioral Sciences. TPN.health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSWs. TPN.health maintains responsibility for this program/course and its content.</p> <p>Trusted Provider Network, LLC is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0654.</p>
Licensed Marriage and Family Therapists	<p>Course meets the qualifications for hours of continuing education credit for LMFTs as required by the California Board of Behavioral Sciences. TPN.health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs. TPN.health maintains responsibility for this program/course and its content.</p> <p>Trusted Provider Network, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0097.</p>
Psychologists	<p>Amedco LLC designates this live activity for a maximum of 2 Psychologist contact hours.</p>
Physicians	<p>Amedco LLC designates this live activity for a maximum of 2 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.</p>

**Office Hour Follow-Up Discussion Call** Date: 10/26/2021 Time: Noon CT

The Registration link for the follow-up discussion will be available as a button on the main webinar event page.

### More about the Trauma-Informed Resiliency Oriented Care Webinar Series

In partnership with TPN.health, Aetna Better Health of Louisiana is hosting this free webinar series, which is aimed at all staff, all providers, all tribal connections, peer support specialists, and others who wish to learn more about Trauma-Informed Care (TIC).

Each webinar:

- includes presenters from Aetna and the National Council for Behavioral Health/Mental Wellbeing.
- is 2 hours in length with an attendance capacity up to 1,000 participants.
- is interactive; participants should be prepared with both video and audio capabilities.
- is approved for **2.0 hours of continuing education (CEs)**
- has a follow-up, 1-hour discussion, referred to as an “Office Hour”, occurring 2 weeks later. (Office Hour calls may not provide CE, as discussion content is variable.)

**Don't forget to mark your calendar for these upcoming webinars and follow-up discussions!**

10/19 The First 1000 Days: Maternal Mental Health and Substance Misuse Considerations

10/26 The First 1000 Days: Maternal Mental Health and Substance Misuse Considerations, Follow Up Discussion

11/09 Adverse Childhood Experiences (ACEs)

11/23 ACEs Follow Up Discussion

### Questions and Support:

For questions, please contact [LAProvider@AETNA.com](mailto:LAProvider@AETNA.com) or call 1-855-242-0802 and follow the prompts.