

# Louisiana Behavioral Health Crisis Services

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If you are having emotional distress due to problems with your mental health or substance use and need help right away, Aetna Better Health of Louisiana offers these crisis services for adults ages 21 and older:

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## Mobile Crisis Response

- A behavioral health crisis team who meets you at your home or wherever you are in the community



## Behavioral Health Crisis Care

- A behavioral health crisis walk-in center with a home-like environment



## Community Brief Crisis Support

- Ongoing follow up care available for up to 15 days after receiving Mobile Crisis Response or Behavioral Health Crisis Care

Note: If you already receive Community Psychiatric Support and Treatment (CPST), Psychosocial Rehabilitation (PSR), or Assertive Community Treatment (ACT), please follow your provider's crisis care plan.

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## Getting the help you need

Call Aetna Better Health's 24-hour behavioral health crisis line: **1-833-491-1094**. We can send a mobile crisis team to you or help you find a walk-in center near you.



## Current Behavioral Health Crisis Services in South-Central Louisiana

(Assumption, Lafourche, St. Charles, St. James, St. John the Baptist, St. Mary and Terrebonne parishes)

### Provided by **Start Corporation**

- Mobile Crisis Response: 8 AM-4:30 PM Monday-Friday; call Start Corporation at **985-333-1633**
- Behavioral Health Crisis Care: 8 AM-4:30 PM Monday-Friday; call **985-333-1633** or **985-266-8340** or visit 235 Civic Center Blvd, Houma, LA 70360
- Community Brief Crisis Support: Available as needed after Mobile Crisis Response or Behavioral Health Crisis Care

