

January 20, 2023

OVERVIEW:

Aetna Better Health of Louisiana (ABHLA) has made an important update to policy A-LA 7100.50: Community Psychiatric Support and Treatment (CPST) and Psychosocial Rehabilitation (PSR) Services. Please see below for a summary of the policy changes.

This updated policy will go into effect 30 days from the distribution of this notice.

For members aged twenty-one (21) and older:

- Aetna Better Health utilization review staff authorizes up to two hundred eight (208) units total of CPST/PSR per one hundred eighty (180) days for members with a LOCUS level of care score of three (3); requests for more than two hundred eight (208) units total of CPST/PSR per one hundred eighty (180) days for a member with a LOCUS score of three (3) require medical director review.
- Aetna Better Health utilization review staff authorizes up to three hundred twelve (312) units total of CPST/PSR per one hundred eighty (180) days for members with a LOCUS level of care score of four (4) or more.
- All requests for more than three hundred twelve (312) units total of CPST/PSR per one hundred eighty (180) days require medical director review with the exception of Permanent Supportive Housing (PSH) CPST/PSR

Questions and Support:

For questions, please contact LAProvider@AETNA.com or call 1-855-242-0802 and follow the prompts.