

# Provider Notification: Enhance Diabetes Outcomes by Expanding Access to Continuous Glucose Monitoring

Dear Healthcare Provider,

Aetna Better Health® of Michigan is committed to enhancing diabetes care by expanding access to Continuous Glucose Monitors (CGMs). This notification outlines recent updates and the benefits of CGM technology for patients living with diabetes.

## Recent Coverage Updates

- Many members with Type 1 or insulin-dependent Type 2 diabetes now meet eligibility criteria for CGM coverage.
- The authorization process has been streamlined to reduce administrative burden for providers.

## Why Prescribe CGMs?

- Patients using CGMs experience lower HbA1c levels and fewer severe hypoglycemic events.
- CGMs provide real-time data sharing, supporting proactive and collaborative care.
- Improved adherence and increased patient satisfaction have been observed across multiple populations.

## How Providers Can Help

- Review your diabetes patient panel to identify candidates for CGM technology.
- Provide patients with CGM prescriptions, including appropriate diagnosis codes.
- Aetna Better Health of Michigan members may obtain continuous glucose monitors through participating durable medical equipment providers or retail pharmacies.
- Prior authorization is not required for Gestational Diabetes, Diabetes Mellitus Type 1, or members under 21 years old when dispensed by an in-network retail pharmacy or DME provider.
- Encourage patients to utilize CGM data-sharing features for collaborative management.

## Contact Information

If you have any questions, please contact us at 1-866-316-3784 (TTY: 711) or [Aetna Better Health of Michigan](#)

Thank you for your partnership in advancing diabetes care and improving member outcomes.