

HIGH BP? CHECK AGAIN.

Two readings. Same visit. Every time the first is high.

BLOOD PRESSURE RECHECK REMINDER

FIRST READING IS 140/90 mmHg OR HIGHER?

Do not stop at one. Rest, recheck, and document at least TWO readings.

1 REST & POSITION

- 2
- Patient sits quietly
- Back supported
- Feet flat, legs uncrossed
- Arm supported at heart level
- Correct cuff on bare skin
- No talking

2 RECHECK

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- Take a second reading
- If it is still high, repeat once
- more Up to 3 total readings
- Keep patient still and quiet

3 RECORD & ROUTE

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- Document every BP result
- Include date of service
- Route for provider review
- Follow clinic protocol

MEASURE • RECHECK • DOCUMENT

Record Reading #1 + Reading #2 + Reading #3, if taken

WHY RECHECK?

- **More accurate**
Reduces errors from talking, movement, position, cuff fit, or no rest.
- **Better care**
Gives the provider better information for decisions and follow-up.
- **Complete documentation**
Supports quality reporting when every result is entered.

SAFETY ALERT

BP HIGHER THAN 180/120?

Recheck after a few minutes and follow the clinic emergency protocol.

With chest pain, shortness of breath, weakness, numbness, vision change, or trouble speaking: activate emergency response / 911.

RECORD ALL RESULTS: Enter every systolic and diastolic reading obtained during the visit, along with the date of service. Follow the clinic protocol for provider review and next steps.

COMMON CPT II CODES:

3074F: Systolic BP <130 mmHg 3078F: Diastolic BP <80 mmHg
3079F: Diastolic BP 80-89 mmHg 3080F: Diastolic BP ≥90 mmHg
3075F: Systolic BP 130-139 mmHg 3077F: Systolic BP ≥140 mmHg