



Aetna Medicare FIDE (HMO D-SNP)

## How do I find a Community Doula?

You can use the table on the following page to contact one of our Community Doulas directly.

If you need assistance contacting a Community Doula or if you have any questions, please call member services **1-844-362-0934 (TTY:711)** 8AM to 8PM, 7 days a week.

For more information on Community Doula Services, visit the Division of Medical Assistance & Health Services' Community Doula website: **[www.state.nj.us/humanservices/dmahs/info/doula.html](http://www.state.nj.us/humanservices/dmahs/info/doula.html)**

## Need extra help during pregnancy?

Is any parent ever prepared enough for a new baby? If you feel overwhelmed, you're not alone. We can help you stay healthy through your pregnancy and get the care you need.

Our team can help you:

- Learn more about your pregnancy
- Make a care plan that's right for you
- Get services and care
- Work with health care providers, agencies and groups
- Get services after hours in a crisis
- Arrange services for children with special health care needs Just call member services at **1-844-362-0934 (TTY: 711)**.

## Aetna Medicare FIDE (HMO D-SNP) – New Jersey Community Doula List

Provider Name	Phone	Text Messaging	Email Address	Counties Served	Accepting New Members
AMBER BAUGHMAN	8565035266	NO	LIKEMEDOULASERVICES@OUTLOOK.COM	CAMDEN	N
GRAVES, CARLA D	6098596539	NO	NJGRL060102@AOL.COM	MERCER	N
FLORES, JANINE	8627825355	NO	JANINE.FLORES25@OUTLOOK.COM	BERGEN	N
HAMPTON, SHONTEI S	7326827356	NO	THE@LOVEANDLIFEDOULA.ORG	MONMOUTH	N
RILEY, NAAISHA	6097812587	NO	STACIADOULASERVICES@OUTLOOK.COM	ESSEX   BURLINGTON	N
FRAZIER, KIMYATTA	2154324023	NO	KMFRN@HOTMAIL.COM	CAMDEN	N
CLIFTON, GIOVANNA R	8567261549	NO	ADVOCATE@GICLIFTONDOULA.COM	GLOUCESTER	N
DAVIS, CHENA A	2018736119	NO	INFO@THEFLOURISHFUND.COM	BERGEN	N
TOWNES, SOLEIL E	3477783490	NO	INFO@THEFLOURISHFUND.COM	WARREN	N
MATHERSON WHITE, JAZMINE	9295613100	NO	INFO@THEFLOURISHFUND.COM	KINGS	N
HALE, LEAH M	7328220400	NO	DRHALE91@ICLOUD.COM	MONMOUTH	N
ANDERSON, COLLEEN	8625206868	NO	COLLEENBIRTHHANDLACTATION@GMAIL.COM	ESSEX	N
DOWNS, UNIQUE	7189132887	NO	DOULAINHEELS@GMAIL.COM	MIDDLESEX	N
WARD, KIEYEITHA	9732209742	NO	KIEWARD2@GMAIL.COM	ESSEX	N
GUINYARD, IYONIA	2017800882	NO	KCBIRTHS@GMAIL.COM	BUCKS	Y
WILLIAMS, TANYA	6097606228	NO	TANYA@CDOSJ.ORG	SALEM	Y
HILLOCKS, CYNTHIA	9175897195	NO	ESSENTIALDOULACARES@GMAIL.COM	CAMDEN	Y
SMITH, TATIANA Y	2015898907	NO	TATIANASMITHDOULA@GMAIL.COM	HUDSON	Y
MUHUMMAD, SAFIYAH	9082651132	NO	ADOPEDOULA@GMAIL.COM	MIDDLESEX	Y
KETEMA, SHANI M	9739538152	NO	SKETEMA77@GMAIL.COM	ESSEX	Y
GRIFFIN, TONIQUE	9733913570	NO	MSTONIQUE69@GMAIL.COM	ESSEX	Y
SERNA, INES P	2012017012	NO	INES.SERNA@OUTLOOK.COM	HUDSON	Y
HORN, MELISSA C	9085312518	NO	MSMELISSAHORN@GMAIL.COM	ESSEX	Y
CARRASQUILLO, TERESITA	6092182473	NO	TERELUNADOULA@GMAIL.COM	MERCER	Y
CORADO, SILVIA	6092182473	NO	CCORADO@MSN.COM	MERCER	Y
VINING, ALREEMA	9734831300	NO	NURTURINGBAYBEES@GMAIL.COM	ESSEX	N
PICKETT, BIANCA	9736667470	NO	DIVINE.ALIGNMENT.CBS@GMAIL.COM	ESSEX	N
MCLAREN, ALENA S	8622057065	NO	ALENATHEDOULA@GMAIL.COM	ESSEX	N
INDIA WILLIAMS	8565531250	NO	INDIAGENNISIDOULA@GMAIL.COM	BURLINGTON	N
MOATI, ELIZABETH F	2017240359	NO	LIZZY@THEFITNESSDOULA.COM	ESSEX   BERGEN	N
LLOYD, KAYLA S	8562132565	NO	ABOUNDINGLOVEDOULAS@GMAIL.COM	CAMDEN	N
GONCALVES, KAUANE SILVIA	5513185554	NO	KGONCALVES@PMCH.ORG	ESSEX	N
JONES DAICHANEL	6094418776	NO	ME@CHANNELSCOMFORTINGDOULACARE.COM	ATLANTIC	N
GONZALEZ, DALILI	9732682280	NO	DGONZALEZ@PMCH.ORG	ESSEX	N
FRANK, MALIKA	6094447542	NO	MYLITTLEANGELDOULA@GMAIL.COM	BURLINGTON	N
IRRIZARRI, ANGELINE	8622678685	NO	EMPOWERMAMASITA@GMAIL.COM	PASSAIC	N

Still need help finding a community doula? Visit [www.state.nj.us/humanservices/dmahs/info/doula.html](http://www.state.nj.us/humanservices/dmahs/info/doula.html) for more information.

Aetna Medicare FIDE (HMO D-SNP) is a Fully Integrated Dual Eligible Special Needs Plan with a Medicare contract and a contract with the New Jersey Medicaid Program. Enrollment in Aetna Medicare FIDE depends on contract renewal.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage.

If you speak a language other than English, free language assistance services are available. Visit our website at [aetnamedicare.com/NJDSNP](http://aetnamedicare.com/NJDSNP) or call **1-844-362-0934 (TTY: 711)**, 8 AM to 8 PM, 7 days a week.

ESPAÑOL (SPANISH): Si habla un idioma que no sea el inglés, los servicios gratuitos de asistencia en idiomas están disponibles. Visite nuestro sitio web en [aetnamedicare.com/NJDSNP](http://aetnamedicare.com/NJDSNP) o llame al 1-844-362-0934 (TTY: 711), de 8 a.m. a 8 p.m., los 7 días de la semana.

(CHINESE)傳統漢語(中文)如果您講英語以外的語言,則提供免費語言援助服務。

請造訪我們的網站[aetnamedicare.com/NJDSNP](http://aetnamedicare.com/NJDSNP)或致電, 1-844-362-0934(TTY:711),上午8時至下午8時,每週7天

**You can get this document for free in other formats, such as large print, braille, or audio. Call Member Services at 1-844-362-0934 (TTY: 711), 8 AM to 8 PM, 7 days a week. The call is free.**