Types of Care	What to Do
Gender Transition Related Care	The Plan covers transition care for persons diagnosed with gender dysphoria. Gender dysphoria refers to the major distress one experiences over the gender they are born with. This distress causes afflicted individuals not to identify with the gender they were assigned at birth and may result in a strong desire to live life as the other gender.
	We are committed to providing needed services to help our members through the transition phase. More importantly, we carefully take into consideration, the gender goals of the patient, which may include:
	<ul><li>Counseling</li><li>Hormone therapy</li><li>Gender reassignment surgery</li></ul>
	Benefit Limits: Some services may require prior authorization. If you have questions about coverage or getting services, call Member Services at <u>1-855-232-3596 (TTY: 711)</u> and select Care Management prompt.

# **Covered Services**

The tables on the next few pages show what services NJ FamilyCare and Fee-For-Service (FFS) covers and what services the Plan covers. If you are in NJ FamilyCare C or D, you may have to pay a co-payment at the visit. All services must be medically necessary. Your provider may have to ask us for prior approval before you can get some services.

Members will need to show both their Aetna Better Health of New Jersey ID card and their Medicaid card for services listed as FFS. If you have questions about coverage or getting services, call Member Services at <u>1-855-232-3596</u> (TTY: 711).

You may get these services through the provider of your choice in our network. Aetna Better Health of New Jersey or your PCP can help you find a provider if you need services.

Plan A/ABP

Plan C

Plan D

# Abortions

# Covered by Fee-for-Service FFS (All Plans)

Plan B

Abortions and related services, including (but not limited to) surgical procedure, anesthesia, history, physical exam and lab tests.

# Acupuncture

# Covered by Aetna (All Plans)

# **Autism Services**

# Covered by Aetna and FFS (All Plans)

Only covered for members under 21 years of age with autism spectrum disorder.

Covered services include Applied Behavioral Analysis (ABA) treatment, augmentative and alternative communication services and devices, Sensory Integration (SI) services, allied health services (physical therapy, occupational therapy and speech therapy) and Developmental Relationship based services including but not limited to DIR, DIR Floortime and the Greenspan approach therapy.

# **Blood and Blood Products**

# Covered by Aetna (All Plans)

Whole blood and derivatives, as well as necessary processing and administration costs, are covered. Coverage is unlimited (no limit on volume or number of blood products). Coverage begins with the first pint of blood.

# **Bone Mass Measurement**

# **Covered by Aetna (All Plans)**

Covers one measurement every 24 months (more often if medically necessary), as well as physician's interpretation of results.

# **Cardiovascular Screenings**

# Covered by Aetna (All Plans)

For all persons 20 years of age and older, annual cardiovascular screenings are covered. More frequent testing is covered when determined to be medically necessary.

# **Chiropractic Services**

# Covered by Aetna (All Plans)

Covers manipulation of the spine.

# **Colorectal Screening**

**Covered by Aetna (All Plans)** Covers any expenses incurred in conducting colorectal cancer screening at regular intervals for beneficiaries 45 years of age or older and for those of any age deemed to be at high risk of colorectal cancer.

**Barium Enema – Covered by Aetna** (When used instead of a flexible sigmoidoscopy or colonoscopy, covered once every 48 months.)

**Colonoscopy – Covered by Aetna** (Covered once every 120 months, or 48 months after a screening flexible sigmoidoscopy.)

Fecal Occult Blood Test – Covered by Aetna (Covered once every 12 months.) Flexible Sigmoidoscopy – Covered by Aetna (Covered once every 48 months.)

#### Plan A/ABP

### **Dental Services**

### Covered by Aetna (Plans A/ABP, B)

Covers diagnostic, preventive, restorative, endodontic, periodontal, prosthetic, oral and maxillofacial surgical services, as well as other adjunctive general services.

Plan B

Some procedures may require prior authorization with documentation of medical necessity.

Orthodontic services are allowed for children and are age restricted and only approved with adequate documentation of a handicapping malocclusion or medical necessity.

Examples of covered services include (but are not limited to): oral evaluations (examinations), x-rays and other diagnostic imaging, dental cleaning (prophylaxis), topical fluoride treatments, fillings, crowns, root canal therapy, scaling and root planing, complete and partial dentures, oral surgical procedures (to include extractions), intravenous anesthesia/sedation (where medically necessary).

Dental examinations, cleanings, fluoride treatment and any necessary x-rays are covered twice per rolling year.

Additional diagnostic, preventive and designated periodontal procedures can be considered for members with special health care needs.

Dental treatment in an operating room or ambulatory surgical center is covered with prior authorization and documentation of medical necessity.

Children should have their first dental exam when they are a year old, or when they get their first tooth, whichever comes first.

### Covered by Aetna (Plans C, D)

Plan C

Covers diagnostic, preventive, restorative, endodontic, periodontal, prosthetic, oral and maxillofacial surgical services, as well as other adjunctive general services.

Some procedures may require prior authorization with documentation of medical necessity.

Orthodontic services are allowed for children and are age restricted and only approved with adequate documentation of a handicapping malocclusion or medical necessity.

Examples of covered services include (but are not limited to): oral evaluations (examinations); x-rays and other diagnostic imaging; dental cleaning (prophylaxis); topical fluoride treatments; fillings; crowns; root canal therapy; scaling and root planing; complete and partial dentures; oral surgical procedures (to include extractions); intravenous anesthesia/sedation (where medically necessary).

Dental examinations, cleanings, fluoride treatment and any necessary x-rays are covered twice per rolling year.

Additional diagnostic, preventive and designated periodontal procedures can be considered for members with special health care needs.

Dental treatment in an operating room or ambulatory surgical center is covered with prior authorization and documentation of medical necessity.

Children should have their first dental exam when they are a year old, or when they get their first tooth, whichever comes first.

NJ FamilyCare C and D members have a \$5 copay per dental visit (except for diagnostic and preventive services).

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# **Covered Services/Benefits**

Plan B

Plan A/ABP

# **Diabetes Screenings**

### **Covered by Aetna (All Plans)**

Screening is covered (including fasting glucose tests) if you have any of the following risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes. Based on the results of these tests, you may be eligible for up to two diabetes screenings every 12 months.

# **Diabetes Supplies**

### **Covered by Aetna (All Plans)**

Covers blood glucose monitors, test strips, insulin, injection aids, syringes, insulin pumps, insulin infusion devices and oral agents for blood sugar control. Covers therapeutic shoes or inserts for those with diabetic foot disease. The shoes or inserts must be prescribed by a podiatrist (or other qualified doctor) and provided by a podiatrist, orthotist, prosthetist, or pedorthist.

# **Diabetes Testing and Monitoring**

### **Covered by Aetna (All Plans)**

Covers yearly eye exams for diabetic retinopathy, as well as foot exams every six months for members with diabetic peripheral neuropathy and loss of protective sensations.

# Diagnostic and Therapeutic Radiology and Laboratory Services

### **Covered by Aetna (All Plans)**

Covers (including but not limited to) CT scans, MRIs, EKGs and X-rays.

# **Durable Medical Equipment (DME)**

### Covered by Aetna (All Plans)

Emergency Care		
Covered by Aetna (Plans A/ABP, B)	<b>Covered by Aetna</b>	Covered by Aetna
Covers emergency department and physician	(Plan C)	(Plan D)
services.	Covers emergency department and physician services. <b>\$10 copay</b>	Covers emergency department and physician services. <b>\$35 copay</b>

### Plan C

<b>Covered Service</b>	es/Benefits		02.16.25	
Plan A/ABP	Plan B	Plan C	Plan D	
Early and Periodic Screening Diagnosis and Treatment (EPSDT)				
Covered by Aetna	Covered by Aet	na (Plans B, C, D)		
( <b>Plans A/ABP)</b> Coverage includes (but is not limited to)	For NJ FamilyCare B, C and D members, coverage includes early and periodic screening and diagnostic medical examinations, dental, vision, hearing and lead screening services.			
vision and hearing scr identified as necessar	eenings and servic y as a result of exam ng the full childhood	edical examinations, de es (as well as any treatm minations or screenings) od immunization schedu services.	nent ),	
	n the community a	e EPSDT beneficiaries u nd whose medical cond		

# **Family Planning Services and Supplies**

### **Covered by Aetna (All Plans)**

The Plan shall reimburse family planning services provided by non-participating network providers based on the Medicaid fee schedule.

The family planning benefit provides coverage for services and supplies to prevent or delay pregnancy and may include: education and counseling in the method of contraception desired or currently in use by the individual, or a medical visit to change the method of contraception. Also includes, but is not limited to: sterilizations, defined as any medical procedures, treatments, or operations for the purpose of rendering an individual permanently incapable of reproducing.

Covered services include medical history and physical examination (including pelvis and breast), diagnostic and laboratory tests, drugs and biologicals, medical supplies and devices (including pregnancy test kits, condoms, diaphragms, Depo-Provera injections and other contraceptive supplies and devices), counseling, continuing medical supervision, continuity of care and genetic counselina.

### Exceptions: Services primarily related to the diagnosis and treatment of infertility are not covered (whether furnished by in-network or out-of-network providers).

# **Federally Qualified Health Centers (FQHC)**

### **Covered by Aetna (All Plans)**

Includes outpatient and primary care services from community-based organizations.

# **Hearing Services/Audiology**

### **Covered by Aetna (All Plans)**

Covers routine hearing exams, diagnostic hearing exams and balance exams, otologic and hearing aid examinations prior to prescribing hearing aids, exams for the purpose of fitting hearing aids, follow-up exams and adjustments and repairs after warranty expiration.

Hearing aids or cochlear implants, as well as associated accessories and supplies, are covered.

# **Home Health Agency Services**

# Covered by Aetna (All Plans)

Plan A/ABP

Covers nursing services and therapy services by a registered nurse, licensed practical nurse or home health aide.

### **Hospice Care Services**

### **Covered by Aetna (All Plans)**

Covers drugs for pain relief and symptoms management, medical, nursing and social services and certain durable medical equipment and other services, including spiritual and grief counseling.

Covered in the community as well as in institutional settings.

Plan B

Room and board included only when services are delivered in institutional (non-residence) settings. Hospice care for enrollees under 21 years of age shall cover both palliative and curative care.

# NOTE: Any care unrelated to the enrollee's terminal condition is covered in the same manner as it would be under other circumstances.

### **Immunizations**

### **Covered by Aetna (All Plans)**

Covers Influenza, Hepatitis B, pneumococcal vaccinations and other vaccinations recommended for adults.

The full childhood immunization schedule is covered as a component of EPSDT.

# **Inpatient Hospital Care**

### **Covered by Aetna (All Plans)**

Covers stays in critical access hospitals, inpatient rehabilitation facilities, inpatient mental health care, semi-private room accommodations, physicians' and surgeons' services, anesthesia, lab, x-ray and other diagnostic services, drugs and medication, therapeutic services, general nursing and other services and supplies that are usually provided by the hospital.

### Acute Care – Covered by Aetna (All Plans)

Includes room and board, nursing and other related services, use of Hospital/Critical Access Hospital facilities, drugs and biologicals, supplies, appliances and equipment, certain diagnostic and therapeutic services, medical or surgical services provided by certain interns or residents-in-training and transportation services (including transportation by ambulance).

### Psychiatric - For coverage details, please refer to the Behavioral Health chart.

### Mammograms

### Covered by Aetna (All Plans)

Covers a baseline mammogram for women age 35 to 39 and a mammogram every year for those 40 and over and for those with a family history of breast cancer or other risk factors. Additional screenings are available if medically necessary.

Plan C

Matarnal and Child Health Sa

# Maternal and Child Health Services

# Covered by Aetna (All Plans)

Covers medical services for perinatal care and related newborn care and hearing screenings, including midwifery care, Centering Pregnancy, immediate postpartum LARC (Long-Acting Reversible Contraception) and all dental services (to include but not limited to additional dental preventive care and medically necessary dental treatment services).

Also covers childbirth education, doula care, lactation support.

Breastfeeding equipment, including breast pumps and accessories are covered as a DME benefit.

# Medical Day Care (Adult Day Health Services)

Plan B

Covered by Aetna (Plans A/ABP)

Plan A/ABP

### Not covered for NJ FamilyCare B, C, or D members

**Plan** C

A program that provides preventive,

diagnostic, therapeutic and rehabilitative services under medical and nursing supervision in an ambulatory (outpatient) care setting to meet the needs of individuals with physical and/or cognitive impairments in order to support their community living.

# **Nurse Midwife Services**

Covered by Aetna (Plans A/ABP, B)

Covered by Aetna (Plans C, D)

\$5 copay for each visit (except for prenatal care visits)

# **Nursing Facility Services**

Covered by Aetna (Plans A/ABP)	Not covered for NJ FamilyCare B, C, or D members
Long Term (Custodial	
Care) Covered for	
those who need	
Custodial Level of Care	
(MLTSS). Members	
may have patient pay	
liability.	

**Nursing Facility (Hospice)** Hospice care can be covered in a Nursing Facility setting. \*See Hospice Care Services.

**Nursing Facility (Skilled)** Includes coverage for Rehabilitative Services that take place in a Nursing Facility setting.

# Nursing Facility (Special Care)

Care in a Special Care Nursing Facility (SCNF) or a separate and distinct SCNF unit within a Medicaid-certified conventional nursing facility is covered for members who have been determined to require intensive nursing facility services beyond the scope of a conventional nursing facility.

02.16.25

Plan A/ABP	Plan B	Plan C	Plan D
Organ Transplan	its		
Covered by Aetna (	All Plans)		
	s, kidney, cornea, inte	plants including (but not estine and bone marrow	limited to): liver, lung, heart, rtansplants (including
Includes donor and	recipient costs.		
<b>Outpatient Surg</b>	ery		
Covered by Aetna (	All Plans)		
<b>Outpatient Hosp</b>	ital/Clinic Visits		
Covered by Aetna (Plans A/ABP, B) Covered by Aetna (Plans C, D)			
		\$5 copay per v is for preventiv	isit (No copayment if the visit /e services.)

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#### **Outpatient Rehabilitation** (Occupational Therapy, Physical Therapy, Speech Language Pathology)

•	Covered by Aetna (Plans B, C, D)
(Plans A/ABP)	Covers physical, occupational and speech/language therapy.
Covers physical therapy, occupational	
therapy, speech pathology and	

### **Pap Smears and Pelvic Exams**

#### **Covered by Aetna (All Plans)**

cognitive rehabilitation

therapy.

Pap tests and pelvic exams are covered every 12 months for all women, regardless of determined level of risk for cervical or vaginal cancers.

Clinical breast exams for all women are covered once every 12 months.

All laboratory costs associated with the listed tests are covered.

Tests are covered on a more frequent basis in cases where they are deemed necessary for medical diagnostic purposes.

<b>Covered Services/Benefits</b>				02.16.25
Plan A/ABP	Plan B	Plan C	Plan D	
Personal Care Assistance				
Covered by Aetna (Plans A/ABP)	Covered for N	J FamilyCare B, C, or D	members through EPSDT	
Covers health-related tasks performed by a qualified individual in a beneficiary's home, under the supervision of a registered professional nurse, as certified by a physician in accordance with a beneficiary's written				

# **Podiatry**

plan of care.

beneficiary's written

Covered by Aetna (Plans A/ABP, B)	Covered by Aetna (Plans C, D)
Covers routine exams and medically necessary podiatric services, as well as therapeutic shoes or inserts for those with severe diabetic foot disease and exams to fit those shoes or inserts.	Covers routine exams and medically necessary podiatric services, as well as therapeutic shoes or inserts for those with severe diabetic foot disease and exams to fit those shoes or inserts.
<b>Exceptions:</b> Routine hygienic care of the feet, such as the treatment of corns and calluses, trimming of nails and care such as cleaning or soaking feet, are only covered in the treatment of an associated pathological condition.	<b>Exceptions:</b> Routine hygienic care of the feet, such as the treatment of corns and calluses, trimming of nails and care such as cleaning or soaking feet, are only covered in the treatment of an associated pathological condition.
	\$5 copay per visit for NJ FamilyCare C and D members
Prescription Drugs	
Covered by Astro (Diano A (ADD D)	
Covered by Aetna (Plans A/ABP, B)	Covered by Aetna (Plans C, D)
<b>Covered by Aetha (Plans A/ABP, B)</b> Includes prescription drugs (legend and non-legend, including physician administered drugs), prescription vitamins and mineral products (except prenatal vitamins and fluoride) including, but not limited to, therapeutic vitamins, such as high potency A, D, E, iron, zinc and minerals, including potassium and niacin. All blood clotting factors are covered.	<b>Covered by Aetna (Plans C, D)</b> Includes prescription drugs (legend and non-legend, including physician administered drugs), prescription vitamins and mineral products (except prenatal vitamins and fluoride) including, but not limited to, therapeutic vitamins, such as high potency A, D, E, iron, zinc and minerals, including potassium and niacin. All blood clotting factors are covered.
Includes prescription drugs (legend and non-legend, including physician administered drugs), prescription vitamins and mineral products (except prenatal vitamins and fluoride) including, but not limited to, therapeutic vitamins, such as high potency A, D, E, iron, zinc and minerals, including potassium and niacin. All blood clotting factors	Includes prescription drugs (legend and non-legend, including physician administered drugs), prescription vitamins and mineral products (except prenatal vitamins and fluoride) including, but not limited to, therapeutic vitamins, such as high potency A, D, E, iron, zinc and minerals, including potassium and niacin. All blood clotting factors

Covered Services/Benefits 02.16.25				
Plan A/ABP	Plan B	Plan C	Plan D	
<b>Physician Serv</b>	ice – Primary and Spe	cialty Care		
<b>Covered by Aetna</b>	a (Plans A/ABP, B)	Covered by A	etna (Plans C, D)	
Covers medically necessary services and certain preventive services in outpatient settings.		Covers medically necessary services and certain preventive services in outpatient settings.		
settings.		visits in accor schedule of th Pediatrics, lea	each visit (except for well-child dance with the recommended ne American Academy of ad screening and treatment, ate immunizations, prenatal	

### **Private Duty Nursing**

### **Covered by Aetna (All Plans)**

Covered for members who live in the community and whose medical condition and treatment plan justify the need.

care and pap smears, when appropriate).

Private Duty Nursing is only available to EPSDT beneficiaries under 21 years of age and to members with MLTSS (of any age).

### **Prostate Cancer Screening**

### **Covered by Aetna (All Plans)**

Covers annual diagnostic examination including digital rectal exam and Prostate Specific Antigen (PSA) test for men 50 and over who are asymptomatic and for men 40 and over with a family history of prostate cancer or other prostate cancer risk factors.

### **Prosthetics and Orthotics**

### **Covered by Aetna (All Plans)**

Coverage includes (but is not limited to) arm, leg, back and neck braces, artificial eyes, artificial limbs and replacements, certain breast prostheses following mastectomy and prosthetic devices for replacing internal body parts or functions. Also covers certified shoe repair, hearing aids and dentures.

### **Renal Dialysis**

Covered by Aetna (All Plans)	
Routine Annual Physical Exams	
Covered by Aetna (Plans A/ABP, B)	Covered by Aetna (Plans C, D)
	No сорау

Plan B

Plan A/ABP

# Smoking/Vaping Cessation

# Covered by Aetna (All Plans)

Coverage includes counseling to help you quit smoking or vaping, medications such as Bupropion, Varenicline, nicotine oral inhalers and nicotine nasal sprays, as well as over-the-counter products including nicotine transdermal patches, nicotine gum and nicotine lozenges.

The following resource is available to support you in quitting smoking/vaping:

**NJ Quitline**: Design a program that fits your needs and get support from counselors. Call toll free <u>1-866-NJ-STOPS (1-866-657-8677) (TTY: 711)</u>, Monday through Friday 8AM–9PM (except holidays), Saturday 8AM–7PM and Sun 9AM–5PM ET. The program supports 26 different languages. Learn more at <u>njquitline.org</u>.

Transportation (Emergency) (Ambulance, Mobile Intensive Care Unit)

# **Covered by Aetna (All Plans)**

Coverage for emergency care, including (but not limited to) ambulance and Mobile Intensive Care Unit. Emergency air transportation covered when medically necessary.

**Transportation (Non-Emergent)** (Non-Emergency Ambulance, Medical Assistance Vehicles/MAV, Livery, Clinic)

# **Covered by FFS (All Plans)**

Medicaid Fee-for-Service covers all non-emergency transportation, such as mobile assistance vehicles (MAVs) and non-emergency basic life support (BLS) ambulance (stretcher). Livery transportation services, such as bus and train fare or passes, car service and reimbursement for mileage, are also covered.

May require medical orders or other coordination by the health plan, PCP, or providers.

Modivcare transportation services are covered for NJ FamilyCare A, ABP, B, C and D members. All transportation including livery is available for all members including B, C and D.

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# **Urgent Medical Care**

Covered by Aetna (Plans A/ABP, B)	Covered by Aetna (Plans C, D)
Covers care to treat a sudden illness or injury that isn't a medical emergency, but is potentially harmful to your health (for example, if your doctor determines it's medically necessary for you to receive medical treatment within 24 hours to prevent your condition from getting worse).	Covers care to treat a sudden illness or injury that isn't a medical emergency, but is potentially harmful to your health (for example, if your doctor determines it's medically necessary for you to receive medical treatment within 24 hours to prevent your condition from getting worse)
	NOTE: There may be a \$5 copay for urgent medical care provided by a physician, optometrist, dentist, or nurse practitioner.

02.16.25

Plan C

Covered Services/Benefits			02.16.25
Plan A/ABP	Plan B	Plan C	Plan D
Vision Care Ser	vices		
<b>Covered by Aetna</b>	(Plans A/ABP, B)	Covered by Aetna (Plans C, D)	
Covers medically necessary eye care services for detection and treatment of disease or injury to the eye, including a comprehensive eye exam once per year. Covers optometrist services and optical appliances, including artificial eyes, low vision devices, vision training devices and intraocular lenses.		Covers medically necessary eye care services for detection and treatment of disease or injury to the eye, including a comprehensive eye exam once per year. Covers optometrist services and optical appliances, including artificial eyes, low vision devices, vision training devices and intraocular lenses.	
Yearly exams for diabetic retinopathy are covered for member with diabetes.		Yearly exams for diabeti covered for members w	
A glaucoma eye test is covered every five years for those 35 or older and every 12 months for those at high risk for glaucoma.		A glaucoma eye test is covered every five years for those 35 or older and every 12 months for those at high risk for glaucoma.	
Certain additional diagnostic tests are covered for members with age-related macular degeneration.		Certain additional diagnostic tests are covered for members with age-related macular degeneration.	
		\$5 copay per visit for C	)ptometrist services.

### **Corrective Lenses - Covered by Aetna (All Plans)**

Covers 1 pair of lenses/frames or contact lenses every 24 months for beneficiaries age 19 through 59 and once per year for those 18 years of age or younger and those 60 years of age or older. Covers one pair of eyeglasses or contact lenses after each cataract surgery with an intraocular lens.

# **Cell Phone Program**

Eligible members can get Lifeline cell service PLUS an Android™ smartphone at NO COST!

# New Jersey Assurance Wireless Lifeline service customers receive:

- Free monthly data
- Unlimited monthly texts
- Free monthly minutes
- PLUS an Android smartphone!

# EXTRA Aetna Better Health of New Jersey Benefits include:

- Health tips and reminders by text
- Calls to Member Services that won't count against your monthly minutes
- One-on-one texting with your healthcare team

# Already have Lifeline?

It's easy to switch to Assurance Wireless today! Get Assurance Wireless Lifeline service + health extras from Aetna at no cost! Learn more about what's covered at **<u>AetnaBetterHealth.</u> <u>com/newjersey/whats-covered.html</u>**.

# **Behavioral Health Services**

Aetna Better Health of New Jersey covers a number of Behavioral Health benefits for you. Behavioral Health includes both Mental Health services and substance use disorder treatment services. Some services are covered for you by Aetna Better Health of New Jersey, while some are paid for directly by Medicaid Fee-for-Service (FFS). You will find details in the chart below.

When requesting prior authorization or otherwise making arrangements to receive a BH service members and providers should call the Interim Managing Entity (IME) for services covered by FFS at <u>1-844-276-2777</u>. Members and providers should call Member Services for Aetna Better Health of New Jersey-covered services at <u>1-855-232-3596</u>.

Please Note: Autism Services are detailed in the main Benefits Chart.

DDD, MLTSS, OR FIDE SNP	Plan A/ABP	Plan B	Plan C	Plan D
Adult Mental H Apartments)	ealth Rehabilita	tion (Supervised	l Group Hon	nes and
Covered by Aetna (DDD, MLTSS, or FIDE SNP)	Covered by FFS	Not covered (Plans B, C, D)		

Covered by Aetna (All Plans) Coverage includes services in an acute care hospital.

# Independent Practitioner Network or IPN (Licensed Clinical Social Worker, Psychiatrist, Psychologist, or Advanced Practice Nurse)

# Covered by Aetna (All Plans)

# **Outpatient Mental Health**

# Covered by Aetna (All Plans)

Coverage includes services received in an Independent Clinic and Outpatient Hospital setting.

Services in these settings are covered for members of all ages.

# **Mental Health Partial Care**

# Covered by Aetna (All Plans)

Limited to 25 hours per week (5 hours per day, 5 days per week). Prior authorization required.

# Mental Health Acute Partial Hospitalization

**Covered by Aetna (All Plans)** Admission is only through a psychiatric emergency screening center or post psychiatric inpatient discharge. Prior authorization required.

# **Psychiatric Partial Hospitalization**

Covered by Aetna (All Plans) Prior authorization required.

# **Psychiatric Emergency Services (PES)/Affiliated Emergency Services (AES)** Covered by FFS for all members (All Plans)

Behavioral Health Covered Services/Benefits

DDD, MLTSS, OR FIDE SNP	Plan A/ABP	Plan B	Plan C	Plan D
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02.16.25

# Ambulatory Withdrawal Management/Detoxification with On-Site Monitoring Covered by Aetna (All Plans)

Inpatient Withdrawal Management/Detoxification (Hospital-Based) Covered by Aetna for all members (All Plans)

Substance Use Disorder Long Term Residential (LTR)				
<b>Covered by Aetna</b>	Covered by FFS (Plans A/ABP, B, C, D)			
(DDD, MLTSS, or				
FIDE SNP)				

# **Office-Based Addiction Treatment (OBAT)**

### **Covered by Aetna (All Plans)**

Covers coordination of patient services on an as-needed basis to create and maintain a comprehensive and individualized SUD plan of care and to make referrals to community support programs as needed.

# Non Hospital-Based Withdrawal Management/Detoxification (SUD Residential Setting)

Covered by Aetna	Covered by FFS (Plans A/ABP, B, C, D)
(DDD, MLTSS, or	
FIDE SNP)	

### **Opioid Treatment Services**

Covered by Aetna	Covered by FFS (Plans A/ABP, B, C, D)			
(DDD, MLTSS, or FIDE SNP)	Includes coverage for Methadone Medication Assisted Treatment (MAT) and Non-Methadone Medication Assisted Treatment.			
	Coverage for Non-Methadone Medication Assisted Treatment includes (but is not limited to) FDA-approved opioid agonist and antagonist treatment medications and the dispensing and administration of such medications, substance use disorder counseling, individual and group therapy and toxicology testing.			

# **Substance Use Disorder Intensive Outpatient (IOP)**

Covered by Aetna (All Plans)

Prior authorization required.

# **Substance Use Disorder Outpatient (OP)**

### Covered by Aetna (All Plans)

Behavioral Health Covered Services/Benefits 02.16.25					
DDD, MLTSS, OR FIDE SNP	Plan A/ABP Plan B Plan C Plan D				
Substance Use Disorder Partial Care (PC)					
<b>Covered by Aetna (All Plans)</b> Prior authorization required.					
Substance Use Disorder Short Term Residential (STR)					
Covered by Aetna (DDD, MLTSS, or FIDE SNP)					

MLTSS members will get most mental health and substance use disorder services from the Plan. Exclusions may apply. Members who are clients of the Division of Developmental Disabilities (DDD) and MLTSS will also get most mental health and substance use disorder services from the Plan.

The mental health and/or substance abuse services will need to be coordinated between the NJ FamilyCare-approved provider and the Plan. This includes certain drugs that require your provider to get a prior authorization before the prescription is filled if more than four prescriptions are needed in a month. Your provider must call us for approval before you can get any drugs that need a prior authorization.

