

Protect your child from future dangers of HPV

Aetna Better Health® of New Jersey can help.



Human papillomavirus (HPV) is a common virus that can cause cancers later in life. About 13 million people become infected with HPV each year. You can protect your child from these cancers with the HPV vaccine.

Symptoms of HPV

• Warts

These lumps may be cauliflower-shaped, flat or bumpy. They are usually in or around the genitals or anus, but can also be found on or other parts of the body. Warts are often painless or they could cause itching, burning, bleeding, or discomfort.

• Discomfort around the genitals

A person may feel itching or burning around the genitals. Women may have unusual discharge from the vagina.

• No symptoms

High-risk HPV (the kind that causes cancer) doesn't have symptoms, so many people don't even know they have it.

Risks of HPV

- Genital warts
- Cancer of the cervix, vagina, penis, anus, mouth and throat could happen later in life

How HPV spreads

HPV is the most common sexually transmitted infection (STI) in the U.S. An STI (also called a sexually transmitted disease or STD) is an infection that is spread from person to person during sex or close sexual contact. The only way to completely avoid an STI is to not have any type of sex at all.

We're here for you

[AetnaBetterHealth.com/NewJersey](https://www.aetna.com/BetterHealth.com/NewJersey)

1-855-232-3596 (TTY: 711)

We're open every day, all day long.

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Avoid getting HPV

Get vaccinated

The HPV vaccine is safe and effective. It can protect against diseases (including cancers) caused by HPV when given in the recommended age groups.

Get a pap smear

Routine pap smears screen for cervical cancer.

Stay abstinent

Do not have sex, including oral sex.



Aetna Better Health®
of New Jersey

About the HPV vaccine*

- Most children only need two doses of HPV vaccine when vaccinated before age 15 years.
- HPV vaccination is routinely recommended at age 11–12 years (can start at age 9 years) and catch-up HPV vaccination is recommended for all persons through age 18 years if not adequately vaccinated.
- Early protection works best.
- Infections that cause HPV cancers and genital warts have dropped 88% among teen girls and 81% among young adult women.
- HPV vaccination can prevent 90% of HPV related cancers by preventing the infections that cause them. Preventing cancer is better than treating it.

Get the HPV vaccine

- The vaccine is no cost to members if it is given or prescribed by your doctor.
- Call your doctor to schedule an appointment.
- If you need help making an appointment, call Member Services at **[1-855-232-3596](tel:1-855-232-3596)** (TTY: 711).

Stay up to date on vaccines

If your child missed a shot, that's okay. Your doctor will help make sure your child gets caught up.

Call your child's doctor today to schedule an appointment. If you need help making an appointment, call Aetna Better Health of New Jersey Member Services at **[1-855-232-3596](tel:1-855-232-3596)** (TTY: 711).

Visit **[cdc.gov/vaccines](https://www.cdc.gov/vaccines)** to learn more and to view the CDC immunization schedules.

* CDC. "Reasons to Get Vaccinated." www.cdc.gov/hpv/vaccines/reasons-to-get.html. Accessed 7/31/25.
- aetna.com/cpb/medical/data/700_799/0726.html

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