

Aetna Better Health® of New Jersey can help you to **Protect your baby against serious illnesses**



Stay up to date on vaccines from infancy through age two. Most of your child's necessary vaccines are given during this age, so be sure to get the shots on time, too.

Vaccines protect your baby against diseases throughout childhood and life

Vaccines (also called shots or immunizations) can prevent common diseases that used to seriously harm or even kill infants, children, and adults. They help the body's immune system learn how to fight germs. Many vaccines require boosters (Tdap, flu, COVID-19, MenACWY).

CDC ensures your baby's vaccines are safe

Vaccines can have some side effects, but most people have only mild side effects or none at all. The most common side effects include fever, tiredness, body aches, and redness, swelling, and tenderness where the shot was given.

Stay up to date on vaccines

If your child missed a shot, that's okay. Your doctor will help make sure your child gets caught up.

Call your child's doctor today to schedule an appointment. If you need help making an appointment, call Aetna Better Health of New Jersey Member Services at **1-855-232-3596 (TTY: 711)**.

Visit [cdc.gov/vaccines](https://www.cdc.gov/vaccines) to learn more and to view the CDC immunization schedules.

We're here for you

AetnaBetterHealth.com/NewJersey

1-855-232-3596 (TTY: 711)

We're open every day, all day long.

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Tips for shot day

Breastfeed baby to calm and relax them, if you can.

Request a sweet drink 1–2 minutes before the shot for kids under 2 years old.

Request a pain-relieving ointment or a cooling spray to block pain signals from the skin.

Bring your child's favorite things to help distract or comfort them.

Distract your child. Right before the shot, call your child's name, sing your child's favorite song, tell a story, or just act plain silly.



**Aetna Better Health®
of New Jersey**

Early childhood vaccines protect against these serious diseases

Vaccines greatly reduce the risk of these serious infections.

COVID-19: Coronavirus

DTaP: Diphtheria, tetanus (lock jaw) and pertussis

Flu: Influenza (flu)

Hep A: Hepatitis A

Hep B: Hepatitis B

Hib: Haemophilus influenza type b (Hib)

IPV: Polio

MMR: Measles, mumps and rubella (German measles)

PCV: Pneumococcal disease

RSV†: Respiratory syncytial virus (RSV)

RV: Rotavirus

VAR: Varicella (chicken pox)

	Birth	1 month	2 months	4 months	6 months	9 months	12 months	15 months	18 months	19-23 months
COVID-19					Vaccination based on shared clinical decision-making					
DTaP			Dose 1	Dose 2	Dose 3			Dose 4		
Flu					1-2 Doses Annually					
HepA							2 dose series, 6 months apart			
HepB	Dose 1	Dose 2			Dose 3					
Hib			Dose 1	Dose 2			Dose 3			
IPV			Dose 1	Dose 2	Dose 3					
MMR							Dose 1			
PCV			Dose 1	Dose 2	Dose 3		Dose 4			
RSV	Dose 1									
RV			Dose 1	Dose 2						
VAR							Dose 1			

Source: CDC. "Vaccine Schedules." 11/22/24. [cdc.gov/vaccines/imz-schedules](https://www.cdc.gov/vaccines/imz-schedules).

† RSV protection now includes maternal RSV vaccination during pregnancy or infant immunization with monoclonal antibody (nirsevimab).

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ENGLISH: ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or **1-800-385-4104 (TTY: 711)**.

SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al **1-800-385-4104 (TTY: 711)**.

CHINESE: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電您的 ID 卡背面的電話號碼或 **1-800-385-4104 (TTY: 711)**。