



METABOLIC MONITORING FOR CHILDREN AND ADOLESCENTS ON ANTIPSYCHOTICS (APM-E)

MEETING THE HEDIS MEASURE

The APM-E measure assesses the percentage of children and adolescents ages 1–17 who had 2 or more antipsychotic prescriptions and had metabolic testing.

Three rates are reported:

- The percentage of children and adolescents on antipsychotics who received blood glucose testing
- The percentage of children and adolescents on antipsychotics who received cholesterol testing
- The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing

WHY IS THE MEASURE IMPORTANT?

Prescribing antipsychotic medication for children and adolescents has increased rapidly in recent decades. These medications can elevate a child's risk for developing serious metabolic health complications associated with poor cardiometabolic outcomes in adulthood. An important component of ensuring appropriate medical management of children and adolescents on antipsychotic medications is metabolic monitoring (blood glucose and cholesterol testing) to examine the risks and the potential lifelong consequences.

WHAT CAN BE DONE TO HELP MEET THE MEASURE?

This measure focuses on appropriate monitoring for children prescribed antipsychotic medications.

Schedule an annual glucose or HbA1C and LDL-C or other cholesterol test.

Educate caregiver about the importance of annual screening.

Order lab testing prior to member leaving the office when two or more antipsychotics have been prescribed.

Complete lab testing in office when available

REQUIREMENTS

Have both a blood glucose test or HbA1C and a cholesterol test or LDL w/cholesterol. Can be on different dates of service or on the same date of service

SERVICE DATE RANGE

Measurement year

REQUIRED EXCLUSIONS

- Members in hospice or using hospice services during the measurement year .
- Members who have died during the measurement year



Antipsychotic Medications

Medications	Other Prescription Names			
Miscellaneous Antipsychotic Agents				
Aripiprazole	Abilify	Abilify Discmelt	Abilify Mycite	
Asenapine-	Saphris	Secuado	Sycrest	
Brexiprazole	Rexulti			
Cariprazine	Reagila	Vraylar		
Clozapine	Clozari Denzapine	FazaClo	Versacloz	Zaponex
Haloperidol	Haldol	Haloperidol decanoate	Serenace	
Haloperidol decanoate	Haldol	Haloperidol LA	Peridol	
lloperidone	Fanapt	Fanapt Titration Pack		
Loxapine	Adasuve	Loxitane		
Lurasidone	Latuda			
Molindone	Moban	Molindone Hydrochloride Tablets		
Olanzapine	ZyPREXA	ZyPREXA Zydis		
Paliperidone	Invega	Xeplion	Trevicta	
Paliperidone palmitate	Invega Hafyera	Invega Sustenna	Invega Trinza	
Perphenazine	Etrafon/Triavil/Triptafen	Trilafon (single drug)		
Pimozide	Orap			
Quetiapine	Seroquel (immediate- release tablet)	Seroquel XR		
Risperidone	Risperdal	Risperdal Consta	Risperdal M-Tab	
Ziprasidone	Geodon	Zeldox	Zipwell	
Phenothiazine Antipsychotics				
Chlorpromazine				
Fluphenazine	Modecate Modecate Concentrate	Moditen	Prolixin (D/C'd)	RhoFluphenazine
Fluphenazine decanoate	Permitil	Prolixin		
Perphenazine				
Thioridazine	Mellaril / Melleril			
Trifluoperazine	Eskazine Eskazinyl Jatroneural	Modalina Sizonil Stelazine	Stilizan Terfluzine Trifluoperaz	Triftazin
Thioxanthenes				
Thiothixene	Navane			
Long-acting injections				
Aripiprazole				
Aripiprazole lauroxil				
Fluphenazine decanoate				
Haloperidol decanoate				
Olanzapine				
Paliperidone palmitate				
Risperidone				
Antipsychotic Combination Medications				
Psychotherapeutic combinations				
Fluoxetine-olanzapine				
Perphenazine-amitriptyline				



Antipsychotic Medications Continued

Canadian Prescription Name

Aripiprazole	APO-ARIPiprazole ARIPiprazole	AURO-ARIPiprazole MINT-ARIPiprazole	Sandoz ARIPiprazole Pms-ARIPiprazole	TEVA-ARIPiprazole
Haloperidol	Alti-Haloperidol Apo-Haloperidol	Novo-Peridol Peridol	Pms-Haloperidol	Ratio-Haloperido
Paliperidone	Mar-Paliperidone	Mylan-Paliperidone		
Risperidone	Act risperidone AG-risperiDONE APO-risperiDONE	DOM-risperiDONE IPG-risperiDONE JAMP-risperiDONE	DOM-risperiDONE IPG-risperiDONE JAMP-risperiDONE	RAN-risperiDONE RisperDAL RIVA-risperiDONE

India Prescription Name

Lurasidone	Alsiva Atlura Emsidon Latuda	Lurace Lurafic Lurakem Luramax (Sun Pharma)	Lurasid Lurastar Lurata Luratrend	Tablura Unison
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COMMONLY USED CODES*

CPT® / CPT® II Electronic Clinical Data System (ECDS)	
Cholesterol Lab Test	82465, 83718, 83722, 84478
Glucose Lab Test	80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
HbA1c Lab Test	83036, 83037
HbA1c Test Result or Finding	CPT-CAT-II: 3044F, 3046F, 3051F, 3052F
LDL-C Lab Test	80061, 83700, 83701, 83704, 83721
LDL-C Test Result or Finding	CPT-CAT-II: 3048F, 3049F, 3050F
CPT CAT II Modifier	1P Performance Measure Exclusion Modifier due to Medical Reasons [1P] 2P Performance Measure Exclusion Modifier due to Patient Reasons [2P] 3P Performance Measure Exclusion Modifier due to System Reasons [3P] 8P Performance measure reporting modifier-action not performed, reason not otherwise specified [8P]

*Codes are not all inclusive

**Claims data only, cannot accept data through any other supplemental sources such as data feeds and medical record collection methods.

REFERENCES

Metabolic monitoring for children and adolescents on Antipsychotics. NCQA. (2023c, January 23).
<https://www.ncqa.org/hedis/measures/metabolic-monitoring-for-children-and-adolescents-on-antipsychotics/>

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