



Aetna Better Health®
of Oklahoma

Aetna Better Health® of Oklahoma

777 NW 63rd Street, Suite 100

Oklahoma City, OK 73116

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Re: ABA case supervision standard update

Effective October 1, 2026, the required case supervision standard for Applied Behavior Analysis (ABA) providers will increase from 5% to 10% of direct treatment hours.

OHCA has approved this update for Aetna Better Health. This change aligns with guidance from the Council of Autism Service Providers (CASP).

What's changing

Starting October 1, 2026, ABA providers must complete case supervision equal to 10% of direct treatment hours. Providers may begin using the updated standard before October 1, 2026, if they are ready to do so.

What's not changing

This update applies to clinical oversight activities only. It does not change:

- Prior authorization requirements
- Eligibility
- EPSDT coverage
- Approved treatment hours

ABA services will continue to be authorized based on medical necessity and each member's individual clinical needs.

Why this update is being made

Many providers already meet or exceed this supervision level. This update is intended to support:

- Strong clinical oversight
- Treatment fidelity
- High-quality, individualized care
- Stable access to services for members

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Questions?

Contact the Provider Engagement team at: **1-844-365-4385** or by email at [**ABHOKProviderEngagement@Aetna.com**](mailto:ABHOKProviderEngagement@Aetna.com)

Aetna Better Health highlights

Colorectal cancer screening

Members have access to colorectal screening options at no cost and receive a **\$25 reward** once completed. A reminder from a trusted provider can increase screening rates and close gaps in care for Oklahomans.

Breast cancer screening

Members receive a **\$25 reward** for completing a breast cancer screening. Your recommendation matters to members and can help save lives with early detection.

Cervical cancer screening

This extra benefit gives members ages 21-64 years old a **\$25 reward** for completing their cervical cancer screening.

Encourage members to call the number on their ID card or explore support in the Aetna Better Health app.