



Health checkups for kids



Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) helps your child get regular checkups and the care they need as they grow. These visits support your child's health, learning, and development at every stage.



What EPSDT covers for your child:

- Well-child checkups.
- Shots and immunizations.
- Vision, hearing, and dental screenings.
- Growth, development, and behavioral health checks.
- Follow-up services and referrals to specialists if needed.



When to schedule checkups:

- Babies and toddlers need frequent checkups in the first two years of life.
- Children ages 3-20 should have a checkup every year to track growth and development.
- Schedule an extra visit if you have questions or concerns about your child's health.



Why these checkups are important:

- Help find health concerns early.
- Track your child's growth, development, and milestones.
- Support your child's medical, behavioral, and developmental needs.
- Ensure your child gets the care and services they need as they grow.



Questions or need help finding a provider?

Give us a call at
1-844-365-4385 (TTY: 711).
Or use the provider search tool at
**[AetnaBetterHealth.com/Oklahoma/
find-provider](https://www.aetna.com/betterhealth/oklahoma/find-provider)**.



More information and resources:

- **[OHCA Child Health/EPSDT](#)**
- **[Bright Futures Family-Centered Care](#)**
- **[OHCA Helpful Tips](#)**



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