



Aetna Better Health®
of Oklahoma



Breathe & Bloom

Mother's Day Wellness Fair

Aetna Better Health® of Oklahoma and Family Expectations have teamed up to celebrate **you** with a day of relaxation, support and self-care!



- Mindfulness and wellness sessions
- Giveaways and door prizes
- Learn about extra benefits to improve your health
- Resources for moms and activities for kids
- Snacks provided

Co-hosts: Sunbeam Family Services | Parent Promise

Take a break, connect with other moms and treat yourself to the care you deserve!

**Saturday,
May 2, 2026**

**3 East Main Street
Oklahoma City, OK 73104**

1 PM - 3 PM

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