



Aetna Better Health[®]
of Oklahoma

Transforming care in Oklahoma: the collaborative care model

What is collaborative care?

Collaborative care integrates behavioral health into primary care (PCP) or specialty practices, connecting the PCP, the behavioral health care manager, and a psychiatric consultant as a unified team for better member outcomes.

How it works



Screen – identify patients with behavioral health needs during routine visits.



Engage – care manager provides brief interventions and coordinates care.



Consult - psychiatric consultant supports complex cases.



Track – use measurement-based tools and patient registries (e.g., PHQ-9) to monitor progress.



Bill – take advantage of SoonerSelect-approved integrated care codes to maximize opportunities for your practice.

Proven benefits

- Better patient outcomes with increased access and engagement
- Decreasing emergency room visits and hospitalizations
- Enhanced provider and patient satisfaction
- Improve quality metrics

Resources and support

- Training and toolkits available
- Contact Tammi Martin, LPC at MartinT10@aetna.com for more information
- Scan the QR code below for more resources

