

Integrated behavioral health: 2025 achievements

This year, we made significant strides in integrating behavioral health into care across Oklahoma. Our efforts focused on improving access, collaboration, and outcomes for members and providers.

2025 highlights

SBIRT (Screening, Brief Intervention, and Referral to Treatment):

- Hosted provider town hall to drive SBIRT awareness and adoption
- Set and achieved goal to increase screenings to expand early identification
- Launched SBIRT toolkit to support consistent workflows
- Distributed SBIRT materials and provided an SBIRT one-pager for quick reference
- Delivered 12 SBIRT trainings to strengthen provider understanding of screening, brief intervention, and referral workflows
- Completed 108 provider outreach conversations to support SBIRT adoption, troubleshoot barriers, and reinforce available tools/resources
- Completed 386 provider questionnaires to support screening and follow-up

Integrated care:

- Served on a statewide steering committee to guide integration priorities
- Completed 50 provider meetings on integrated care adoption and implementation support
- Supported the statewide integrated care ECHO by recruiting and engaging providers
- Completed integrated care mapping to identify gaps and opportunities across sites
- Delivered seven integrated care trainings to build provider capability and consistency
- Developed collaborative care model one-pager and training to support standardized workflows and education
- Launched behavioral health Pay for Quality (P4Q) with follow-up (FU) measures to drive outcomes and care coordination

On the horizon for 2026

- Expand SBIRT screenings and host second provider town hall
- Expand education and tools to support medication for alcohol use disorder adoption
- Strengthen evaluation work to better understand the impact of integrated behavioral health in primary care
- Grow provider trainings and consultation supports as needs emerge
- Identify and address SBIRT screening gaps by tracking patterns across race/ethnicity and geography (rural vs. urban) to improve health outcomes.

Together, we're building a stronger, more connected system of care while improving outcomes for members and supporting providers every step of the way.