

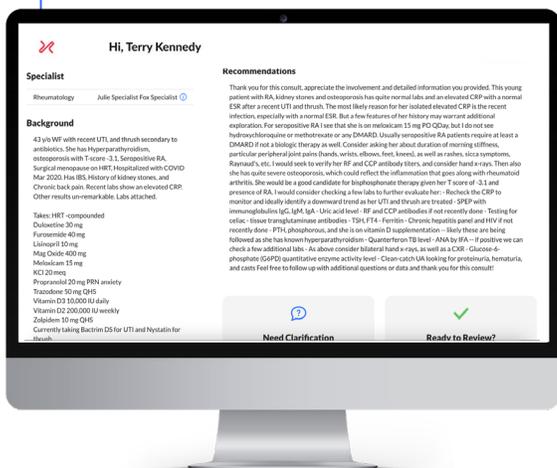
RubiconMD eConsults provides behavioral health specialist expertise in primary care

Behavioral Health Specialties Available:

- Addiction medicine
- Pain medicine
- Psychiatry (adult & pediatric)

How an eConsult works:

- 1 Patient presentation**
PCP would like specialist input on patient case.
- 2 eConsult submission**
PCP or clinical team member enters relevant patient background and questions for the specialist.
- 3 Specialist review & insights**
Board certified specialist provides expert insight within hours.
- 4 Clinician follow-up**
Clinician confidently proceeds with optimized, evidence-based care plan.



Example cases submitted by PCPs:

Child & adolescent psychiatry

Background: 5 yo girl with stressful homelife refusing to eat more than a few bites per day and has experienced ~7lbs weight loss in the last few weeks.

Question: Attempting to get pt into prompt therapy, but what are next steps in management? Should I consider cyproheptadine for appetite stimulation?

Adult psychiatry

Background: 37yo F, 16 weeks pregnant. Extensive hx of depression and abuse. Has been on aripiprazole from 13yo to May 2023. Stopped taking once she found out she was pregnant. Pt wants to continue during pregnancy if possible.

Question: Would you recommend she continue aripiprazole during pregnancy? What antipsychotics are safe or low risk during pregnancy? While breastfeeding? Is sertraline a good alternative?

Addiction medicine

Background: 30yo M with opiate addiction on MAT for 2 years and sublocade about a year. Wants to stop the sublocade due to the side effects and because he is doing well. Open to the idea of LA naltrexone.

Question: If he is willing to take the naltrexone, how long after the sublocade can I start it?