AETNA BETTER HEALTH® OF VIRGINIA REQUEST FORM

GI Motility, Chronic

Fax back to: 1-855-799-2553

If the following information is not complete, correct, or legible, the PA process can be delayed. Please use one form per member.

MEMBER INFORMATION														
Last Name:	First Name:													
Medicaid ID Number:	Date of Birth:													
Gender: Male Female	Weight in Kilograms:													
PRESCRIBER INFORMATION														
Last Name:	First Name:													
NPI Number:														
Phone Number:	Fax Number:													
DRUG INFORMATION														
Preferred Medication (must be tried and failed first): Amitiza®, Linzess®, lubiprostone, or Movantik®														
Non-preferred Medications: alosetron , Lotronex®, Motegrity™, Relistor®, Symproic™, Trulance™, Viberzi™														
Drug Name/Form:														
Strength:														
Dosing Frequency:														
Length of Therapy:														
Quantity per Day:														

(Form continued on next page.)

Revised: 09/21/2023 | Effective: 01/01/2024 Page 1 of 3

AETNA BETTER HEALTH® OF VIRGINIA REQUEST FORM: GI Motility, Chronic

Member's Last Name:	Member's First Name:												
DIAGNOSIS AND MEDICAL INFORMATION													
Does the member have any of the following diagnoses? Please check all that apply.													
Chronic idiopathic constipation (CIC)													
Constipation predominant irritable bowel syndrome (IBS-C)													
Functional constipation (FC) in pediatric patients 6 to 17 years of age													
Does the prescriber attest that other causes of constipation have been ruled out?													
☐ Yes ☐ No													
Severe diarrhea predominant irritable bowel syndrome (IBS-D)													
Opioid induced constipation in chronic non -cancer pain (OIC)													
Other:													
Amitiza®/Linzess®/Trulance™: Has the member had a treatment failure on at least TWO of the following classes? • Osmotic Laxatives (i.e., lactulose, polyethylene glycol, sorbitol); • Bulk Forming Laxatives (i.e., psyllium, fiber); OR • Stimulant Laxatives (i.e., bisacodyl, senna). ☐ Yes ☐ No													
Amitiza®/Movantik®/Relistor®/Symproic® (OIC only): Has the member had treatment failure on both polyethylene glycol AND lactulose? Yes No													
Alosetron/Lotronex®/Viberzi™:													
Has the member had a treatment failure on at least TI	HREE of the following classes?												
 Bulk forming laxatives (i.e., psyllium, fiber); 													
Antispasmodic agents (i.e., dicyclomine, hyosc													
 Antidiarrheal agents (i.e., loperamide, dipheno Yes No 	xylate/atropine, codeine).												
Motegrity™:													
Has the member had a treatment failure on the follow	ving?												
 ≥ 2 preferred traditional laxative therapy (e.g., 	polyethylene glycol, lactulose); AND												
 ≥ 1 preferred newer products indicated for CIC Yes No 	(e.g., linaclotide, lubiprostone, plecanatide).												

(Form continued on next page.)

Revised: 09/21/2023 | Effective: 01/01/2024 Page 2 of 3

AETNA BETTER HEALTH® OF VIRGINIA REQUEST FORM: GI Motility, Chronic

Member's Last Name:											Member's First Name:												
List	pharm	naceı	ıtical	agen	ts att	emp	ted	and	out	com	e:												
Me	dical N	leces	sity (F	Provid	de clir	nical	evid	lenc	e th	at th	ie pi	refer	red a	agen	t(s) v	vill n	ot pr	ovide	e ade	equat	e be	nefit):
Prescriber Signature (Required)																	Da	ate					

By signature, the Physician confirms the above information is accurate and verifiable by member records.

Please include ALL requested information; Incomplete forms will delay the PA process.

Submission of documentation does NOT guarantee coverage.

Revised: 09/21/2023 | Effective: 01/01/2024 Page 3 of 3