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AETNA BE	TTER HEALTH®					
Coverage Policy/Guideline						
Name:	Gilenya-Tascenso		Page:	1 of 2		
Effective Date: 11/1/2024			Last Review Date:	10/2024		
Amaliaa	□Illinois	□Florida	⊠Florida Kids			
Applies to:	⊠New Jersey	⊠Maryland	□Michigan			
	⊠Pennsylvania Kids	□Virginia	□Kentucky PRMD			

#### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Gilenya (fingolimod) and Tascenso ODT (fingolimod) under the patient's prescription drug benefit.

#### **Description:**

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

## FDA-Approved Indication

Indicated for the treatment of relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in patients 10 years of age and older.

All other indications are considered experimental/investigational and not medically necessary.

### **Applicable Drug List:**

Fingolimod 0.5 mg capsule Gilenya 0.5 mg capsule Gilenya 0.25 mg capsule Tascenso ODT

# **Policy/Guideline:**

# **Prescriber Specialty:**

This medication must be prescribed by or in consultation with a neurologist.

### **Criteria for Initial Approval:**

# A. Relapsing forms of multiple sclerosis

Authorization of 12 months may be granted to members who have been diagnosed with a relapsing form of multiple sclerosis (including relapsing-remitting and secondary progressive disease for those who continue to experience relapse).

 Requests for Tascenso ODT require that patient is unable to swallow solid dosage forms

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 Requests for brand Gilenya 0.5 mg capsules require that the patient is unable to take generic fingolimod 0.5 mg capsules for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication

# B. Clinically isolated syndrome

Authorization of 12 months may be granted to members for the treatment of clinically isolated syndrome of multiple sclerosis.

- Requests for Tascenso ODT require that patient is unable to swallow solid dosage forms
- Requests for brand Gilenya 0.5 mg capsules require that the patient is unable to take generic fingolimod 0.5 mg capsules for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication

# Continuation of Therapy:

For all indications: Authorization of 12 months may be granted to members who are experiencing disease stability or improvement while receiving the requested medication.

#### Other Criteria:

Members will not use the requested medication concomitantly with other disease modifying multiple sclerosis agents (Note: Ampyra and Nuedexta are not disease modifying).

# **Approval Duration and Quantity Restrictions:**

**Approval:** 12 months

### **Quantity Level Limits:**

- Gilenya (fingolimod hydrochloride) capsules 0.25mg: 30 capsules per 30 days
- Gilenya (fingolimod hydrochloride) capsules 0.5mg: 30 capsules per 30 days
- Tascenso ODT (fingolimod lauryl sulfate) tablets 0.25mg: 30 tablets per 30 days
- Tascenso ODT (fingolimod lauryl sulfate) tablets 0.5mg: 30 tablets per 30 days

#### **References:**

- 1. Gilenya [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; June 2024.
- 2. Fingolimod [package insert]. Weston, FL: Apotex Corp.; June 2024.
- 3. Tascenso ODT [package insert]. Swindon, UK: Catalent Pharma Solutions (UK); June 2024.