



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: Ilaris

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Effective Date: 7/11/2025

Last Review Date: 5/28/2025

Applies to:  Illinois

### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Ilaris under the patient's prescription drug benefit.

### Description:

#### FDA-Approved Indications

##### 1. Periodic Fever Syndromes:

###### a. Cryopyrin-Associated Periodic Syndromes (CAPS)

Ilaris is indicated for the treatment of Cryopyrin-Associated Periodic Syndromes (CAPS), in adults and children 4 years of age and older including Familial Cold Autoinflammatory Syndrome (FCAS) and Muckle-Wells Syndrome (MWS).

###### b. Tumor Necrosis Factor Receptor Associated Periodic Syndrome (TRAPS)

Ilaris is indicated for the treatment of TRAPS in adult and pediatric patients.

###### c. Hyperimmunoglobulin D Syndrome (HIDS)/Mevalonate Kinase Deficiency (MKD)

Ilaris is indicated for the treatment of HIDS and MKD in adult and pediatric patients.

###### d. Familial Mediterranean Fever (FMF)

Ilaris is indicated for the treatment of FMF in adult and pediatric patients.

##### 2. Still's disease (Adult-onset Still's Disease [AOSD] and systemic Juvenile Idiopathic Arthritis [sJIA]):

Ilaris is indicated for the treatment of active Still's disease, including AOSD and sJIA in patients aged 2 years and older.

##### 3. Gout flares:

Ilaris is indicated for the symptomatic treatment of adult patients with gout flares in whom non-steroidal anti-inflammatory drugs (NSAIDs) and colchicine are contraindicated, are not tolerated, or do not provide an adequate response, and in whom repeated courses of corticosteroids are not appropriate.

##### 4. Compendial Use

Pseudogout

All other indications are considered experimental/investigational and not medically necessary.

### Applicable Drug List:

Ilaris

### Policy/Guideline:

#### **Documentation for all indications:**

The patient is unable to take THREE preferred products, where indicated, for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication. Documentation is required for approval.



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### Documentation:

#### **A. Tumor Necrosis Factor Receptor Associated Periodic Syndrome (TRAPS) and Hyperimmunoglobulin D Syndrome (HIDS)/Mevalonate Kinase Deficiency (MKD):**

For initial requests: Chart notes, medical record documentation, or laboratory result (if applicable) indicating number of active flares within the last 6 months and Physician's Global Assessment (PGA) score or C-reactive protein (CRP) level.

#### **B. Familial Mediterranean Fever (FMF):** For initial requests:

1. Chart notes or medical record documentation indicating number of active flares within the last 6 months.
2. Laboratory results, chart notes, or medical record documentation of CRP level.
3. Chart notes, medical record documentation, or claims history supporting previous medications tried (if applicable), including response to therapy. If therapy is not advisable, documentation of clinical reason to avoid therapy.

#### **C. Systemic Juvenile Idiopathic Arthritis (sJIA) and Adult-onset Still's disease (AOSD)**

1. Initial requests: Chart notes, medical record documentation, or claims history supporting previous medications tried, including response to therapy (if applicable).
2. Continuation requests: Chart notes or medical record documentation supporting positive clinical response.

#### **D. Gout and pseudogout flares:** (initial requests only): Chart notes, medical record documentation, or claims history supporting previous medications tried (if applicable), including response to therapy. If therapy is not advisable, documentation of clinical reason to avoid therapy.

### Prescriber Specialty:

This medication must be prescribed by or in consultation with one of the following:

- A. Cryopyrin-associated periodic syndromes (CAPS), TRAPS, HIDS/MKD, and FMF: rheumatologist or immunologist
- B. Systemic juvenile idiopathic arthritis (sJIA), AOSD, gout, and pseudogout: rheumatologist

### Criteria for Initial Approval:

#### **A. Periodic fever syndromes**

1. Authorization of 12 months may be granted for members 4 years of age or older for treatment of CAPS when both of the following criteria are met:
  - a. Member has a diagnosis of familial cold autoinflammatory syndrome (FCAS) with classic signs and symptoms (i.e., recurrent, intermittent fever and rash that were often exacerbated by exposure to generalized cool ambient temperature) or Muckle-Wells syndrome (MWS) with classic signs and symptoms (i.e., chronic



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- fever and rash of waxing and waning intensity, sometimes exacerbated by exposure to generalized cool ambient temperature).
- b. Member has functional impairment limiting the activities of daily living.
2. Authorization of 12 months may be granted for treatment of TRAPS when both of the following criteria are met:
    - a. Member has chronic or recurrent disease activity with active flares within the last 6 months.
    - b. Physician's Global Assessment (PGA) score greater than or equal to 2 or C-reactive protein (CRP) greater than 10 mg/L.
  3. Authorization of 12 months may be granted for treatment of HIDS/MKD when both of the following criteria are met:
    - a. Member has had active flares within the last 6 months.
    - b. Physician's Global Assessment (PGA) score greater than or equal to 2 or C-reactive protein (CRP) greater than 10 mg/L.
  4. Authorization of 12 months may be granted for treatment of FMF when all of the following criteria are met:
    - a. Member has active disease with flares within the last 6 months.
    - b. C-reactive protein (CRP) greater than 10 mg/L.
    - c. Member has had an inadequate response or intolerance to or has a contraindication to colchicine.

#### **B. Systemic juvenile idiopathic arthritis (sJIA)**

1. Authorization of 12 months may be granted for members 2 years of age or older who have previously received a biologic indicated for active sJIA.
2. Authorization of 12 months may be granted for members 2 years of age or older for treatment of active sJIA when the member has active systemic features (e.g., fever, evanescent rash, lymphadenopathy, hepatomegaly, splenomegaly, serositis).

#### **C. Adult-onset Still's disease (AOSD)**

1. Authorization of 12 months may be granted for adult members who have previously received a biologic indicated for active AOSD.
2. Authorization of 12 months may be granted for adult members for treatment of active AOSD when both of the following criteria are met:
  - a. Member has active systemic features (e.g., fever, arthralgia/arthritis, evanescent rash, lymphadenopathy, hepatomegaly, splenomegaly, sore throat).
  - b. Member meets any of the following:
    - i. Member has had an inadequate response to a trial of nonsteroidal anti-inflammatory drugs (NSAIDs).



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- ii. Member has had an inadequate response to a trial of corticosteroids.
- iii. Member has had an inadequate response to a trial of a conventional synthetic drug (e.g., methotrexate).

#### **D. Gout and pseudogout flares**

Authorization of 12 months may be granted for adult members for the treatment of flares for gout and pseudogout (also known as calcium pyrophosphate deposition disease) when both of the following criteria are met:

1. Member has experienced at least three flares in the last 12 months.
2. Member has had an inadequate response, intolerance, or contraindication to non-steroidal anti-inflammatory drugs (NSAIDs), colchicine, and corticosteroids.

#### **Continuation of Therapy:**

##### **A. Systemic juvenile idiopathic arthritis (sJIA)**

Authorization of 12 months may be granted for all members 2 years of age or older (including new members) who are using the requested medication for sJIA and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when there is improvement in any of the following from baseline:

1. Number of joints with active arthritis (e.g., swelling, pain, limitation of motion)
2. Number of joints with limitation of movement
3. Functional ability
4. Systemic features (e.g., fever, evanescent rash, lymphadenopathy, hepatomegaly, splenomegaly, serositis)

##### **B. Adult-onset Still's disease (AOSD)**

Authorization of 12 months may be granted for all adult members (including new members) who are using the requested medication for AOSD and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when there is improvement in any of the following from baseline:

1. Number of joints with active arthritis (e.g., swelling, pain, limitation of motion)
2. Number of joints with limitation of movement
3. Functional ability
4. Systemic features (e.g., fever, evanescent rash, lymphadenopathy, hepatomegaly, splenomegaly, serositis)

##### **C. Cryopyrin-Associated Periodic Syndromes (CAPS), including Familial Cold Autoinflammatory Syndrome (FCAS) and Muckle-Wells Syndrome (MWS)**

Authorization of 12 months may be granted for all members 4 years of age or older (including new members) who are using the requested medication for CAPS, including



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FCAS and MWS, and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition.

#### D. All other diagnoses

Authorization of 12 months may be granted for all members (including new members) who are using the requested medication for an indication outlined in criteria for initial approval and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition.

#### Other Criteria:

For all indications: Member has had a documented negative tuberculosis (TB) test (which can include a tuberculosis skin test [TST] or an interferon-release assay [IGRA])\* within 12 months of initiating therapy for persons who are naïve to biologic drugs or targeted synthetic drugs associated with an increased risk of TB.

\*If the screening testing for TB is positive, there must be further testing to confirm there is no active disease (e.g., chest x-ray). Do not administer the requested medication to members with active TB infection. If there is latent disease, TB treatment must be started before initiation of the requested medication.

For all indications: Member cannot use the requested medication concomitantly with any other biologic drug or targeted synthetic drug.

#### Approval Duration and Quantity Restrictions:

Initial and Renewal Approval: 12 months

#### References:

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11. Efthimiou P, Kontzias A, Hur P, et al. Adult-onset Still's disease in focus: Clinical manifestations, diagnosis, treatment, and unmet needs in the era of targeted therapies. *Semin Arthritis Rheum.* 2021;51(4):858-874.