

Korlym® (mifepristone) Approved April 2021

Background:

KORLYM (mifepristone) is a cortisol receptor blocker indicated to control hyperglycemia secondary to hypercortisolism in adult patients with endogenous Cushing's syndrome who have type 2 diabetes mellitus (T2D) or glucose intolerance and have failed surgery or are not candidates for surgery.

Criteria for approval:

- 1. Patient has a diagnosis of Cushing's syndrome with one of the following:
 - a. Type 2 diabetes mellitus OR
 - b. Diagnosis of glucose intolerance

And ONE of the following:

- a. Patient has failed surgical resection OR
- b. Patient is not a candidate for surgery
- 2. Medication is prescribed by or in consultation with an endocrinologist
- 3. Patient does not have any contraindication(s) to therapy such as:
 - a. Pregnancy
 - b. Patients taking drugs metabolized by CYP3A such as simvastatin, lovastatin, and CYP3A substrates with narrow therapeutic ranges, such as cyclosporine, dihydroergotamine, ergotamine, fentanyl, pimozide, quinidine, sirolimus, and tacrolimus
 - c. Patients receiving systemic corticosteroids for lifesaving purposes (for example, immunosuppression after organ transplantation)
 - d. Patients with a history of unexplained vaginal bleeding or with endometrial hyperplasia with atypia or endometrial carcinoma
- 4. Medication is prescribed in accordance with Food and Drug Administration (FDA) established indication and dosing regimens or in accordance with medically appropriate off-label indication and dosing according to American Hospital Formulary Service, Micromedex, Clinical Pharmacology, Wolters Kluwer Lexi-Drugs (Lexicomp), national guidelines, or other peer-reviewed evidence
- 5. Weight must be received for drugs that have weight-based dosing.

Initial Approval Duration: 6 months Quantity Level Limit: 1200mg per day

Continuation of therapy:

- 1. The patient has shown improvement or stabilization of glucose control in fasting serum glucose test, oral glucose tolerance test or hemoglobin A1c test.
- 2. For dose increase requests, weight must be received for drugs that have weightbased dosing
- 3. Medication is prescribed in accordance with Food and Drug Administration (FDA) established indication and dosing regimens or in accordance with medically appropriate off-label indication and dosing according to American Hospital

Aetna Better Health® of New Jersey



Formulary Service, Micromedex, Clinical Pharmacology, Wolters Kluwer Lexi-Drugs (Lexicomp), national guidelines, or other peer-reviewed evidence

Renewal Approval Duration: 12 months Quantity Level Limit: 1200mg per day

References:

- 1. Korlym [package insert]. Corcept Therapeutics, Inc. Menlo Park, CA, November 2019
- 2. Clinical Pharmacology® Gold Standard Series [Internet database]. Tampa FL. Elsevier 2019. Updated periodically
- 3. Nieman LK, et al. Treatment of Cushing's Syndrome: An Endocrine Society Clinical Practice Guideline. J Clin Endocrinol Metab. 2015;100: 2807-2831
- 4. Nieman LK. Recent Updates on the Diagnosis and Management of Cushing's Syndrome. Endocrinol Metab (Seoul). 2018 Jun; 33(2): 139–146.
- 5. Fleseriu M, et al. Mifepristone, a Glucocorticoid Receptor Antagonist, Produces Clinical and Metabolic Benefits in Patients with Cushing's Syndrome. J Clin Endocrinol Metab. 2012;97(6):2039-2049.