



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: Lidocaine Topical Patch

Page: 1 of 2

Effective Date: 5/1/2025

Last Review Date: 3/2025

Applies to:	<input checked="" type="checkbox"/> Illinois	<input type="checkbox"/> Florida	<input type="checkbox"/> Michigan
	<input checked="" type="checkbox"/> New Jersey	<input type="checkbox"/> Maryland	<input checked="" type="checkbox"/> Florida Kids
	<input checked="" type="checkbox"/> Pennsylvania Kids	<input type="checkbox"/> Virginia	

**Intent:**

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for lidocaine 5% patch under the member's prescription drug benefit.

**Description:**

**Lidoderm**

Lidoderm is indicated for relief of pain associated with post-herpetic neuralgia. It should be applied only to **intact skin**.

**Applicable Drug List:**

Formulary Drug: Lidocaine 5% patch

**Policy/Guideline:**

- The requested drug is being prescribed for pain associated with post-herpetic neuralgia  
**AND**
  - The request is NOT for continuation of therapy  
**AND**
    - The patient has experienced an inadequate treatment response to at least a one-month trial of gabapentin or pregabalin**OR**
    - The patient has experienced an intolerance to gabapentin or pregabalin**OR**
    - The patient has a contraindication that would prohibit a trial of gabapentin or pregabalin**AND**
    - Documentation or Pharmacy claims history supporting trial and failure with topical lidocaine 4% patch
  - The request is for continuation of therapy  
**AND**
    - The patient has achieved or maintained a positive clinical response to the requested drug

**Approval Duration and Quantity Restrictions:**

**Approval:** 12 months

**Quantity Level Limit:** 90 patches/30 days



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**References:**

1. Lidoderm [package insert]. San Jose, CA: TPU Pharma, Inc.; December 2022.
2. ZTLido [package insert]. Palo Alto, CA: Scilex Pharmaceuticals Inc.; April 2021.
3. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Waltham, MA: UpToDate, Inc.; 2024. <https://online.lexi.com>. Accessed August 29, 2024.
4. Micromedex® (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: <https://www.micromedexsolutions.com/> (cited: 08/29/2024).
5. Neurontin [package insert]. New York, NY: Parke-Davis Division of Pfizer Inc; July 2022.
6. Lyrica [package insert]. New York, NY: Parke-Davis; June 2020.