



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: Litfulo (ritlecitinib) Page: 1 of 3

Effective Date: 2/25/2026 Last Review Date: 2/2026

Applies to:	<input checked="" type="checkbox"/> Illinois	<input type="checkbox"/> Florida	<input type="checkbox"/> Michigan
	<input type="checkbox"/> New Jersey	<input checked="" type="checkbox"/> Maryland	<input checked="" type="checkbox"/> Florida Kids
	<input checked="" type="checkbox"/> Pennsylvania Kids	<input type="checkbox"/> Virginia	<input type="checkbox"/> Kentucky PRMD

### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Litfulo under the patient's prescription drug benefit.

### Description:

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met, and the member has no exclusions to the prescribed therapy.

#### FDA-approved Indication<sup>1</sup>

Litfulo is indicated for the treatment of severe alopecia areata in adults and adolescents 12 years and older.

All other indications are considered experimental/investigational and not medically necessary.

### Applicable Drug List:

Litfulo

### Policy/Guideline:

#### Documentation

Submission of the following information is necessary to initiate the prior authorization review:

#### Initial requests

- Chart notes, medical record documentation, or claims history supporting previous medications tried (if applicable).
- Chart notes or medical record documentation supporting at least 50% scalp hair loss (e.g., Severity of Alopecia Tool [SALT] score of 50 or higher) (if applicable).

#### Continuation requests

Chart notes or medical record documentation supporting positive clinical response (e.g., increased scalp hair coverage, 80% total scalp hair coverage [SALT score of 20 or less]).

### Prescriber Specialties

This medication must be prescribed by or in consultation with a dermatologist.



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## Coverage Criteria

### Alopecia areata<sup>1,2</sup>

Authorization of 12 months may be granted for members 12 years of age or older who have previously received a targeted synthetic drug indicated for treatment of severe alopecia areata in the past year.

Authorization of 12 months may be granted for members 12 years of age or older for treatment of severe alopecia areata when both of the following criteria are met:

- Member has at least 50% scalp hair loss (e.g., Severity of Alopecia Tool [SALT] score of 50 or higher).
- Other forms of alopecia have been ruled out (e.g., androgenetic alopecia, trichotillomania, telogen effluvium, chemotherapy-induced hair loss, tinea capitis).

## Continuation of Therapy

### Alopecia areata<sup>1,2</sup>

Authorization of 12 months may be granted for all members 12 years of age or older (including new members) who are using the requested medication for severe alopecia areata and who achieve or maintain a positive clinical response as evidenced by an improvement in signs and symptoms of the condition from baseline (e.g., increased scalp hair coverage, 80% total scalp hair coverage [SALT score of 20 or less]).

## Other<sup>1,3</sup>

Member has had a documented negative tuberculosis (TB) test (which can include a tuberculosis skin test [TST] or an interferon-release assay [IGRA]) within 12 months of initiating therapy for persons who are naïve to biologic drugs or targeted synthetic drugs associated with an increased risk of TB.

If the screening testing for TB is positive, there must be further testing to confirm there is no active disease (e.g., chest x-ray). Do not administer the requested medication to members with active TB infection. If there is latent disease, TB treatment must be started before initiation of the requested medication.

Member cannot use the requested medication concomitantly with any other biologic drug, targeted synthetic drug, or potent immunosuppressant such as azathioprine or cyclosporine.



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### Dosage and Administration

Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines.

### Approval Duration and Quantity Restrictions:

**Approval Duration:** 12 months

**Quantity Level Limit:** 28 capsules per 28 days

### References:

1. Litfulo [package insert]. New York, NY: Pfizer Labs; June 2023.
2. King B, Zhang X, Harcha WG, et al. Efficacy and safety of ritlecitinib in adults and adolescents with alopecia areata: a randomized, double-blind, multicentre, phase 2b-3 trial. Lancet. 2023;401:1518-1529.
3. Testing for TB Infection. Centers for Disease Control and Prevention. Retrieved on November 11, 2025 from: <https://www.cdc.gov/tb/testing/index.html>.