| AETNA BETTER HEALTH ${ }^{\circledR}$ <br> Coverage Policy/Guideline |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Name: | nitroglycerin 0.4 | intment (Rectiv) | Page: | 1 of 1 |
| Effective Date: | 4/10/2024 |  | Last Review Date: | 03/2024 |
| Applies to: | -Illinois <br> $\boxtimes$ New Jersey <br> $\boxtimes$ Pennsylvania Kids | Florida <br> $\boxtimes$ Maryland <br> $\triangle$ Virginia |  | Kids |

## Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for nitroglycerin $0.4 \%$ ointment under the patient's prescription drug benefit.

## Description:

Nitroglycerin $0.4 \%$ ointment is indicated for the treatment of moderate to severe pain associated with chronic anal fissure.

## Applicable Drug List:

nitroglycerin $0.4 \%$ ointment

## Policy/Guideline:

The requested drug will be covered with prior authorization when the following criteria are met:

- The requested drug is being prescribed for the treatment of moderate to severe pain associated with chronic anal fissure
AND
- The request is NOT for continuation of therapy

OR

- The request is for continuation of therapy

AND

- The patient has achieved or maintained a positive clinical response to the requested drug


## Approval Duration and Quantity Restrictions:

Initial and Renewal Approval: 12 months

## References:

1. Rectiv [package insert]. Irvine, CA: Allergan USA, Inc.; November 2016.
2. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Waltham, MA: UpToDate, Inc.; 2023. https://online.lexi.com. Accessed August 22, 2023.
3. Micromedex (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: https://www.micromedexsolutions.com/ (cited: 08/22/2023).
