



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Savella

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Effective Date: 12/5/2025

Last Review Date: 11/18/2025

Applies to: New Jersey Florida Kids Pennsylvania Kids Virginia

Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Savella under the patient's prescription drug benefit.

Description:

FDA-approved Indications

Savella is indicated for the management of fibromyalgia.
Savella is not approved for use in pediatric patients.

Drug List:

Savella

Policy/Guideline:

Coverage Criteria

Fibromyalgia

Authorization may be granted when the requested drug is being prescribed for the management of fibromyalgia when ALL of the following criteria are met:

- The patient is 18 years of age or older
- The patient meets ONE of the following:
 - The patient has experienced an inadequate treatment response to duloxetine OR pregabalin
 - The patient has experienced an intolerance to duloxetine OR pregabalin
 - The patient has a contraindication that would prohibit a trial of ALL of the following: duloxetine, pregabalin

Continuation of Therapy

Fibromyalgia

Authorization may be granted when the requested drug is being prescribed for the management of fibromyalgia when ALL of the following criteria are met:

- The patient is 18 years of age or older
- The patient has achieved or maintained a positive clinical response to the requested drug (e.g., improvement in pain)

Approval Duration and Quantity Restrictions:

Initial and Renewal Approval:

- Initial approval: 6 months
- Renewals: 12 months

Quantity Level Limits: Reference formulary for specific quantity limits.



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References:

1. Savella [package insert]. North Chicago, IL: AbbVie Inc; May 2024.
2. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Waltham, MA: UpToDate, Inc.; 2025. <https://online.lexi.com>. Accessed March 25, 2025.
3. Micromedex® (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: <https://www.micromedexsolutions.com/> (cited: 03/25/2025).