



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Zeposia

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Effective Date: 2/11/2026

Last Review Date: 1/2026

Applies to: Illinois Florida Kids New Jersey
 Maryland Pennsylvania Kids Virginia

Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Zeposia under the patient's prescription drug benefit.

Description:

FDA-Approved Indications

- A. Zeposia is indicated for the treatment of relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.
- B. Zeposia is indicated for the treatment of moderately to severely active ulcerative colitis (UC) in adults.

All other indications are considered experimental/investigational and not medically necessary.

Applicable Drug List:

Zeposia

Policy/Guideline:

Documentation:

Submission of the following information is necessary to initiate the prior authorization review:

Ulcerative colitis (UC):

- A. Continuation requests: Chart notes or medical record documentation supporting positive clinical response to therapy or remission.

Prescriber Specialties:

The medication must be prescribed by or in consultation with one of the following:

- A. Ulcerative colitis: gastroenterologist
- B. Multiple sclerosis: neurologist

Criteria for Initial Approval:

A. Relapsing Forms of Multiple Sclerosis

Authorization of 12 months may be granted to members who have been diagnosed with a relapsing form of multiple sclerosis (including relapsing-remitting and secondary progressive disease for those who continue to experience relapse). Requests also require that the patient is unable to take the required number of formulary alternatives (3) for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication.

B. Clinically Isolated Syndrome



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Authorization of 12 months may be granted to members for the treatment of clinically isolated syndrome of multiple sclerosis. Requests also require that the patient is unable to take the required number of formulary alternatives (3) for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication.

C. Ulcerative Colitis

Authorization of 12 months may be granted for treatment of moderately to severely active ulcerative colitis. Requests also require the patient is unable to take a preferred adalimumab product, a preferred ustekinumab product, and Rinvoq due to a trial and inadequate treatment response or intolerance, or a contraindication. Documentation is required for approval.

Continuation of Therapy:

A. Relapsing Forms of Multiple Sclerosis and Clinically Isolated Syndrome

Authorization of 12 months may be granted when the member is experiencing disease stability or improvement while receiving Zeposia.

B. Ulcerative Colitis

1. Authorization of 12 months may be granted for all members (including new members) who are using the requested medication for moderately to severely active ulcerative colitis and who achieve or maintain remission.
2. Authorization of 12 months may be granted for all members (including new members) who are using the requested medication for moderately to severely active ulcerative colitis who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when there is improvement in any of the following from baseline:
 - i. Stool frequency
 - ii. Rectal bleeding
 - iii. Urgency of defecation
 - iv. C-reactive protein (CRP)
 - v. Fecal calprotectin (FC)
 - vi. Appearance of the mucosa on endoscopy, computed tomography enterography (CTE), magnetic resonance enterography (MRE), or intestinal ultrasound
 - vii. Improvement on a disease activity scoring tool (e.g., Ulcerative Colitis Endoscopic Index of Severity [UCEIS], Mayo score)

Other:

- A. For all indications: Zeposia will not be used concomitantly with immunomodulators, biologic drugs, targeted synthetic drugs, or disease modifying multiple sclerosis agents (Note: Ampyra and Nuedexta are not disease modifying).



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B. For multiple sclerosis: authorization may be granted for pediatric members less than 18 years of age when benefits outweigh risks.

Dosage and Administration:

Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines.

Approval Duration and Quantity Restrictions:

Approval: 12 months

Quantity Level Limits:

- Zeposia (ozanimod) 7-Day Starter Pack: 1 Starter Pack (7 capsules) per 7 days
- Zeposia (ozanimod) (28-day) Starter Kit (one 7-Day Starter Pack and twenty-one 0.92 mg capsules): 1 Starter Kit (28 capsules) per 28 days
- Zeposia (ozanimod) 0.92 mg capsules: 30 capsules per 30 days

References:

1. Zeposia [package insert]. Princeton, NJ: Bristol-Myers Squibb Company; August 2024.
2. Talley NJ, Abreu MT, Achkar J, et al. An evidence-based systematic review on medical therapies for inflammatory bowel disease. *Am J Gastroenterol.* 2011;106 Suppl 1:S2-S26.
3. Rubin DT, Ananthakrishnan AN, Siegel CA, et al. ACG Clinical Guideline Update: Ulcerative Colitis in Adults. *Am J Gastroenterol.* 2025;120(6):1187-1224.
4. Singh S, Loftus EV Jr, Limketkai BN, et al. AGA Living Clinical Practice Guideline on Pharmacological Management of Moderate-to-Severe Ulcerative Colitis. *Gastroenterology.* 2024;167(7):1307-1343.
5. Rae-Grant A, Day GS, Marrier RA, et al., Practice guideline recommendations summary: Disease-modifying therapies for adults with multiple sclerosis. *Neurology.* 2018;90(17):777-788.