



Getting dental sealants is as easy as 1-2-3!



Dental sealants are a covered benefit for your child with Aetna Better Health® Kids. There is no cost to you!

Dental sealants help to keep smiles healthier

Getting dental sealants is an easy and quick way to help kids have healthy teeth. They lower the risk of getting new cavities. Sealants can even stop early cavities from growing and stop the need for a filling or more.

What are dental sealants and how do they work?

- They are a thin barrier applied to the back teeth.
- They are brushed on and bonded to the chewing area of the back teeth.
- They help keep food and cavity causing bacteria from settling on the teeth.
 - They can even be put on teeth with early cavity (decay) growth. This can stop cavities from getting larger and prevent more damage to your teeth.

Getting sealants applied is quick, easy and painless

- The dental health worker will clean the teeth.
- Then a gel is brushed on the teeth. This kills bacteria. It helps bond the sealant to the teeth.
- After a few seconds, the gel will be rinsed off and tooth is dried off.
- Liquid sealant will be brushed on to the dry teeth.
- It is bonded and hardened using an ultraviolet light for a few seconds.

That's all there is to it! Now the sealant will help prevent cavities and stop them from growing!



The tooth is cleaned and dried.



Liquid sealant is applied and bonded.



The tooth is now sealed!

AetnaBetterHealthKidsPA.com
1-800-822-2447 (TTY: 711)



This is general health information and should not replace the advice or care you get from your provider. Always ask your provider about your own health care needs. **Your managed care plan may not cover all your health care expenses. Read your member handbook carefully to determine which health care services are covered. Call Aetna Better Health® Kids at 1-800-822-2447 (TTY: 711).**

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ATTENTION: If you speak a language other than English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-385-4104 (TTY/PA RELAY: 711) or speak to your provider.

ATENCIÓN: Si habla otro idioma que no sea inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. También, están disponibles sin cargo ayudas y servicios auxiliares apropiados para brindarle información en formatos accesibles. Llame al 1-800-385-4104 (TTY/PA RELAY: 711) o hable con su proveedor.

ВНИМАНИЕ: Если вы говорите на языке, отличном от английского, то вам доступны бесплатные услуги перевода. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также доступны для вас бесплатно. Звоните по номеру 1-800-385-4104 (TTY/PA RELAY: 711) или обратитесь к своему поставщику услуг.