

Program Guidelines

Everyone has different health needs. And we want to help you reach your health goals. The Aetna Better Health® Member Rewards Program rewards you for simply getting routine care. You can earn rewards to use for you and your family.

Getting started is easy. Just look inside for details and guidelines.



Better Oral Health (ages 2–20 years)

To earn this reward, complete a preventive dental visit.



Healthy Kids

For this reward, complete three well child visits before 15 months old. Earn more rewards for completing an additional three visits!



Diabetes and Maternity Care

Please see inside for details on these rewards programs.

If you have any questions about the Member Rewards Program, call us at **1-866-638-1232** (PA Relay: 711).

[AetnaBetterHealth.com/Pennsylvania](https://www.aetna.com/betterhealth/pennsylvania)

Now your family can get rewarded just for getting check-ups that keep you healthy!

You can choose from many gift cards for the following doctor visits*:

- Infant well check-ups (to age 15 months)
- Diabetes tests (Dilated or Retinal Eye Exams and HbA1c Test)
- Prenatal care visit
- Postpartum care visit
- Preventive dental visit (age 2 through 20)

*Look inside for details.

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-385-4104 (PA Relay: 711).

ATENCIÓN: Si usted habla español, los servicios de ayuda de idioma, sin ningún costo, están disponibles para usted. Llamar al 1-800-385-4104 (PA Relay: 711).

ВНИМАНИЕ: Если Вы говорите на русском языке, Вам предлагаются бесплатные переводческие услуги. Позвоните по номеру 1-800-385-4104 (PA Relay: 711).

PA-21-05-03



Be Healthy

**2021 Member Rewards
Get Check-ups, Get Rewards!**

[AetnaBetterHealth.com/Pennsylvania](https://www.aetna.com/betterhealth/pennsylvania)



Aetna Better Health® of Pennsylvania

Aetna Better Health Member Rewards Program

Now you can choose your own reward from a variety of gift cards through phone selection or by going on-line! (Please see FAQs.)

Program	Who Qualifies	Health Action Required	Reward Earned
Diabetes Chronic Care Improvement Ask your PCP about your numbers. Knowing your numbers helps you track the progress you're making toward a healthier you. Healthy living helps you manage your diabetes.	Members who have Type 1 or Type 2 diabetes	Dilated or Retinal Eye Exam HbA1c Test *Screenings must be completed between 5/1/21 and 11/30/21	\$25 Gift Card
Well Child 1st 15 Months Newborns and infants need more regular visits to their Primary Care Provider (PCP) than older children. This is to make sure they are developing normally for their age. Their provider can help keep them healthy.	Children ages 0-15 months	Complete 3 well visits between 5/1/21 and 11/30/21 Complete an additional 3 visits between 5/1/21 and 11/30/21	\$30 Gift Card \$30 Gift Card
Better Oral Health Regular visits with your dentist are a great way to stay healthy. During a dental visit your child's teeth and gums will get cleaned. Your child's dentist will also check for cavities.	Children and teens ages 2 through 20 years	Complete an annual preventive dental visit between 5/1/21 and 11/30/21	\$20 Gift Card
Timeliness of Prenatal Care Begin to see an Obstetrician (OB) as soon as you find out you're pregnant. Your doctor will help you make healthy choices and talk to you about labor and delivery. They will help keep your pregnancy on track.	Members who are pregnant between 5/1/21 and 12/31/21	Complete one prenatal visit in your first trimester or within 42 days of becoming a member with the plan	\$30 Gift Card
Postpartum Care It's important to return to your doctor after your delivery for a postpartum visit. Your doctor can check for postpartum depression and answer any questions about your newborn.	Members who deliver between 5/1/21 and 10/7/21	Complete a postpartum visit 7-84 days after delivery	\$50 Gift Card

A note about claims

Rewards are paid after we receive your claim from your provider. Please allow 4-6 weeks after a claim has been submitted to receive your reward. Remember, we must receive a claim from your doctor to send your reward.

Only members who have Aetna Better Health as their primary (main) insurance are eligible to earn rewards.

Frequently Asked Questions

How do I choose my gift card?

When a reward is earned, you will receive instructions in the mail on how to choose your gift card.

What types of gift cards will I be able to choose from?

The choices will be: Walmart (Restricted), Michael's, Staples, Lowe's, Subway, Home Depot, Apple, iTunes, Google Play, Sunoco, Shell, PeachDish and Dunkin Donuts.

Can I redeem my card for cash?

No. Your card can only be used to purchase allowed products at a store.

Do I throw away the card when I am done?

Yes. Once the entire value of the card has been redeemed, no additional rewards will be loaded.

What if I never received my card?

Please contact Customer Motivators at 888-689-3420.

Aetna Better Health will NOT replace lost or stolen gift cards.