

# Visit with your doctor right on the phone or computer, at no cost to you!

## Services your doctor can provide to you and your family over the phone include:

- Preventive well child visits and developmental screenings
- Assessment of blood pressure (BP)
  - There are electronic BP cuffs that can test your BP and send the result right to your doctor!
- Prenatal care while pregnant
- Postpartum care after having your baby
- Medication checks
- Review of your surroundings to see if there are environmental triggers that might cause allergies or asthma to flare up.
- Your doctor can also review lab or test results over the phone during these visits.

[AetnaBetterHealth.com/Pennsylvania](https://www.aetna.com/betterhealth/pennsylvania)

## Dental Telemedicine

**Dental providers can also visit with you over the phone or computer. The following services are a covered benefit at no cost to you:**

- A visit with a dental hygienist to discuss topics like proper brushing, flossing, and ways to reduce cavities
- Emergency visits with a dentist.



Aetna Better Health® of Pennsylvania





## Finding it hard to get to the doctor's office? Try Telemedicine!

### Need help scheduling an appointment?



We are here to help. Call Member Services at **1-866-638-1232** or (PA Relay: 711).



For assistance with contacting a dental provider, please reach out to SKYGEN USA Dental Member Services at **1-800-508-2072** (PA Relay: 711)

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

**ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you.  
Call 1-800-385-4104 (PA Relay: 711)**

ATENCIÓN: Si usted habla español, los servicios de ayuda de idioma, sin ningún costo, están disponibles para usted. Llamar al 1-800-385-4104 (PA Relay: 711).

ВНИМАНИЕ: Если Вы говорите на русском языке, Вам предлагаются бесплатные переводческие услуги. Позвоните по номеру 1-800-385-4104 (PA Relay: 711).



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