

HEDIS Measure Tip Sheet (ADD)

Attention Deficit Hyperactivity Disorder

This National Committee for Quality Assurance (NCQA) HEDIS® measure looks at members ages 6–12 on newly prescribed attention-deficit/hyperactivity disorder medication who have at least 3 follow-up visits within 10 months (one within 30 days) of the first ADHD medication being dispensed.

There are two phases being evaluated:

Initiation Phase: Members receiving a follow up visit with a prescribing provider within 30 days of receiving their medication

Continuation and Maintenance Phase: Members taking ADHD medication 9 months after the initiation phase and receive 2 additional follow up visits in this time frame

Note: The member must remain on the ADHD medication for at least 7 months (210 days) of the 10-month measurement period to be included in the continuation and maintenance phase.

Need help or more resources?

- For behavioral health service referrals call: [855-346-9828](tel:855-346-9828)
- Send HEDIS related questions to: AetnaBetterHealthPAQM@Aetna.com
- For more information about HEDIS measure specifications and evidence for rationale, please refer to the NCQA Website: ncqa.org/HEDISQualityMeasurement.aspx

Best practices for improving medication adherence

Initiation Phase

- Schedule the initial follow up **no more than 4 weeks** after prescription fill date to prevent a sudden cancellation or change that can move the initial follow up outside of 30 days.
- Be mindful of 31-day months and weekends to ensure follow up is within 30 days.
- May refer patients to an ADHD specialists for continual follow up within the measurement time frames.
- For patients with no ADHD prescription for the past 120 days:
 - Limit to **30 day prescription with no refills** until the patient has the initial follow-up visit.
 - Be sure to schedule the initial follow-up visit **before the patient leaves the office.**
 - Prior to school year, outreach patients to schedule an ADHD med check appointment followed by a 30 day visit for symptom management.

Continuation and Maintenance Phase

- After the initial follow up visit, schedule patients for at least 2 more visits over the next 9 months **before the patient leaves the office.**