



Notice Date

September 10, 2015

AETNA BETTER HEALTH®

Important changes to the **Early and Periodic Screening Diagnosis and Treatment (EPSDT) Periodicity Schedule**

We want to notify our Aetna Better Health providers about changes to the EPSDT Periodicity Schedule that began on **August 10th, 2015** in Pennsylvania. The Department of Human Services (DHS) has updated the schedule based on the American Academy of Pediatrics (AAP) current recommendations described in the third edition of the “Bright Futures Guidelines for Health Supervision of Infants, Children, and Adolescents.”

Changes are listed below:

- Screening for Depression has been added for children ages 11 through 20.
- Dyslipidemia screening between 9 and 11 years of age (in addition to a screening performed between 18 and 20).
- Risk assessment for HIV between 16 and 18 years of age has been added.
- Routine screening for cervical dysplasia (PAP smear) prior to 21 years has been deleted from the schedule.
- Newborn screening for critical congenital heart disease using pulse oximetry before leaving the hospital has been added.
- Newborn Metabolic and Hemoglobin Screening between newborn to 2 months of age has been added.
- Visual screens were to be performed every year from 3 to 20 years of age. DHS has removed the requirement and replaced as a **risk assessment** for children ages 7, 9, 11, 13, 14, 16, 17, 19, and 20.
- Hearing screens were to be performed every year from 3 to 20 years of age. DHS has removed the requirement and replaced as a **risk assessment** for children ages 3, 7, 9, and 11 – 20.
- Vision and Hearing screens will still be performed on the years risk assessments are not required. Vision screens will be performed ages 3, 4, 5, 6, 8, 10, 12, 15, and 18 years. Hearing screens at 4, 5, 6, 8, and 10 years.
- Risk assessment to Dental added for 6-8 months AND 9 – 11 months of age.
- Risk assessment to Dyslipidemia added for 6, 8, 12, 13, 14, 15, and 16 years of age.
- Hematocrit and Hemoglobin (Anemia) risk assessments for 4-5, 15, 18, 24, and 30 months of age, as well as 3 and 4 years of age.