

Adult Annual Dental Visit > 21 YEARS (AADV)

Measurement Year 2021 PAPM Oral Health Performance Measures

Importance of oral health care in adults

Good oral healthcare habits are not only important for children and adolescents, but also adults and expectant mothers. Adults can keep their teeth for a lifetime if they follow some of the below tips on good oral health care:

- Drink plenty of water
- Brushing with a fluoride toothpaste (always be sure to brush before bed)
- Floss once a day
- Do not use any tobacco products and limit alcohol
- Eat a healthy diet
- Having access to routine oral healthcare with a dental practitioner

Having access to routine oral healthcare that includes services such as a dental cleaning can ensure a healthy mouth for your patients and our members. Oral healthcare helps patients to avoid cavities, gum disease, and wearing of their teeth's enamel. Routine oral healthcare with a dental practitioner can also prevent preterm deliveries and low birth weight babies in expectant mothers.

Aetna Better Health measures oral health care for both adults and expectant mothers through the PAPM Oral Health Performance Measure – Adult Annual Dental Visit > 21 YEARS (AADV).

PAPM Measure Description

This measure assesses two Medicaid populations that had at least one dental visit during the measurement year:

- The percentage of enrollees 21 years of age and above who were continuously enrolled during the calendar year. The following age stratifications are reported on:
 - All enrollees ages 21-35 years
 - All enrollees ages 36-59 years
 - All enrollees ages 60-64 years
 - All enrollees ages 65 years and above
 - Total all enrollees 21 years and above
- The percentage of women with a live birth as defined by the HEDIS® Prenatal and Postpartum Care (PPC) measure. The following age stratifications are reported on:
 - Ages 21-35 years
 - Ages 36-59 years
 - Total Ages 21-59 years

*Note: A woman who gave birth during the measurement year may be included in one or both denominators, based on continuous enrollment criteria for each denominator.

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Eligible Population

Ages: 21 and over as of December 31st of the measurement year that fall in to one of the above two populations. Continuous Medicaid enrollment criteria for each population is as follows:

- The percentage of enrollees 21 years of age and older during the measurement year.
- The percentage of women with a live birth as defined by the HEDIS® Prenatal and Postpartum Care (PPC) measure – 43 days prior to delivery through 60 days after delivery.

Capturing Care

Any claim with a dental practitioner during the measurement year meets criteria. A dental practitioner is defined as follows:

- A practitioner who is a Doctor of Dental Surgery (DDS), a Doctor of Dental Medicine (DMD)
 - Certified and licensed dental hygienists are considered dental practitioners.
 - The T1015 codes can be used to capture care as long as it is billed with a U9 modifier.

*Please refer to the oral health coding guide for a listing of codes that will satisfy the AADV Oral Health Performance Measure.

Strategies for Increasing Access to Dental Services and Improving Health Outcomes

- Try other appointment scheduling methods (i.e. email or online portals). Long wait times on the phone may cause patients to seek care elsewhere.

- Keep a few open appointments slots each day to see patients the day they call.
- Offer evening and weekend hours to accommodate all patient schedules.
- If transportation is an issue for keeping appointments offer some of the following resources in the state of Pennsylvania
 - Medical Assistance Transportation (for Medicaid enrollees only). Member can call in to Aetna Better Health of Pennsylvania Member Services for assistance: 1-866-638-1232.
 - Refer parents to school based dental programs in their area so their child can be seen during the school day.
- Advocate for water fluoridation in your community
- Collaborate with Primary Care Providers in the management of members with medication side effects or chronic conditions that can put patients at risk for poor oral health
 - Diabetes
 - Cardiovascular disease
 - Immune Disorders
- Partner with Ob/Gyns in management of oral health services for expectant moms.
 - Collaborate on a streamline referral process
 - Offer your office's contact information to all Ob/Gyn providers in your area

[AetnaBetterHealth.com/Pennsylvania](https://www.aetna.com/better-health/pennsylvania)