

Bright Futures



Bright Futures are services that provide preventive health care to children in the CHIP program ages newborn to 19. We encourage our network PCPs to provide Bright Futures services in compliance with federal, state and contract regulations and at intervals defined by the Bright Futures periodicity schedule.

Bright Futures visit screening services

Aetna Better Health participating practitioners and providers are encouraged to make the following screening services available to CHIP enrollees at the ages recommended on the periodicity schedule. If you are interested in using some recommended screening tools, please refer to the Bright Futures folder in the Quality Improvement Resources section of the Aetna Better Health® Kids website. You may access this information by visiting our website.

- Anemia screening (between age 9-12 months)
- Structured developmental screening (between ages 9-11 months, again at age 18 months and again at age 30 months) using a validated screening tool
- Structured autism screening (at age 18 months and again at age 24 months)
- Visual acuity screening (annually ages 3–19)
- Hearing screening (annually ages 3–19)
- Dyslipidemia screening (once between ages 9 and 11 years and once between ages 17 and 20 years) other ages if indicated by history and/or symptoms
- Blood lead screening – All children should receive a screening blood lead test at twelve (12) months and twenty-four (24) months of age. Children between the ages of thirty-six (36) months and seventy-two (72) months of age with no record of a previous blood lead screening test must receive one.

Required codes

When billing a Bright Futures visit, utilize the appropriate Well-care CPT code, along with the Modifier “EP” to indicate a comprehensive Bright Futures visit occurred. All associated screening and lab codes should also be submitted.

- Well-care visit – 99381–99385 (New Patients), 99391–99395 (Established Patients)
- Anemia screening – 85018
- Structured developmental screening – 96110
- Structured autism screening – 96110 U1
- Visual acuity screening – 99173
- Hearing screening – 92551, 92552
- Dyslipidemia screening – 80061
- Blood lead testing – 83655
- Depression screening 96127 (annually ages 12–19)
- Maternal Depression screening 96161 (Newborn visit through 6 month visit)
- Dental referral – YD

AetnaBetterHealthKidsPA.com
1-800-822-2447 (TTY: 711)

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Aetna Better Health® Kids
A CHIP Health Plan

Dental screening

The first examination and dental referral occurs at the time of the eruption of the first tooth. Dental risk assessments and referral to a dental home is a required component of the Bright Futures visit at ages 12 months, 18 months, 24 months and 30 months, and annually thereafter, or as indicated by the child's risk status/susceptibility to disease.

Providers should check for the following and initiate treatment or refer as necessary:

- Missing permanent teeth
- Fillings present
- Oral infection
- Other oral concerns
- Also, you should:
 - Document the dental referral in the child's medical record
 - Document the referral to the dental home in the child's medical record

Problems suspected during screening exam

You must refer any child under the age of 5 years with a suspected developmental problem (and not already receiving early intervention services) to PA CONNECT at **1-800-692-7288** for appropriate referral to local early intervention services.

You should refer children age 5 and older to the right specialist for further diagnosis and treatment.

Early intervention services may include:

- Assistive technology (devices a child might need)
- Audiology and hearing services
- Speech and language services
- Counseling and training for a family
- Medical services
- Nursing services
- Nutrition services
- Occupational therapy
- Physical therapy
- Psychological services

When you make a referral, be sure to enter the right referral code into line 10d of the CMS 1500.

Bright Futures referral codes (enter on line 10d of CMS 1500)

- YD – Dental Referral
- YV – Vision Referral
- YM – Medical Referral
- YH – Hearing Referral
- YB – Behavioral Health Referral
- YO – Other Referral

Fluoride in the PCP office

You can apply dental fluoride in the PCP office at eruption of first tooth up to four times per year with no age restriction for CHIP enrollees. You can get extra reimbursement for fluoride application. Use code 99188 (CPT).



More Bright Futures required screenings not requiring coding into claim

- Developmental surveillance – newborn through age 19, every visit, except where structured developmental screening is required
- Psychosocial/behavioral assessment – newborn through age 19, every visit
- Tobacco, alcohol and drug use assessment annually through risk assessment, ages 11–19 96160

Testing as indicated by history or symptoms

If indicated by history and/or symptoms, you can order the following tests as part of Bright Futures:

- Tuberculin test
- Sickle Cell
- Sexually transmitted infections
- HIV Screening (ages 11–19 years)
- Dyslipidemia
- Anemia (ages 15 months–19 years)

Strategies for improvement

- Utilize NCQA coding tips to actively reflect care rendered
- Educate staff to schedule visits within the guideline timeframes
- Outreach parents to schedule their child's well child exam
- Exam requirements can be performed during sick visits or a well child exam
- Never miss an opportunity to perform a well child exam, even during a sick visit

Documentation required

Document all screenings and developmental surveillances performed in the medical record, including follow-ups, results, and anticipatory guidance given. The medical record must include documentation indicating that a Developmental Screening was performed with a validated screening tool at 9-11 months, 18 months and 30 months.

Numerator codes

There is a large list of approved NCQA codes used to identify the services included in Bright Futures. For a complete list please refer to the NCQA website at [ncqa.org](https://www.ncqa.org).

