

Understanding Social Determinants of Health (SDOH)

Aetna Better Health® Kids (CHIP)

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.¹

Why are Social Determinants of Health so important?

Identification and tracking of SDOH will allow payers, providers, hospitals and health systems to better track patient needs and identify solutions to improve the health of their communities.

Using SDOH ICD-10 Codes

On the following page you'll find a list of ICD-10 codes that identify specific Social Determinants of Health. As a care provider, you play an important role in helping identify members who may need additional support beyond medical care. If you're providing care to an Aetna Better Health Kids member, you may notice an SDOH that may need to be addressed. You can refer to the following list of ICD-10 codes and include the appropriate code(s) on claims you submit.

By using the appropriate SDOH assessment screening codes, you'll be helping us identify areas of opportunity for our members. As a result, we can integrate appropriate chronic care management with preventive health while connecting members with needed community services.

You can also submit a request for care management services for our members by emailing PACMReferralMailbox@Aetna.com.

¹ Health People 2030 Social Determinants of Health

Social Determinants of Health ICD-10 Codes

Z55: Problems related to education and literacy

Z55.0	Illiteracy and low level literacy
Z55.1	Schooling unavailable and unattainable
Z55.3	Underachievement in school
Z55.4	Education maladjustment and discord with teachers and classmates
Z55.5	Less than a high school diploma
Z55.6	Problems related to health literacy
Z55.9	Problems related to education and literacy, unspecified

Z56: Problems related to employment and unemployment

Z56.0	Unemployment, unspecified
Z56.1	Change of job
Z56.2	Threat of job loss
Z56.3	Stressful work schedule
Z56.4	Discord with boss and workmates
Z56.5	Uncongenial work environment
Z56.81	Sexual harassment on the job
Z56.82	Military deployment status
Z56.9	Unspecified problems related to employment

Z57: Occupational exposure to risk factors

Z57.0	Occupational exposure to noise
Z57.1	Occupational exposure to radiation
Z57.2	Occupational exposure to dust
Z57.3	Occupational exposure to other air contaminants
Z57.4	Occupational exposure to toxic agents in agriculture
Z57.5	Occupational exposure to toxic agents in other industries
Z57.6	Occupational exposure to extreme temperature
Z57.7	Occupational exposure to vibration

Z58: Problems related to physical environment

Z58.6	Inadequate drinking-water supply
Z58.8	Other problems related to physical environment
Z58.81	Basic services unavailable in physical environment
Z58.89	Other problems related to physical environment

Z59: Problems related to housing and economic circumstances

Z59.0	Homelessness
Z59.0	Homelessness, unspecified
Z59.01	Sheltered homelessness
Z59.02	Unsheltered homelessness
Z59.1	Inadequate housing
Z59.10	Inadequate housing, unspecified
Z59.11	Inadequate housing environmental temperature
Z59.12	Inadequate housing utilities
Z59.19	Other inadequate housing
Z59.2	Discord with neighbors, lodgers and landlord
Z59.3	Problems related to living in residential institutions
Z59.4	Lack of adequate food
Z59.41	Food insecurity
Z59.48	Other specified lack of adequate food
Z59.5	Extreme poverty
Z59.6	Low income
Z59.7	Insufficient social insurance and welfare support
Z59.8	Other problems related to housing and economic circumstances
Z59.81	Housing instability, housed
Z59.811	Housing instability, housed, with risk of homelessness
Z59.812	Housing instability, housed, homelessness in past 12 months
Z59.819	Housing instability, housed unspecified
Z59.82	Transportation insecurity
Z59.86	Financial insecurity
Z59.87	Material hardship due to limited financial resources, not elsewhere classified
Z59.89	Other problems related to housing and economic circumstances
Z59.9	Problems related to housing and economic circumstances, unspecified

Social Determinants of Health ICD-10 Codes

Z60: Problems related to social environment

Z60.0	Problems of adjustment to life-cycle transitions
Z60.2	Problems related to living alone
Z60.3	Acculturation difficulty
Z60.4	Social exclusion and rejection
Z60.5	Target of (perceived) adverse discrimination & persecution
Z60.8	Other problems related to social environment
Z60.9	Problems related to social environment, unspecified

Z62: Problems related to upbringing

Z62.0	Inadequate parental supervision and control
Z62.1	Parental overprotection
Z62.2	Upbringing away from parents
Z62.21	Child in welfare custody
Z62.22	Institutional upbringing
Z62.23	Child in custody of non-parental relative
Z62.24	Child in custody of non-relative guardian
Z62.3	Hostility towards and scapegoating of child
Z62.6	Inappropriate (excessive) parental pressure
Z62.8	Other specified problems related to upbringing
Z62.81	Personal history of abuse in childhood
Z62.812	Personal history of neglect in childhood
Z62.814	Personal history of child financial abuse
Z62.815	Personal history of intimate partner abuse in childhood
Z62.819	Personal history of unspecified abuse in childhood
Z62.82	Parent-child conflict
Z62.823	Parent-step child conflict
Z62.83	Non-parental relative or guardian-child conflict
Z62.831	Non-parental relative-child conflict
Z62.832	Non-relative guardian-child conflict
Z62.833	Group home staff-child conflict
Z62.89	Other specified problems related to upbringing
Z62.891	Sibling rivalry
Z62.892	Runaway [from current living environment]

Z63: Other problems related to primary support group, including family circumstances

Z63.3	Absence of family member
Z63.4	Disappearance and death of a family member
Z63.5	Disruption of family by separation and divorce
Z63.6	Dependent relative needing care at home
Z63.7	Other stressful life events affecting family & household
Z63.71	Stress on family due to return of family member from military deployment
Z63.72	Alcoholism and drug addiction in family

Z64: Problems related to certain psychosocial circumstances

Z64.0	Problems related to unwanted pregnancy
Z64.1	Problems related to multiparity
Z64.4	Discord with counselors

Z65: Problems related to other psychosocial circumstances

Z65.0	Conviction in civil and criminal proceedings without imprisonment
Z65.1	Imprisonment and other incarceration
Z65.2	Problems related to release from prison
Z65.3	Problems related to other legal circumstances
Z65.4	Victim of crime and terrorism
Z65.5	Exposure to disaster, war and other hostilities

Z75: Problems related to medical facilities and other health care

Z75.3	Unavailability & inaccessibility of health care facilities
Z75.4	Unavailability & inaccessibility of other helping agencies

Z77: Contact with/suspected exposure to hazardous substances

Z77.011	Contact with and suspected exposure to lead
Z77.090	Contact with and suspected exposure to asbestos