# 2024 Over-the-counter (OTC) product catalog



Get OTC products delivered at no additional cost!





# Get OTC products with NationsBenefits®

Hello, valued member:

As an **Aetna®** member, you have an OTC benefit through **NationsBenefits**. You can use the benefit allowance you receive with your **Aetna Medicare Advantage** plan to buy certain OTC products online, by phone or through the mail.

This catalog lists the OTC products you can order online, by phone or through the mail. You can also use your card allowance to purchase eligible OTC items in select stores. For a full list of items available at an in network retail locations, visit **Aetna.NationsBenefits.com** or the Benefits Pro mobile app.

To order by mail, fill out the enclosed form and mail it to NationsBenefits. This catalog includes an order form and postage-paid envelope for your convenience. If you don't have an envelope, mail the order form to:

NationsBenefits 1700 N. University Drive Plantation, FL 33322

To order online, visit **Aetna.NationsBenefits.com**. First-time users will need to create an account. Be sure to have your Aetna member ID card handy. Follow the instructions on the web page.

Once logged in, you can easily:

- Search by category, price, and more
- View product descriptions, images and more
- Check your available benefit allowance
- Order health and wellness products
- Track your order status in real-time



If you want to order by phone or need help placing an online order, please call **1-877-204-1817 (TTY: 711)**. Member Experience Advisors are available 8 AM to 8 PM local time, 7 days a week, excluding holidays. Language support services are available if needed, at no additional cost.

Sincerely,

#### **Your NationsBenefits Team**



# **Helpful benefit information**

Benefit allowance amounts vary by plan. For details on your plan, check your evidence of coverage (EOC).

#### Here is more information about your OTC benefit:



#### **Benefit usage:**

This benefit is only for you and cannot be used for your family or friends.



#### **Availability:**

Items, amounts, sizes and prices are subject to change depending on availability.



#### **Substitution:**

If an item is out of stock, a similar product of equal or higher value can be shipped.



#### **Delivery:**

Please allow two business days for delivery after you place your order.



#### **Returns:**

If you haven't received your order, please call 1-877-204-1817 (TTY: 711). Or call within 30 days after receiving your order if you received a defective or damaged item. We will ship a replacement for the same item. If your item is not in stock, an item of similar or greater value may be substituted. Damaged or defective items do not need to be returned to NationsBenefits.



#### **Disenrollment:**

If you disenroll from your health plan, your OTC benefit will automatically end.

# Purchasing OTC products has never been easier

#### Choose the best ordering option for you.



# NationsBenefits website



To place an order through the Benefits Pro Portal, scan the QR code using your smartphone camera. Or visit:

Aetna.NationsBenefits.com



#### Benefits Pro app

To place an order through the Benefits Pro app, scan the QR code using your smartphone. Or search "Benefits Pro" on the App Store® or Google Play $^{\text{TM}}$  store.







#### **In-store**

You can use the benefit allowance to buy certain OTC products in store.

Your Extra Benefits Card works like a credit card when making purchases at participating retail locations. You can swipe it at the register and choose credit. You don't need a PIN.

If your purchase is more than your current allowance amount, you can pay out of pocket for the difference. You'll just need to use another form of payment, like cash or a personal credit card. You can't use your prepaid card to buy prescription drugs.

To view a list of eligible OTC items available in store and see a list of participating retail store locations, please visit **Aetna.NationsBenefits.com**.

# Purchasing OTC products has never been easier



#### Mail

To place an order by mail, send your completed order form using the postage paid envelope to:

NationsBenefits 1700 N. University Drive Plantation, FL 33322

**Important:** Orders placed online or by phone are automatically applied to the available allowance at the time the order is placed. Mail orders are applied to the available allowance at the time the mail order is received. We recommend placing your order online or by phone if you are near the end of your current benefit period.



#### Call

To place an order by phone, please call **1-877-204-1817 (TTY: 711)**. Member Experience Advisors are available 8 AM to 8 PM local time, 7 days a week, excluding holidays.

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Adult Washcloths Disposable\*

Count: 48

Item #: 5447

\$7.00

Toothpaste, Colgate®, 4 oz.

Count: 1



Item #: 5047

\$6.00



Q-Tips® Cotton Swabs

Count: 170

Item #: 5608

\$5.00



Aloe Vera Cream, 6 oz.

Count: 1

Item #: 5535

\$4.50



Tylenol<sup>®</sup> Extra Strength Tablets, 500 mg.

Count: 100

Item #: 5423

\$18.00

Flushable Wipes\*

Count: 24



Item #: 5529

\$7.50

Rubbing Alcohol, 70%, 16 oz.\*
Count: 1

Item #: 5541

\$5.00



**Anti-Bacterial Wet Wipes** 

Count: 20

Item #: 5169

\$4.50

CENTURY.

Fish Oil

1000 mg

0mgs-3 150 mg

Nemer teachs Spoor\*

Fish Oil Softgels, 1,000 mg.\*

Count: 60

Item #: 5140

\$10.00



Acetaminophen Extra Strength Tablets, 500 mg.

Count: 100

Item #: 5303

\$7.50

7

**Alcohol Pads\*** 

Count: 100

Item #: 5295 \$4.50

Mouthwash, Listerine® Mint, 8.5 oz.

Count: 1

\$6.50 Item #: 4110

**Cotton Swabs** Count: 300

Item #: 5385 \$4.50

Band-Aids®\* Count: 100

FLEXIBLE

PlusPHARMA Calcium+ Item #: 5128 \$12.50

Calcium + Vitamin D3 Tablets, 600 mg.\* Count: 60

Item #: 5298 \$6.00

Toothpaste, Crest® Sensi-Relief, 4.1 oz.

Count: 1

Item #: 5811 \$9.75

Hydrogen Peroxide, 3%, 8 oz. Count: 1

Item #: 5227

Medicated Lip Balm, 0.15 oz.

\$4.50

Count: 1

Item #: 5559 \$3.00

Interdental Flossers

Count: 90

Item #: 5200 \$4.50

Toothbrush, Colgate® **Adult Soft** 

Count: 1

\$3.50 Item #: 5505





Flossers

8



GERI CARE

Bayer® Enteric Coated Aspirin, Low Dose, 81 mg.

Count: 32

Item #: 5034

\$6.50



Cough Drops, Halls®

Count: 25

Item #: 5202



Coenzyme Q-10, 100 mg.\*\*

Item #: 5156

\$14.00



Toothbrush, Colgate® **Adult Medium** 

Count: 1

Item #: 5101 \$3.50



Vitamin D3, 125 mcg.\*\*

Count: 100

Item #: 5749

\$10.00



Bandages, Assorted\*

Count: 100

Item #: 5173

\$6.00

\$5.00



Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.

Count: 120

Item #: 5090

\$6.00



Vapor Rub, 3.5 oz.

Count: 1

Item #: 5511

\$6.00



Ibuprofen Tablets, 200 mg.

Count: 100

Item #: 5485

\$6.50



Disposable Underwear Pull-Up, Medium, 34" to 44"\*

Count: 20

Item #: 5883

\$17.00



**Bathing Wipes** Count: 8

Item #: 5825 \$9.00

Clear Eyes® Eye Drops, 0.2 oz. Count: 1

Item #: 5487 \$5.00



**Denture Cleaning Tablets** 

Count: 40

Item #: 5546 \$5.50



Disposable Gloves, Nitrile, Large

Count: 100

Item #: 5191 \$17.00



Toothpaste, Sensodyne® **Extra Whitening Sensitive** Teeth, 4 oz.

Count: 1

\$11.50 Item #: 4065



Artificial Tears Drops, 0.5 oz.

Count: 1



Item #: 5004 \$6.25



Anti-Dandruff Shampoo, 11 oz.

Count: 1

Attends @

Disposable Underwear Pull-Up, Large, 44" to 58"\*

Count: 18



Item #: 5882 \$17.00



Loperamide Anti-Diarrheal Caplets, 2 mg.\*

\$5.50

Count: 12

Item #: 5390

Item #: 5429 \$6.50



Aspirin Chewables, Low Dose, 81 mg.

Count: 36

Item #: 5073 \$4.50

10



Antacid Chewables, Extra Strength, 750 mg.

Count: 96

Item #: 5438

\$5.50



Dry Skin Cream, 16 oz.

Count: 1

Item #: 5091

\$10.50



Disposable Gloves, Nitrile, Medium

Count: 100

Item #: 5193

Item #: 5250

Item #: 5702

\$17.00

\$11.00



Hydrocortisone Cream,

1%, 1 oz.

Count: 1



Item #: 5400 \$5.00

**NEOSPORIN** 

Neosporin® Plus, 0.5 oz.

Count: 1

freshmint

Toothpaste, Sensitive Teeth, 4.3 oz.

Count: 1

Item #: 5421 \$5.00



Toothbrush, Soft 2-pack

Count: 1

Centrum ADULTS 50+ Centrum® Silver Vitamins\*

Count: 125



Item #: 5001 \$23.00



**Feminine Hygiene Wipes** 

Count: 40

Item #: 5114

\$5.50

\$6.00

Melatonin Gummy, 5 mg.\* Count: 120

Item #: 5358

\$14.00

Item#	Description	Count	Price
	Anticandidal (Yeast)		
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1%, 1.5 oz.	1 ct.	\$9.00
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 2%, 0.32 oz.	1 ct.	\$15.00
5283	Monistat® Vaginal Cream, 3-Day, 4%, 0.18 oz.	1 ct.	\$24.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%, 0.16 oz.	1 ct.	\$18.00
	Bathroom safety & fall prevention		
5647	Bath Mat, Non-Skid	1 ct.	\$14.00
5851	Bath Safety Bench with Back	1 ct.	\$57.50
4156	Bath Safety Bench with Back & Arms	1 ct.	\$95.00
4157	Bath Safety Bench with Back, Bariatric	1 ct.	\$85.00
5537	Bath Safety Bench without Back	1 ct.	\$45.00
4051	Bath Safety Bench without Back, Bariatric	1 ct.	\$65.00
4180	Bath Safety Bench, Round	1 ct.	\$37.50
4158	Bed Alarm	1 ct.	\$55.00
5802	Bed Assist Bar	1 ct.	\$55.00
4159	Bed Wedge	1 ct.	\$55.00
4160	Bedside Commode Bucket	1 ct.	\$6.50
4161	Bedside Commode Liners	12 ct.	\$13.00
5708	Bedside Commode*	1 ct.	\$75.00
4162	Bedside Commode, Bariatric	1 ct.	\$127.50
4163	Bedside Commode, Bariatric Drop Arm	1 ct.	\$220.00
4164	Bedside Commode, Drop Arm	1 ct.	\$120.00
4165	Bedside Overbed Table	1 ct.	\$100.00
4166	Cane Tips, Quad	2 ct.	\$4.00
4167	Cane, Offset	1 ct.	\$14.00
4168	Cane, Offset Bariatric	1 ct.	\$25.00
4169	Cane, Round Handle	1 ct.	\$14.00
4170	Crutches, Adult	1 pair	\$50.00
4171	Crutches, Forearm	1 pair	\$55.00
4172	Crutches, Tall	1 pair	\$47.50
4215	Cushion, Gel/Foam Wide Seat	1 ct.	\$40.00
4173	Fall Mat	1 ct.	\$100.00
5803	Gait Belt, 60"	1 ct.	\$15.00
5804	Gait Belt, 72"	1 ct.	\$15.00
5591	Handheld Shower Head	1 ct.	\$25.00

Item#	Description	Count	Price
	Bathroom safety & fall prevention		
4174	Hemi Walker	1 ct.	\$60.00
5218	Knurled Chrome Grab Bar, 12"	1 ct.	\$17.00
5542	Knurled Chrome Grab Bar, 24"	1 ct.	\$22.00
5805	Knurled Chrome Grab Bar, 32"	1 ct.	\$34.00
5534	Raised Toilet Seat with Arms	1 ct.	\$45.00
5532	Raised Toilet Seat, Locking	1 ct.	\$35.00
4175	Raised Toilet Seat, Non-Locking	1 ct.	\$35.00
4071	Safety Treads, Tub & Stair	1 pack	\$4.75
5853	Shower Mat, Non-Skid	1 ct.	\$14.00
5806	Slipper Socks, One Size Fits Most	1 ct.	\$5.50
5533	Toilet Safety Rails	1 ct.	\$45.00
5536	Transfer Bench, Adjustable	1 ct.	\$90.00
4184	Trapeze Bar	1 ct.	\$140.00
5230	Tub Safety Bar	1 ct.	\$40.00
5032	Tub Safety Bar, Suction 12"	1 ct.	\$16.00
4186	Tub Safety Bar, Suction 19"	1 ct.	\$32.50
4195	Walker with Wheels	1 ct.	\$60.00
4196	Walker without Wheels	1 ct.	\$46.50
4197	Walker, Bariatric with Wheels	1 ct.	\$92.50
4198	Walker, Bariatric without Wheels	1 ct.	\$80.00
	Child care		
5452	Baby Lotion, 3.5 oz.	1 ct.	\$2.00
5496	Baby Wipes	80 ct.	\$3.00
4431	Electrolyte Solution, 33.8 oz.	1 ct.	\$7.00
4430	Gas Relief, Infant Drops, 20 mg., 1 oz.	1 ct.	\$4.50
4434	Nasal Aspirator	1 ct.	\$5.00
	Cold, flu & allergy		
5252	Abreva® Cream, 10%, 2 gm.	1 ct.	\$26.00
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$6.00
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	1 ct.	\$13.00
5790	Airborne® Chew**	32 ct.	\$12.50
5606	Blistex® Ointment, 0.15 oz.	1 ct.	\$4.50
5344	Carmex®	1 ct.	\$3.00
5133	Cepacol® Sore Throat Lozenges	16 ct.	\$6.50
5052	Cetirizine Allergy Tablets, 10 mg.	30 ct.	\$9.50
4055	Children's Cough, Cold, Allergy and Decongestant, 4 oz.	1 ct.	\$4.00

Item#	Description	Count	Price
	Cold, flu & allergy		
6015	Chlorpheniramine Maleate Allergy Tablets, 4 mg.	100 ct.	\$5.75
5334	Claritin® Tablets, 10 mg.	10 ct.	\$18.00
4102	Cold-Eeze® Lozenges, Honey Lemon	25 ct.	\$17.00
5163	Coricidin®	20 ct.	\$12.00
5338	Cough & Cold for High Blood Pressure	16 ct.	\$6.50
5220	Cough Drops, Cherry	30 ct.	\$3.50
5545	Cough Drops, Honey Lemon	30 ct.	\$3.50
5126	Cough Drops, Menthol	30 ct.	\$3.50
5405	Cough Drops, Sugar-Free	25 ct.	\$4.00
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	1 ct.	\$13.00
5399	Day & Night Cold & Flu Caplets	20 ct.	\$7.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$6.00
5236	Day Cold & Flu Softgels	16 ct.	\$9.00
5234	DayQuil® Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$12.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	24 ct.	\$4.00
5854	Diphenhydramine Allergy Tablets, 25 mg.	100 ct.	\$6.00
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$12.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	1 ct.	\$23.00
5095	Green Tea Flu & Cold Honey Lemon	6 ct.	\$9.00
6028	Herpecin-L® Lip Balm, 1%, 0.1 oz.	1 ct.	\$9.00
5503	Humidifier, Ultra-Sonic	1 ct.	\$55.00
5614	Humidifier, Ultra-Sonic, Crane®	1 ct.	\$65.00
4001	Levocetirizine Allergy Tablets, 5 mg.	35 ct.	\$5.00
5418	Loratadine Allergy Tablets, 10 mg.	30 ct.	\$4.00
5857	Loratadine Allergy Tablets, 10 mg.	90 ct.	\$12.00
6031	Loratadine Allergy Tablets, 10 mg.	365 ct.	\$24.50
4070	Mentholatum® Original Ointment Vapor Rub, 1 oz.	1 ct.	\$4.75
5237	Mucinex® Day/Night Caplets	40 ct.	\$27.00
5465	Mucinex® DM Tablets, 600 mg., 30 mg.	20 ct.	\$17.00
5464	Mucinex® Tablets, 600 mg.	20 ct.	\$18.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10.50
5087	Mucus Relief DM Tablets, 400 mg., 20 mg.	30 ct.	\$8.00
5691	Mucus Relief Tablets, 400 mg.	100 ct.	\$9.00
6061	Multi-Symptom Cold Formula Caplets, 10 mg., 5 mg., 325 mg.	24 ct.	\$5.75
5345	Nasacort® Allergy Relief 24-Hour, 60 sprays, 10.8 ml.	1 ct.	\$22.00

Item#	Description	Count	Price
	Cold, flu & allergy		
5799	Nasal Decongestant Inhaler, Levmetamfetamine, 0.007 oz.	1 ct.	\$8.00
5082	Nasal Decongestion PE Tablets, 10 mg.	36 ct.	\$5.50
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	1 ct.	\$5.50
5807	Nasal Rinse Kit, Saline	1 kit	\$19.00
5197	Neti Pot	1 ct.	\$14.50
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$7.50
5083	Night Cold & Flu Softgels	16 ct.	\$8.50
5233	NyQuil® Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$12.00
5235	NyQuil® Softgels LiquiCaps®, 325 mg., 15 mg., 6.25 mg.	16 ct.	\$12.00
5692	Personal Steam Inhaler	1 ct.	\$53.00
5005	Robitussin® DM Syrup, 200 mg., 20 mg., 4 oz.	1 ct.	\$11.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	1 ct.	\$4.00
5693	Sore Throat Lozenges, Cherry	18 ct.	\$5.00
5694	Sore Throat Spray, Cherry, 6 oz.	1 ct.	\$6.75
5007	Thera-Flu® Multi-Symptom, Lemon, 500 mg., 20 mg., 10 mg.	6 ct.	\$14.00
4094	Tussin CF Syrup, 200 mg., 20 mg., 10 mg., 4 oz.	1 ct.	\$3.75
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	1 ct.	\$5.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	1 ct.	\$7.00
5008	Tylenol® Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$12.50
4066	Zicam® Cold Remedy RapidMelts®	25 ct.	\$18.50
5426	Zyrtec®, 10 mg.	14 ct.	\$22.00
	Dental & denture care		
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$14.00
5330	Dental Floss, Mint Waxed	1 ct.	\$3.50
5130	Dental Floss, Reach®, Mint Waxed	1 ct.	\$4.00
4127	Dental Night Guard	1 ct.	\$30.00
5168	Dental Travel Kit	1 ct.	\$7.00
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$5.00
5626	Denture Brush	1 ct.	\$3.00
5808	Efferdent® Plus Mint Tablets	44 ct.	\$9.00
5204	Efferdent® Tablets	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	1 ct.	\$4.00
5379	Fixodent® Cream, 2.4 oz.	1 ct.	\$7.00
4073	Interdental Gum Brushes	10 ct.	\$4.75
4128	Loose Cap and Filling Repair	1 ct.	\$5.00
5113	Mouthwash, 4 oz.	1 ct.	\$2.50

Item#	Description	Count	Price
	Dental & denture care		
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	1 ct.	\$4.00
5701	Polident® Denture Cream, 3.9 oz.	1 ct.	\$8.50
5809	Polident® Overnight	84 ct.	\$13.00
5810	Tongue Cleaner	1 ct.	\$6.00
5253	Tooth & Gum Cleanser	1 ct.	\$2.00
4129	Toothbrush Protector	1 ct.	\$1.75
5510	Toothbrush, Adult	1 ct.	\$2.00
6051	Toothbrush, Battery Powered	1 ct.	\$21.00
5160	Toothbrush, Rechargeable	1 ct.	\$42.50
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$18.00
5241	Toothpaste Squeezer	1 ct.	\$3.50
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$5.50
5859	Toothpaste, Pepsodent®, 5.5 oz.	1 ct.	\$4.75
5530	Toothpaste, Travel Size, 0.85 oz.	1 ct.	\$1.25
5294	Toothpaste, Ultrabrite®, 6 oz.	1 ct.	\$5.00
5703	Water Jet Replacement Tips	5 ct.	\$17.00
5654	Water Jet, Battery Operated	1 ct.	\$47.50
	Diabetes care		
4109	Alcohol Pads, Large*	100 ct.	\$5.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$13.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$9.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$9.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$9.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	1 ct.	\$11.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	1 ct.	\$11.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	1 ct.	\$11.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	1 ct.	\$11.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	1 ct.	\$11.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	1 ct.	\$11.00
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$9.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$9.00
5861	Diabetic Socks, White, X-Large, 3-pack	1 ct.	\$9.00
5313	Glucose Tablets	50 ct.	\$8.00
5528	Sharps Container, 1 qt.	1 ct.	\$5.00

Item#	Description	Count	Price
	Digestive health		-
5214	Alka-Seltzer® Tablets	24 ct.	\$8.00
6004	Antacid / Anti-Gas Liquid, 12 oz.	1 ct.	\$6.00
5304	Antacid Chewables, 500 mg.	150 ct.	\$6.50
4063	Antacid Soft Chewables, Ultra Strength, 1,177 mg.	36 ct.	\$6.00
5060	Anti-Nausea Liquid, 4 oz.	1 ct.	\$5.00
6062	Beano®	30 ct.	\$10.00
5075	Bisacodyl Suppository, 10 mg.	12 ct.	\$4.50
5213	Bisacodyl Tablets, 5 mg.	100 ct.	\$3.75
5475	Colace® Caplets, 100 mg.	30 ct.	\$20.00
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$7.50
5254	Dramamine® Tablets, 50 mg.	36 ct.	\$16.00
5238	Driminate Motion Sickness Tablets, 50 mg.	12 ct.	\$2.75
5477	Dulcolax® Suppository, 10 mg.	8 ct.	\$18.00
5554	Dulcolax® Tablets, 5 mg.	25 ct.	\$12.00
5466	Effervescent Tablets	36 ct.	\$6.00
5036	Enema, Mineral Oil, 4.5 oz.	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2.00
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$17.00
5079	Famotidine Acid Reducer, 10 mg.*	30 ct.	\$6.50
5021	Fiber Laxative Caplets, 625 mg.	90 ct.	\$11.00
5028	Fleet® Saline Enema, 4.5 oz.	1 ct.	\$3.75
5280	Gas Relief Chewable Tablets, 80 mg.	100 ct.	\$7.00
5009	Gas-X® ES Chewables, 125 mg.	18 ct.	\$10.00
5188	Glycerin Suppositories	25 ct.	\$5.75
5043	Lactaid® Tablets, 9,000 FCC	32 ct.	\$15.00
5077	Lactase Enzyme Caplets, 9,000 FCC	60 ct.	\$9.00
4122	Lansoprazole Acid Reducer, Delayed Release Capsules, 15 mg.*	14 ct.	\$8.00
4064	Loperamide Anti-Diarrheal Liquid, 1 mg., 4 oz.	1 ct.	\$6.00
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets, 2 mg., 125 mg.*	12 ct.	\$6.00
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	1 ct.	\$4.75
6033	Meclizine Motion Sickness Tablets, 12.5 mg.	100 ct.	\$7.50
5292	Metamucil®, Orange, 114 dose, 48 oz.	1 ct.	\$30.00
5290	Metamucil®, Sugar-Free Orange, 72 dose, 15 oz.	1 ct.	\$26.00
5697	Methylcellulose Fiber Therapy, 16 oz.	1 ct.	\$12.00
5795	Milk of Magnesia, 12 oz.	1 ct.	\$4.50

Item#	Description	Count	Price
	Digestive health		
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	1 ct.	\$11.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	1 ct.	\$17.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	1 ct.	\$14.00
5056	Nexium®, 20 mg.*	14 ct.	\$17.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	14 ct.	\$9.50
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$24.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets, 20 mg.*	42 ct.	\$24.00
5217	Pepcid® AC, 10 mg.*	30 ct.	\$16.00
5289	Pepto-Bismol® Tablets, 262 mg.	30 ct.	\$8.00
5287	Pepto-Bismol®, 525 mg., 16 oz.	1 ct.	\$12.00
5286	Pepto-Bismol®, 525 mg., 8 oz.	1 ct.	\$8.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	1 ct.	\$14.00
5288	Prilosec OTC®, 20 mg.*	14 ct.	\$18.00
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	60 ct.	\$4.50
5062	Stomach Relief Liquid, 525 mg., 8 oz.	1 ct.	\$5.50
5336	Stomach Relief Tablets, 262 mg.	30 ct.	\$5.00
5361	Tucks® Medicated Cooling Pads, 50%	100 ct.	\$14.00
5800	TUMS® Extra Strength, 750 mg.	96 ct.	\$8.50
4147	TUMS® Smoothies Extra Strength, 750 mg.	60 ct.	\$10.00
4146	TUMS® Ultra Strength, 1,000 mg.	72 ct.	\$10.00
5247	Vitafusion® Fiber Gummy*	90 ct.	\$18.50
	Eye & ear care		
5031	Ear Dry Drops, 1 oz.	1 ct.	\$7.50
5815	Ear Pain Relief Ear Drops, 10 ml.	1 ct.	\$12.50
5166	Ear Syringe	1 ct.	\$2.25
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	1 ct.	\$4.50
5704	Earwax Removal System with Rubber Bulb, 6.5%	1 ct.	\$9.50
5138	Eye Wash Solution, 3.9 oz.	1 ct.	\$8.00
5041	Irritation Relief Eye Drops, 0.5 oz.	1 ct.	\$8.00
4096	Lubricating Eye Drops, 0.4%, 0.5 oz.	1 ct.	\$10.00
4104	Lubricating Eye Drops, Refresh Plus®, 0.5%, 0.01 oz.	50 ct.	\$29.00
4105	Lubricating Eye Drops, Refresh Tears®, 15 ml.	1 ct.	\$18.50
5705	Multi-Purpose Contact Lens Solution, 12 oz.	1 ct.	\$8.00
5473	Pain Relief Mask, Gel	1 ct.	\$7.00
5513	Reading Glasses, Diopter +1.0	1 ct.	\$5.00

Item#	Description	Count	Price
	Eye & ear care		
5514	Reading Glasses, Diopter +1.25	1 ct.	\$5.00
5515	Reading Glasses, Diopter +1.5	1 ct.	\$5.00
5516	Reading Glasses, Diopter +1.75	1 ct.	\$5.00
5517	Reading Glasses, Diopter +2.0	1 ct.	\$5.00
5518	Reading Glasses, Diopter +2.25	1 ct.	\$5.00
5519	Reading Glasses, Diopter +2.5	1 ct.	\$5.00
5520	Reading Glasses, Diopter +2.75	1 ct.	\$5.00
5521	Reading Glasses, Diopter +3.0	1 ct.	\$5.00
5522	Reading Glasses, Diopter +3.25	1 ct.	\$5.00
5523	Reading Glasses, Diopter +3.5	1 ct.	\$5.00
4041	Reading Glasses, Diopter +3.75	1 ct.	\$5.00
5524	Reading Glasses, Diopter +4.0	1 ct.	\$5.00
5048	Redness Relief Eye Drops, 0.5 oz.	1 ct.	\$4.50
5706	Stye Eye Compress	1 ct.	\$11.50
5707	Stye Eye Ointment, 3.5 gm.	1 ct.	\$11.00
5494	Visine® Redness Relief Drops, 0.5 oz.	1 ct.	\$12.00
	Feminine care		
5619	Estroven® Menopause Relief**	30 ct.	\$17.00
4155	Feminine Anti-Itch Cream, 20%, 1 oz.	1 ct.	\$3.75
4361	Tampons	20 ct.	\$7.50
	First aid & medical supplies		
5404	Adhesive First Aid Tape*	1 ct.	\$3.50
5682	Alcohol Swabs*	3 ct.	\$3.50
5816	Antiseptic Skin Cleanser, 8 oz.	1 ct.	\$11.00
6005	Antiseptic Towelettes	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$5.00
5698	Bactine® Solution, 5 oz.	1 ct.	\$10.00
5151	Bandage, Stretch Gauze*	1 ct.	\$4.00
4061	Bandages, Finger and Knuckle	20 ct.	\$5.00
4093	Bandages, Knuckle	100 ct.	\$7.50
5203	Benadryl® Cream, 1 oz.	1 ct.	\$8.00
5547	Burn Relief Spray, 4 oz.	1 ct.	\$7.00
5199	Butterfly Closures	12 ct.	\$4.00
5066	Calamine Lotion, 6 oz.	1 ct.	\$5.00
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 6 oz.	1 ct.	\$7.00
5192	Cotton Balls	100 ct.	\$4.00

Item#	Description	Count	Price
	First aid & medical supplies		
5866	Cotton Tipped Applicator, 6"	1,000 ct.	\$10.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	1 ct.	\$5.50
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$17.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$17.00
5711	First Aid Kit, 175 Pieces	1 ct.	\$16.25
5867	First Aid Kit, 20 Pieces	1 ct.	\$4.50
5612	First Aid Kit, 75 Pieces	1 ct.	\$9.00
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	1 ct.	\$7.00
5459	Gauze Pad, Sterile*	100 ct.	\$11.00
5433	Gauze Sponges, 4" x 4"*	25 ct.	\$7.00
5527	Hydrogen Peroxide, 3%, 4 oz.	1 ct.	\$2.50
5317	Ice Bag	1 ct.	\$8.00
5045	Liquid Bandage, 0.3 oz.	1 ct.	\$9.00
5059	Neosporin® Ointment, 0.5 oz.	1 ct.	\$8.00
5437	Petroleum Jelly, 4 oz.	1 ct.	\$4.00
5281	Pocket Facial Tissue	1 ct.	\$1.50
5712	Povidone Iodine Solution Antiseptic, 4 oz.	1 ct.	\$5.75
6079	PPE Kit (2 Pair Gloves, 1 Face Mask, 4 Alcohol Prep Pads)	1 kit	\$6.00
5817	Procedural Face Masks with Earloops	50 ct.	\$14.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6042	Tape, Paper Surgical, 2" x 10 yd.*	1 ct.	\$3.50
6043	Tape, Silk Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6044	Tape, Silk Surgical, 2" x 10 yd.*	1 ct.	\$3.50
6045	Tape, Transparent Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6046	Tape, Transparent Surgical, 2" x 10 yd.*	1 ct.	\$3.50
4082	Tegaderm™ Patches, 2.375" x 2.75"	8 ct.	\$13.00
5544	Toe Separator	6 ct.	\$8.50
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	1 ct.	\$6.00
5869	Triple Antibiotic Ointment, 1 oz.	1 ct.	\$5.50
5121	Warm & Cold Water Bottle	1 ct.	\$9.00
	Food		
7147	Ensure® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7146	Ensure® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7153	Glucerna® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7148	Glucerna® Vanilla Shake, 8 oz.	6 ct.	\$20.00

Item#	Description	Count	Price
	Foot care		
5818	Bunion Guard	1 ct.	\$9.00
5219	Callus Cushions	6 ct.	\$2.75
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1 ct.	\$4.00
5497	Compound W® Gel, 17%, 0.25 oz.	1 ct.	\$13.00
5196	Corn & Callus Remover, 0.33 oz.	1 ct.	\$6.00
6018	Corn Remover Pads	9 ct.	\$5.75
5819	Hammer Toe Crest	1 ct.	\$10.00
5667	Lamb's Wool Padding	1 ct.	\$4.00
5164	Liquid Wart Remover, 0.31 oz.	1 ct.	\$6.00
5013	Lotrimin® AF Cream, 1%, 0.42 oz.	1 ct.	\$14.00
5158	Medicated Callus Removers	6 ct.	\$3.75
5431	Miconazole Nitrate, 2%, 1 oz.	1 ct.	\$6.25
5159	Moleskin Sheets	4 ct.	\$4.00
4218	Plantar Fasciitis Sleeve, Large	1 ct.	\$14.00
4217	Plantar Fasciitis Sleeve, Medium	1 ct.	\$14.00
4216	Plantar Fasciitis Sleeve, Small	1 ct.	\$14.00
4219	Plantar Fasciitis Sleeve, X-Large	1 ct.	\$14.00
5162	Tinactin® Cream, 1%, 0.5 oz.	1 ct.	\$17.00
4045	Toe Cushions, Foam (4-in-1)	1 pair	\$6.50
6050	Toe Protector, Large	1 ct.	\$8.00
6049	Toe Protector, Small	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$5.00
	Hemorrhoidal preparations		
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$6.00
5076	Hemorrhoid Pad, 50%	100 ct.	\$8.00
5351	Hemorrhoid Suppository	12 ct.	\$6.75
4044	Preparation H® Cream, 1.8 oz.	1 ct.	\$25.00
5820	Preparation H® Medicated Wipes	48 ct.	\$11.50
5057	Preparation H® Ointment, 2 oz.	1 ct.	\$21.00
	Home diagnostic & patient aids		
5813	Activity Tracker	1 ct.	\$55.00
4357	Air Purifier	1 ct.	\$95.00
4050	Automatic Pill Dispenser	1 ct.	\$120.00
5602	Bathroom Scale, Dial***	1 ct.	\$20.00
5814	Bathroom Scale, Digital Talking***	1 ct.	\$55.00
5119	Bathroom Scale, Digital***	1 ct.	\$47.50

Item#	Description	Count	Price
	Home diagnostic & patient aids		
5562	Blood Pressure Monitor, Manual**	1 ct.	\$15.00
4428	Blood Pressure Monitor, Upper Arm Automatic, Adult (8.6"-11.8") & X-Large Cuff (16.5"-18.8")**	1 ct.	\$45.00
5371	Blood Pressure Monitor, Upper Arm Automatic**	1 ct.	\$37.50
5573	Blood Pressure Monitor, Upper Arm Talking**	1 ct.	\$50.00
4100	Blood Pressure Monitor, Upper Arm, Omron®**	1 ct.	\$55.00
5872	Blood Pressure Monitor, Wrist Talking**	1 ct.	\$42.50
4099	Blood Pressure Monitor, Wrist, Omron®**	1 ct.	\$62.50
5370	Blood Pressure Monitor, Wrist**	1 ct.	\$35.00
5100	Button & Zipper Aid	1 ct.	\$6.00
6013	Cast, Bandage & Wound Protector, Arm	2 ct.	\$14.00
6014	Cast, Bandage & Wound Protector, Leg	2 ct.	\$14.00
5709	Cushion, Foam Ring	1 ct.	\$20.00
5710	Cushion, Gel/Foam Seat	1 ct.	\$30.00
5873	Cushion, Lumbar	1 ct.	\$21.00
4053	Deep Tissue Therapy Wand	1 ct.	\$55.00
4002	Drug Disposal System, 4 oz.	1 ct.	\$7.50
5723	EZ Detect™ Colon Cancer Test Kit**	1 ct.	\$19.50
5201	Heart Rate Monitor Watch**	1 ct.	\$40.00
5778	HIV Test**	1 ct.	\$43.00
5124	Kitchen Scale, Dial**	1 ct.	\$7.00
5821	Kitchen Scale, Digital**	1 ct.	\$25.00
6034	Medical ID Bracelet, Diabetic	1 ct.	\$11.00
6035	Medical ID Bracelet, Heart	1 ct.	\$11.00
4003	Medication Lock Box	1 ct.	\$45.00
5822	Medicine Bottle Opener with Magnifier	1 ct.	\$10.00
4429	Oral Syringe, 6 ml.	1 ct.	\$2.50
9998	OTC Rapid Antigen Test, COVID-19, 2-Pack	1 ct.	\$30.00
4141	Pedometer	1 ct.	\$15.00
5246	Pill Bottle Opener Aid	1 ct.	\$8.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$3.75
5210	Pill Box, 7 Day, 4 Times a Day	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9.00
5823	Pill Crusher with Storage	1 ct.	\$9.50
5824	Pill Cutter with Safety Shield	1 ct.	\$7.00
5096	Pulse Oximeter**	1 ct.	\$40.00

Item#	Description	Count	Price
	Home diagnostic & patient aids		
5098	Reaching Aid Device	1 ct.	\$16.00
5656	Shoe Horn	1 ct.	\$2.00
5415	Thermometer Probe Cover	30 ct.	\$3.00
5149	Thermometer, 60 Second	1 ct.	\$3.00
6048	Thermometer, Digital Ear	1 ct.	\$30.00
5172	Thermometer, Flex Tip	1 ct.	\$7.50
4436	Thermometer, No-Touch Temple	1 ct.	\$25.00
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$48.50
	Home health care		
4126	Cane Tip, 3/4"	1 ct.	\$4.00
5539	Cane, Adjustable Quad Bariatric*	1 ct.	\$37.00
6041	Cane, Adjustable Quad Large*	1 ct.	\$22.00
5315	Cane, Adjustable Quad Standard*	1 ct.	\$22.00
5538	Cane, Folding*	1 ct.	\$14.00
5482	Pregnancy Test	1 ct.	\$8.00
	Incontinence supplies		
5525	A&D Ointment, 4 oz.	1 ct.	\$4.00
4095	A&D Plus Vitamin E Ointment, 13 oz.	1 ct.	\$7.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	24 ct.	\$20.00
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	24 ct.	\$18.00
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"*	20 ct.	\$20.00
5714	Attends® Discreet Men's Guard*	20 ct.	\$14.00
5880	Attends® Discreet Women's Maximum Bladder Control Pad*	20 ct.	\$11.00
5879	Attends® Discreet Women's Moderate Bladder Control Pad*	20 ct.	\$9.00
5881	Attends® Discreet Women's Panty Liner*	28 ct.	\$8.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad*	20 ct.	\$22.00
5716	Attends® Discreet Women's Ultrathin Pad*	20 ct.	\$8.00
4417	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Large, 44" to 58"*	16 ct.	\$35.00
4416	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Medium, 34" to 44"*	18 ct.	\$35.00
4418	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, X-Large, 58" to 68"*	14 ct.	\$35.00
4419	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, XX-Large, 68" to 80"*	10 ct.	\$35.00
5717	Barrier Cream, 4 oz.	1 ct.	\$8.50
6011	Bedpan	1 ct.	\$3.00

Item#	Description	Count	Price
	Incontinence supplies		
5150	Bladder Control Pad, Adult*	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy*	20 ct.	\$20.00
5718	Bladder Control Shaped Pad, Maximum Absorbency*	28 ct.	\$14.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	28 ct.	\$13.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	28 ct.	\$17.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	14 ct.	\$17.00
5445	Lady's Washable Panty, Large*	1 ct.	\$22.00
5444	Lady's Washable Panty, Medium*	1 ct.	\$22.00
5443	Lady's Washable Panty, Small*	1 ct.	\$22.00
5446	Lady's Washable Panty, X-Large*	1 ct.	\$22.00
6030	Lantiseptic® Skin Protectant Ointment, 50%, 4 oz.	1 ct.	\$10.00
5439	Men's Washable Underwear, Large*	1 ct.	\$22.00
5441	Men's Washable Underwear, Medium*	1 ct.	\$22.00
5440	Men's Washable Underwear, Small*	1 ct.	\$22.00
5442	Men's Washable Underwear, X-Large*	1 ct.	\$22.00
5885	No-Rinse Body Wash, 8 oz.	1 ct.	\$4.00
6040	Perineal Wash Rinse-Free, 8 oz.	1 ct.	\$4.75
6058	Underpad, Disposable, 23" x 24"*	50 ct.	\$16.50
5721	Underpad, Disposable, 23" x 36"*	15 ct.	\$12.00
5722	Underpad, Disposable, 30" x 30"*	10 ct.	\$11.00
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"*	5 ct.	\$14.50
4187	Urinal, Female	1 ct.	\$11.00
6032	Urinal, Male	1 ct.	\$3.75
5413	Zinc Oxide Ointment, 20%, 1 oz.	1 ct.	\$2.75
	Pain relief		
4423	Acetaminophen & Ibuprofen Dual Action Tablets, 250 mg. 125 mg.	36 ct.	\$8.00
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$12.50
5039	Acetaminophen Children's Chewables, 160 mg.	24 ct.	\$7.00
5038	Acetaminophen Children's Chewables, 80 mg.	30 ct.	\$4.00
5063	Acetaminophen Children's Liquid, 160 mg., 4 oz.	1 ct.	\$6.00
4421	Acetaminophen Headache Powders	24 ct.	\$9.00
6066	Acetaminophen Plus Aspirin & Caffeine, 250 mg., 250 mg., 65 mg.	100 ct.	\$7.00
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$4.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	100 ct.	\$8.00
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$4.00

Item#	Description	Count	Price
	Pain relief		
4101	ActivICE™ Pain Relief Gel, 4 oz.	1 ct.	\$12.00
5054	Advil® LiquiGels, 200 mg.	20 ct.	\$8.00
4145	Advil® PM Caplets, 200 mg., 38 mg.	20 ct.	\$9.00
5053	Advil® Tablets, 200 mg.	50 ct.	\$14.00
5375	After Bite® Relief, 0.5 oz.	1 ct.	\$6.50
5243	Aleve® Caplets, 220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets, 220 mg.	90 ct.	\$17.00
4040	Aspercreme® with Lidocaine, 4%, 2.7 oz.	1 ct.	\$13.00
4148	Aspercreme®, 10%, 3 oz.	1 ct.	\$11.00
5297	Aspirin Tablets, 325 mg.	100 ct.	\$5.00
5064	Aspirin, Enteric Coated Tablets, 325 mg.	100 ct.	\$5.50
5205	Bayer® Aspirin, 325 mg.	100 ct.	\$12.00
5493	Bengay® Cream, 2 oz.	1 ct.	\$9.00
5251	Capsaicin Cream, 0.025%, 2.1 oz.	1 ct.	\$7.00
4007	Capsaicin Heat Patch, 0.025%	2 ct.	\$2.00
5044	Children's Ibuprofen Suspension, 100 mg., 4 oz.	1 ct.	\$6.50
5080	Cold Hot Medicated Patch	5 ct.	\$10.00
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$13.00
4013	Eagle Brand Medicated Oil, 24 ml.	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	1 ct.	\$13.00
5363	Ecotrin® Enteric Coated Aspirin Tablets, 325 mg.	125 ct.	\$10.50
4062	Epsom Salt, 16 oz.	1 ct.	\$5.00
5011	Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg.	24 ct.	\$8.00
5314	Fast Freeze® Pain Relief Spray, 4 oz.	1 ct.	\$11.50
6027	Heating Pad Digital, 12" x 15"*	1 ct.	\$45.00
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	1 ct.	\$70.00
5472	Heating Pad, 12" x 15"*	1 ct.	\$25.00
5726	Heating Pad, X-Large, 12" x 24"*	1 ct.	\$40.00
5886	HeatWraps, Back & Hip	2 ct.	\$8.00
5887	HeatWraps, Neck & Shoulder	3 ct.	\$8.00
5020	Ibuprofen Chewables, 100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels, 200 mg.	20 ct.	\$4.75
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$4.00
4108	Icy Hot® Pain Relief Cream, 1.25 oz.	1 ct.	\$6.50
5342	Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz.	1 ct.	\$9.00
5341	Icy Hot® Patch, 5%	5 ct.	\$8.00

Item#	Description	Count	Price
	Pain relief		
4150	Lidocaine Pain Relief Cream, 4%, 2.7 oz.	1 ct.	\$8.00
5888	Lidocaine Patch, 4%	5 ct.	\$10.50
4008	Medicated Pain Relief Patch	60 ct.	\$7.00
4009	Medicated Pain Relief Patch, Large	6 ct.	\$7.00
5826	Menthol Gel, 8 oz.	1 ct.	\$7.75
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$4.00
5017	Naproxen Sodium Caplets, 220 mg.	50 ct.	\$6.50
5889	Naproxen Sodium Caplets, 220 mg.	90 ct.	\$9.00
4107	Salonpas® Deep Pain Relief Gel, 2.75 oz.	1 ct.	\$12.50
5383	Salonpas® Patch	6 ct.	\$13.50
4106	Salonpas® Patch, Lidocaine, 4%	6 ct.	\$14.00
4103	Salonpas® Patch, Small	60 ct.	\$14.00
5366	Tens Unit, Analog	1 ct.	\$44.00
4036	Tens Unit, Digital	1 ct.	\$50.00
4019	Tiger Balm® Liniment, 2 oz.	1 ct.	\$9.00
5318	Tiger Balm® Muscle Rub, 2 oz.	1 ct.	\$9.50
4018	Tiger Balm® Ointment, Extra Strength, 0.63 oz.	1 ct.	\$8.00
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	1 ct.	\$14.00
4017	Tiger Balm® Patch, Large	4 ct.	\$8.00
4016	Tiger Balm® Patch, Regular	5 ct.	\$7.00
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	24 ct.	\$11.00
5424	Tylenol® Regular Strength Tablets, 325 mg.	100 ct.	\$13.50
6065	Urinary Pain Relief, 95 mg.	30 ct.	\$9.50
5727	Wellpatch® Migraine	4 ct.	\$7.00
	Pediculicide (lice treatment)		
5411	Lice Comb	1 ct.	\$1.75
5827	Lice Elimination Kit	1 kit	\$24.00
5024	Lice Treatment Shampoo, 4%, 4 oz.	1 ct.	\$11.00
	Personal care		
4130	Medicated Body Powder, 8 oz.	1 ct.	\$3.00
5655	Nail Clipper	1 ct.	\$2.50
5633	Nail File	1 ct.	\$3.00
5332	Tweezers	1 ct.	\$3.00
	Rehabilitation, therapy & exercise		
6074	Rehab & Hip Kit (Reacher, Shoehorn, Sock Aid, Bath Sponge)	1 ct.	\$22.00
6076	Sock Aid	1 ct.	\$6.00

Item#	Description	Count	Price
	Skin care		
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	1 ct.	\$7.50
4097	Aloe Vera Gel, 16 oz.	1 ct.	\$6.00
5890	Ammonium Lactate Moisturizing Lotion, 12%, 8 oz.	1 ct.	\$8.00
5620	Anti-Bacterial Bar Soap	1 ct.	\$2.00
5432	Anti-Bacterial Liquid Soap Pump, 7.5 oz.	1 ct.	\$6.00
4328	Dakening Miconazole Nitrate Cream, 20 gm.	1 ct.	\$16.50
4143	Hand Sanitizer Gel, 2 oz.	1 ct.	\$2.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$5.00
5486	Insect Repellent, Cutter® Backwoods, 6 oz.	1 ct.	\$9.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	1 ct.	\$7.00
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$7.00
	Sleep aids		
5074	Diphenhydramine Sleep Tablets	50 ct.	\$6.00
5892	Nasal Strips, Large	30 ct.	\$13.00
5891	Nasal Strips, Medium	30 ct.	\$13.00
5340	Unisom® Tablets, 25 mg.	16 ct.	\$10.00
	Smoking cessation		
5050	Nicotine Gum, 2 mg.**	20 ct.	\$9.00
5049	Nicotine Gum, 4 mg.**	20 ct.	\$9.00
5285	Nicotine Gum, 4 mg.**	50 ct.	\$20.00
5689	Nicotine Lozenge, 4 mg.**	72 ct.	\$38.00
5686	Nicotine Patches, Step 1, 21 mg. / 24 hr.**	14 ct.	\$33.00
5687	Nicotine Patches, Step 2, 14 mg. / 24 hr.**	14 ct.	\$33.00
5688	Nicotine Patches, Step 3, 7 mg. / 24 hr.**	14 ct.	\$33.00
	Supports & braces		
5395	Ankle Support	1 ct.	\$4.00
5560	Anti-Embolism Stockings, Large	1 pair	\$6.50
5148	Anti-Embolism Stockings, Medium	1 pair	\$6.50
5146	Anti-Embolism Stockings, Small	1 pair	\$6.50
5147	Anti-Embolism Stockings, X-Large	1 pair	\$6.50
5120	Arm Sling	1 ct.	\$11.00
5209	Arthritis Gloves, Large	1 pair	\$24.00
5208	Arthritis Gloves, Medium	1 pair	\$24.00
5207	Arthritis Gloves, Small	1 pair	\$24.00
6008	Arthritis Knee Sleeve, Large	1 ct.	\$24.00
6007	Arthritis Knee Sleeve, Medium	1 ct.	\$24.00

Item#	Description	Count	Price
	Supports & braces		
6006	Arthritis Knee Sleeve, Small	1 ct.	\$24.00
6009	Arthritis Knee Sleeve, X-Large	1 ct.	\$24.00
5894	Back Support Elastic with Lumbar	1 ct.	\$27.50
5893	Back Support Elastic, 24" to 46"	1 ct.	\$14.00
6092	Back Support with Suspenders, Large	1 ct.	\$19.50
6091	Back Support with Suspenders, Medium	1 ct.	\$19.50
6090	Back Support with Suspenders, Small	1 ct.	\$19.50
6093	Back Support with Suspenders, X-Large	1 ct.	\$19.50
5604	Back Support, Universal	1 ct.	\$25.00
5409	Carpal Tunnel Glove, Large	1 ct.	\$29.00
5408	Carpal Tunnel Glove, Medium	1 ct.	\$29.00
5407	Carpal Tunnel Glove, Small	1 ct.	\$29.00
5470	Carpal Tunnel Night Brace	1 ct.	\$30.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)**	1 pair	\$15.00
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)**	1 pair	\$15.00
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11)**	1 pair	\$15.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8)**	1 pair	\$15.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5)**	1 pair	\$15.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5)**	1 pair	\$15.00
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5)**	1 pair	\$15.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)**	1 pair	\$15.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)**	1 pair	\$15.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5)**	1 pair	\$15.00
5905	Deluxe Criss Cross Back Support, Large, 38" to 42"	1 ct.	\$19.00
5904	Deluxe Criss Cross Back Support, Medium, 33" to 37"	1 ct.	\$19.00
5903	Deluxe Criss Cross Back Support, Small, 28" to 32"	1 ct.	\$19.00
6024	Elastic Bandage, 2" x 4.5 yd.*	1 ct.	\$1.75
5398	Elastic Bandage, 3" x 5 yd.*	1 ct.	\$1.75
5152	Elastic Bandage, 4" x 5 yd.*	1 ct.	\$1.75

Item#	Description	Count	Price
	Supports & braces		
6025	Elastic Bandage, 6" x 5 yd.*	1 ct.	\$3.75
5908	Heel & Elbow Protector, Large	1 ct.	\$17.00
5907	Heel & Elbow Protector, Medium	1 ct.	\$17.00
5906	Heel & Elbow Protector, Small	1 ct.	\$17.00
5909	Heel & Elbow Protector, X-Large	1 ct.	\$17.00
5730	Hip Protector, Large	1 ct.	\$36.50
5731	Hip Protector, Medium	1 ct.	\$36.50
5732	Hip Protector, Small	1 ct.	\$36.50
5733	Hip Protector, X-Large	1 ct.	\$36.50
5526	Hot Cold Reusable Pack, 5" x 10"	1 ct.	\$4.00
5734	Knee Stabilizer	1 ct.	\$21.00
5912	Knee Support, Elastic, Large	1 ct.	\$7.00
5913	Knee Support, Elastic, Large with Stays	1 ct.	\$17.50
5910	Knee Support, Elastic, Medium	1 ct.	\$7.00
5911	Knee Support, Elastic, Medium with Stays	1 ct.	\$17.50
5735	Knee Support, Elastic, Small	1 ct.	\$7.00
5736	Knee Support, Elastic, Small with Stays	1 ct.	\$17.50
5916	Protective Arm Sleeve, Large	1 pair	\$19.00
5915	Protective Arm Sleeve, Medium	1 pair	\$19.00
5914	Protective Arm Sleeve, Small	1 pair	\$19.00
5917	Protective Arm Sleeve, X-Large	1 pair	\$19.00
5737	Rib Belt, Female, One Size Fits Most	1 ct.	\$14.50
5738	Rib Belt, Male, One Size Fits Most	1 ct.	\$14.50
5392	Support, Knee with U-Buttress, Large	1 ct.	\$30.00
5391	Support, Knee with U-Buttress, Medium	1 ct.	\$30.00
5388	Support, Knee with U-Buttress, X-Large	1 ct.	\$30.00
6047	Tennis Elbow Support	1 ct.	\$9.00
5561	Thumb Brace	1 ct.	\$13.00
4079	Wrist Compression, Large	1 ct.	\$9.00
4078	Wrist Compression, Medium	1 ct.	\$9.00
4077	Wrist Compression, Small	1 ct.	\$9.00
5389	Wrist Support	1 ct.	\$6.00
	Vitamins & dietary supplements		
4133	5-HTP Tablets, 200 mg.*	30 ct.	\$28.00
4054	Acidophilus Probiotics, 500 mm.*	100 ct.	\$9.00
4144	Alpha Lipoic Acid Capsule, 600 mg.*	30 ct.	\$17.00

Item#	Description	Count	Price
	Vitamins & dietary supplements		
5068	Antioxidant Tablets**	50 ct.	\$7.00
4149	Apple Cider Vinegar Tablet, 300 mg.**	250 ct.	\$10.00
4022	Ashwagandha Capsules**	60 ct.	\$26.50
6012	Beta Carotene, 7,500 mcg.**	100 ct.	\$8.00
5359	Biotin Gummy, 5,000 mcg.**	60 ct.	\$11.50
4426	Biotin Gummy, Sugar-Free, 5,000 mcg.**	60 ct.	\$13.50
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg.**	60 ct.	\$13.50
5739	Calcium Chew, Chocolate, 650 mg.**	60 ct.	\$10.00
5300	Calcium, 600 mg.**	60 ct.	\$6.00
5181	Calcium, Oyster Shell, 500 mg.**	100 ct.	\$6.00
4056	Centrum® Adults 50+ Gummy**	90 ct.	\$18.00
5000	Centrum® Vitamins**	130 ct.	\$24.00
4432	Children's Multivitamin	100 ct.	\$4.50
4037	Chromium Picolinate, 200 mcg.**	100 ct.	\$6.00
4024	Cinnamon Capsules, 1,000 mg.**	100 ct.	\$6.00
5402	Cod Liver Softgels, 400 mg.**	110 ct.	\$8.00
4131	Cranberry Capsules, 500 mg.**	90 ct.	\$6.50
4424	Daily Multivitamin Gummy, Sugar-Free**	60 ct.	\$14.50
5918	Daily Multivitamin Gummy**	120 ct.	\$14.00
5306	Daily Multivitamin**	100 ct.	\$3.00
6063	DHEA Hormonal Supplement, 25 mg.**	90 ct.	\$9.50
5182	Echinacea, 400 mg.**	100 ct.	\$10.00
5448	Eye Supplement Tablets*	60 ct.	\$5.00
5740	Ferrous Gluconate Iron Supplement, 240 mg.**	100 ct.	\$4.25
5299	Ferrous Sulfate Iron Supplement, 325 mg.**	100 ct.	\$4.50
5271	Flaxseed Oil Softgels, 1,000 mg.**	100 ct.	\$9.50
5071	Folic Acid, 400 mcg.**	100 ct.	\$3.00
5668	Folic Acid, 800 mcg.**	100 ct.	\$4.75
5069	Garlic Oil, 500 mg.**	100 ct.	\$10.00
4023	Ginkgo Biloba Capsules, 60 mg.**	50 ct.	\$5.00
4021	Ginseng Capsules, 200 mg.**	50 ct.	\$5.00
6026	Glucosamine (Joint Health Support), 500 mg.**	60 ct.	\$9.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg.**	60 ct.	\$18.00
5919	Immune Support Chewables**	50 ct.	\$9.00
4081	Leg Cramps Pain Relief Caplets**	40 ct.	\$12.00
5436	Lutein, 20 mg.**	60 ct.	\$12.00

Item#	Description	Count	Price
	Vitamins & dietary supplements		
4230	Magnesium Oxide, 400 mg.**	120 ct.	\$8.00
5742	Magnesium, 250 mg.**	110 ct.	\$6.00
5328	Magnesium, 500 mg.**	100 ct.	\$8.00
5273	Melatonin, 3 mg.**	90 ct.	\$8.00
5255	Niacin Flush Free, 500 mg.**	60 ct.	\$10.00
5743	Niacin, 100 mg.**	100 ct.	\$4.50
5184	Niacin, 500 mg.**	100 ct.	\$6.00
5920	One Daily Men's Multivitamin**	100 ct.	\$8.50
5186	One Daily Women's Multivitamin**	100 ct.	\$8.50
5174	Potassium Gluconate, 595 mg.**	100 ct.	\$5.50
4069	Red Rice Yeast, 600 mg.**	60 ct.	\$10.00
5744	Rena-Vite**	100 ct.	\$7.00
5226	Selenium, 200 mcg.**	60 ct.	\$5.00
4005	Senior Men's Multivitamin**	100 ct.	\$10.00
5132	Senior Multivitamin**	90 ct.	\$7.00
4006	Senior Women's Multivitamin**	100 ct.	\$10.00
5921	Stress Formula Tablets with Zinc**	60 ct.	\$5.00
4060	Sundown® Naturals Daily Multivitamin Gummy, Non-GMO**	50 ct.	\$11.00
4059	Sundown® Naturals Vitamin B-Complex, Non-GMO**	100 ct.	\$8.00
4025	Turmeric Capsules, 500 mg.**	60 ct.	\$7.00
5065	Vitamin A, 3,000 mcg.**	100 ct.	\$6.50
5745	Vitamin B-1, 100 mg.**	100 ct.	\$6.00
6060	Vitamin B-12, 1,000 mcg.**	100 ct.	\$10.00
5308	Vitamin B-12, 100 mcg.**	100 ct.	\$4.00
5746	Vitamin B-12, 500 mcg.**	100 ct.	\$6.50
5922	Vitamin B-12, Sublingual, 5,000 mcg.**	30 ct.	\$7.50
4098	Vitamin B-50 Complex**	60 ct.	\$8.00
5747	Vitamin B-6, 100 mg.**	100 ct.	\$6.00
5179	Vitamin B-Complex + Vitamin C**	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy**	70 ct.	\$12.00
5305	Vitamin B-Complex**	100 ct.	\$4.00
5492	Vitamin C Gummy, 250 mg.**	60 ct.	\$11.00
5748	Vitamin C, 1,000 mg.**	100 ct.	\$10.50
5301	Vitamin C, 500 mg.**	100 ct.	\$6.50
5356	Vitamin D3 Gummy, 50 mcg.**	60 ct.	\$12.00
4425	Vitamin D3 Gummy, Sugar-Free, 50 mcg.**	60 ct.	\$12.50

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
	Vitamins & dietary supplements		
5175	Vitamin D3, 10 mcg.**	100 ct.	\$3.75
5183	Vitamin D3, 25 mcg.**	100 ct.	\$9.50
5269	Vitamin E, 180 mg.**	110 ct.	\$10.75
5750	Vitamin E, 45 mg.**	100 ct.	\$5.50
5274	Zinc Tablets, 50 mg.**	100 ct.	\$7.50

<sup>\*</sup>Under certain circumstances, these items may be covered under either Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

This product list is subject to change. Items, quantities, sizes and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your Benefits Pro Portal. NationsBenefits reserves the right to limit the quantities of OTC items dispensed. year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your Benefits Pro Portal. NationsBenefits reserves the right the to limit the quantities of OTC items dispensed.

Images are for illustration purposes only. Items you receive may look different than what is depicted in the catalog.

<sup>\*\*</sup>Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

<sup>\*\*\*</sup>Scales are available to members with congestive heart failure or liver disease, to monitor fluid retention. Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

#### Q: What is the over-the-counter (OTC) benefit?

**A:** This benefit offers you a way to get OTC health and wellness products. You order from a list of eligible OTC items in the catalog and **NationsBenefits** will mail them directly to your home address or P.O. box.

You can also go to a participating retail location to use your **Aetna® Extra Benefits Card,** to buy approved items.

#### Q: How can I shop for OTC products?

#### A: Online through the NationsBenefits website

Visit Aetna.NationsBenefits.com

Or download the Benefits Pro app to your mobile device. It's available on the App Store® or Google Play™ store.





#### **Over the phone with NationsBenefits**

Call 1-877-204-1817 (TTY: 711) to speak with a Member Experience Advisor

#### **Mail completed OTC form**

Send the completed order form using the postage-paid envelope to: NationsBenefits

1700 N. University Drive Plantation, FL 33322

#### In store at a participating retail location

Visit **Aetna.NationsBenefits.com** or call **1-877-204-1817 (TTY: 711)** to find a participating retail location near you. Member Experience Advisors are available 8 AM to 8 PM local time, 7 days a week, excluding holidays. Language support services are available at no additional cost.

#### Q: Will I receive a card for this benefit?

**A:** If you already have a card, you will not receive a new one. If you are a new member or if you change plans, you can be mailed a new **Aetna Extra Benefits Card** before or shortly after your plan begins. You can easily get your purchase history, balance and other information about your benefit. Simply call, go online or use the Benefits Pro mobile app.

#### Q: How do I download the Benefits Pro mobile app?

A: You can download the Benefits Pro mobile app with your Apple or Android smartphone.

- While using your smartphone, look up "Benefits Pro app" on the Google Play™ store or Apple® App Store®.
- Download the app.
- Log in with your Benefits Pro Portal log-in credentials to check balances, transactions and more.

There is no cost to download the Benefits Pro app. Anyone with a Benefits Pro account can use it at no additional cost. Once you've registered online at **Aetna.NationsBenefits.com**, you can use this app at no additional cost.

#### Q: How do I use the bar code scanner on the Benefits Pro app?

**A:** When shopping in a participating retail location, simply log in to the app and select the **Eligible Expense Scanner**. You can find it on the landing page of the app. Once you click on the Eligible Expense Scanner icon, simply scan a product to confirm eligibility for purchase using your benefit.

#### Q: How much is my OTC benefit?

**A:** OTC benefit amounts vary by plan. To find out how your OTC benefit works, see your evidence of coverage (EOC) or call **NationsBenefits** at **1-877-204-1817 (TTY: 711)**.

#### Q: How many orders can I place?

**A:** There are no transaction limits. However, there may be quantity limits of specific items available to order.

#### Q: How will I know if the total of my order is more than my remaining allowance?

**A:** When placing your order through the mail, a Member Experience Advisor will contact you and inform you after your order is placed. When making purchases in store, the cashier will let you know that your order exceeds your remaining allowance. When ordering online, a message will appear letting you know the order exceeds your allowance balance.

#### Q: Can I carry over unused benefit amounts to the next benefit period?

**A:** This depends on the specific plan that you are enrolled in. To see if your plan includes roll over, check your EOC.

#### Q: How long will it take to receive my order?

**A:** Shipping times may vary but it typically takes two business days from the day you place your order for it to arrive. Please allow additional time for delivery during peak season.

#### Q: Is there a return policy?

A: If you haven't received your order, please call 1-877-204-1817 (TTY: 711). Or call within 30 days after receiving your order if you received a defective or damaged item. We will ship a replacement for the same item. If your item is not in stock, an item of similar or greater value may be substituted. Damaged or defective items do not need to be returned to NationsBenefits.

#### Q: Can I cancel my online or phone order once it has been placed?

**A:** Yes, you can cancel your phone order any time prior to shipping by calling **NationsBenefits** at **1-877-204-1817 (TTY: 711**). You can also cancel your online order in your Benefits Pro Portal within one hour after your order is placed.

#### Q: How do I confirm my order was placed?

**A:** Once the online order is complete, you'll get a confirmation number. Be sure to keep your confirmation number for future tracking.

#### Q: Can I track my order?

**A:** You will get a tracking number once your order is shipped. If you place the order via the **NationsBenefits** portal, you can enter your email or phone number when placing the order to get tracking information. You can also call **NationsBenefits** at **1-877-204-1817 (TTY: 711)** to obtain the tracking information at a later date.

#### Q: How can I get another copy of the catalog?

A: You can contact **NationsBenefits** at **1-877-204-1817 (TTY: 711)** to request another copy of the catalog.

#### Q: How will the items be shipped?

A: Items are shipped via USPS or FedEx to your home or P.O. box at no additional cost.

#### Q: Who can I call if I have questions?

**A:** You may call **NationsBenefits** at **1-877-204-1817 (TTY: 711)**. Member Experience Advisors are available 8 AM to 8 PM local time, 7 days a week, excluding holidays.

#### Q: Where can I find the catalog online?

**A:** To find the catalog for your plan, follow the steps below:

- 1 Scan the QR code or visit the plan webpage printed on your member ID card.
- 2 Scroll down to the plan quick links section of the web page.
- 3 Download the OTC catalog.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Eligibility for the Model Benefit or Reward and Incentive (RI) Programs under the Value-Based Insurance Design (VBID) Model is not assured and will be determined by Aetna after enrollment, based on relevant criteria (e.g., clinical diagnoses, eligibility criteria, participation in a disease state management program. If your plan's Extra Benefits Card includes roll-over, any unused amount will rollover into the next month/quarter. The monthly/quarterly amount can be rolled over through the end of the plan year but will not carry over into the next plan year.

### For California members only

Discrimination is against the law. Aetna Medicare Preferred Plan (HMO D-SNP) follows State and Federal civil rights laws. Aetna Medicare Preferred Plan (HMO D-SNP) does not unlawfully discriminate, exclude people, or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation.

Aetna Medicare Preferred Plan (HMO D-SNP) provides:

- Free aids and services to people with disabilities to help them communicate better, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Aetna Medicare Preferred Plan (HMO D-SNP)] between 8am-8pm 7 days a week by calling 1-866-409-1221. If you cannot hear or speak well, please call 711. Upon request, this document can be made available to you in braille, large print, audiocassette, or electronic form. To obtain a copy in one of these alternative formats, please call or write to:

Aetna Medicare Preferred Plan (HMO D-SNP) Aetna Medicare PO Box 7405 London, KY 40742 1-866-409-1221 [TTY/TDD 711 [California Relay 711]

#### **HOW TO FILE A GRIEVANCE**

If you believe that Aetna Medicare Preferred Plan (HMO D-SNP) has failed to provide these services or unlawfully discriminated in another way on the basis of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation, you can file a grievance with Aetna Medicare Grievances. You can file a grievance by phone, in writing, in person, or electronically:

**By phone:** Contact Aetna Medicare Grievances between 8 AM to 8 PM, 7 days a week. by calling 1-866-409-1221. Or, if you cannot hear or speak well, please call [TTY/TDD 711].

In writing: Fill out a complaint form or write a letter and send it to:

Aetna Medicare Grievances PO Box 14834 Lexington, KY 40512

**In person:** Visit your doctor's office or Aetna Medicare Preferred Plan (HMO D-SNP) and say you want to file a grievance.

**Electronically:** Visit Aetna Medicare Preferred Plan (HMO D-SNP) website at **AetnaMedicare.com** 

#### OFFICE OF CIVIL RIGHTS - CALIFORNIA DEPARTMENT OF HEALTH CARE SERVICES

You can also file a civil rights complaint with the California Department of Health Care Services, Office of Civil Rights by phone, in writing, or electronically:

**By phone:** Call 916-440-7370. If you cannot speak or hear well, please call 711 (Telecommunications Relay Service).

**In writing:** Fill out a complaint form or send a letter to:

Deputy Director, Office of Civil Rights Department of Health Care Services Office of Civil Rights P.O. Box 997413, MS 0009 Sacramento, CA 95899-7413

Complaint forms are available at http://www.dhcs.ca.gov/Pages/Language\_Access.aspx.

**Electronically:** Send an email to CivilRights@dhcs.ca.gov.

#### OFFICE OF CIVIL RIGHTS - U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

If you believe you have been discriminated against on the basis of race, color, national origin, age, disability or sex, you can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing, or electronically:

**By phone:** Call 1-800-368-1019. If you cannot speak or hear well, please call TTY/TDD 1-800-537-7697.

**In writing:** Fill out a complaint form or send a letter to:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

**Electronically:** Visit the Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf.

#### TTY: 711

If you speak a language other than English, free language assistance services are available. Visit our website or call the phone number listed in this document. (English)

Si habla un idioma que no sea inglés, se encuentran disponibles servicios gratuitos de asistencia de idiomas. Visite nuestro sitio web o llame al número de teléfono que figura en este documento. (Spanish)

如果您使用英文以外的語言,我們將提供免費的語言協助服務。請瀏覽我們的網站或撥打本文件中所列的電話號碼。(Traditional Chinese)

Nếu quý vị nói một ngôn ngữ khác với Tiếng Anh, chúng tôi có dịch vụ hỗ trợ ngôn ngữ miễn phí. Xin vào trang mạng của chúng tôi hoặc gọi số điện thoại ghi trong tài liệu này. (Vietnamese)

Kung hindi Ingles ang wikang inyong sinasalita, may maaari kayong kuning mga libreng serbisyo ng tulong sa wika. Bisitahin ang aming website o tawagan ang numero ng telepono na nakalista sa dokumentong ito. (Tagalog)

영어가 아닌 언어를 쓰시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 저희 웹사이트를 방문하시거나 본 문서에 기재된 전화번호로 연락해 주십시오. (Korean)

Եթե խոսում եք անգլերենից բացի մեկ այլ լեզվով, ապա Ձեզ համար հասանելի են լեզվական աջակցման անվճար ծառայություններ։ Այցելեք մեր վեբ կայքը կամ զանգահարեք այս փաստաթղթում նշված հեռախոսահամարով։ (Armenian)

هب.دشاب یم مهارف ناگیار ینابز کمک ،دینک یم وگتفگ یسیلگنا زجب یرگید نابز هب رگا. دیریگید نابز هب رگا. دیریگب سامت ،هدش تسل لیذ دنس رد هک نفلت هرامش هب ای و دی امن هعجارم ام تیاسبو. (Farsi)

Если вы не владеете английским и говорите на другом языке, вам могут предоставить бесплатную языковую помощь. Посетите наш веб-сайт или позвоните по номеру, указанному в данном документе. (Russian)

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وأ بيولا الله النعقوم قرايزب للضفت .قحاتم قيناجملا قيوغللا قدعاسملا تامدخ نإف ،قيزيلجناللا ريغ قغل ثدحتت تنك اذإ وأبيولا الله يف جردملا فتاهلا مقرب للستا (Arabic)

ਜੇ ਤੁਸੀਂ ਅੰਗ੍ਰੇਜੀ ਤੋਂ ਇਲਾਵਾ ਕੋਈ ਹੋਰ ਭਾਸ਼ਾ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਮੁਫ਼ਤ ਭਾਸ਼ਾ ਸਬੰਧੀ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ। ਸਾਡੀ ਵੈੱਬਸਾਈਟ 'ਤੇਜਾਓ ਜਾਂ ਇਸ ਦਸਤਾਵੇਜ਼ ਵਿਚ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ। (Punjabi)

បលីោកអ្ននកនិយាយភាសាផ្**សងេក្**រៅពីភាសាអង់គ្**លសេ សវោកម្**មជំនួយផ្**នកែភាសាមានផ្**ដល់ជូនដ**ោយ** ឥតគិតថ្**ល**។ៃ សូមចូលមលើគហេទំព័ររបស់យ<del>ង</del>ីខ្ញុំ ឬហ**ៅទ**ៅកាន់លខេទូរស័ព្ទទដលែមានរាយន**ៅក្**នុងឯកសារ នះេ។ (Khmer)

Yog hais tias koj hais ib hom lus uas tsis yog lus Askiv, muaj cov kev pab cuam txhais lus dawb pub rau koj. Mus saib peb lub website los yog hu rau tus xov tooj sau teev tseg nyob rau hauv daim ntawv no. (Hmong)

अगर आप अंग्रेजी के अलावा कोई अन्य भाषा बोलते हैं, तो मुफ्त भाषा सहायता सेवाएं उपलब्ध हैं। हमारी वेबसाइट पर जाएं या इस दस्तावेज़ में दिए गए फोन नंबर पर कॉल करें। (Hindi)

หากคุณพูดภาษาอื่นนอกเหนือจากภาษาอังกฤษ สามารถขอรับบริการช่วยเหลือด้านภาษาได้ฟรี เข้าไปที่ เว็บไซต์ของเรา หรือโทรติดต่อหมายเลขโทรศัพท์ที่แสดงไว้ในเอกสารนี้ (Thai)







#### **FASTEST** Delivery Method

Order your OTC products online through your **Benefits Pro Portal** at **Aetna.NationsBenefits.com** or scan this QR code with your smartphone camera.







#### To Order by Mail - Fill Out Your Personal Information

For orders by mail, fill out the information below and use the back of this form to order products. *Mail orders can be processed in 5-7 days.* 

**Only this form can be used for orders**. Alternate or non-standard forms are not accepted and will result in an order not being placed. To ensure your order is processed correctly, please write **LEGIBLY** and use **BLACK INK ONLY**.

Member ID			Date of Birth	
First Name		Last Name		
Street #	Street Name		Apt./Suite #	
City		State	Zip Code	
Phone	 Email			
Send the comple	eted order form using the pos	tage-paid envelope t	o:	
NationsBene 1700 N. Unive Plantation, Fl	ersity Drive			

I understand that the phone numbers and/or emails I provided on this form may be used by NationsBenefits or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

**Important:** Due to the added time to receive your request by mail, we encourage you to allow extra time when mailing your order form. Your order can be processed in the benefit period that it is received. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.





**Important:** Only this form can be used for orders. Alternate or non-standard forms are not accepted and will result in an order not being placed. To ensure your order is processed correctly, please write **LEGIBLY** and use **BLACK INK ONLY**.

Order Your	Products			
ITEM#	DESCRIPTION	PRICE	QUANTITY	TOTAL
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				•
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
TOTAL OR	DER AMOUNT			\$

Applicable sales tax may be added to the order total and deducted from your available balance.

**NOTE:** Order forms can be processed during the benefit period in which they are received.

If you have any questions or need assistance placing your order, please call NationsBenefits at **1-877-204-1817 (TTY: 711)**. Member Experience Advisors are available 8 AM to 8 PM local time, 7 days a week, excluding holidays. Language support services are available at no additional cost.





**Important:** Only this form can be used for orders. Alternate or non-standard forms are not accepted and will result in an order not being placed. To ensure your order is processed correctly, please write **LEGIBLY** and use **BLACK INK ONLY**.

Order Your Products				
ITEM#	DESCRIPTION	PRICE	QUANTITY	TOTAL
				\$
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				\$
TOTAL OR	DER AMOUNT			\$

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# **Notes:**

You can use this page to write down helpful information for future orders such as item numbers, product descriptions and any questions you may want to ask a Member Experience Advisor on your next call.					



1700 N. University Drive Plantation, FL 33322

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Download the **Benefits Pro app to your mobile device** 



Call us at 1-877-204-1817 (TTY: 711)



Complete and mail an order form to NationsBenefits





If you have any questions or need help placing your order, we're here for you.

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Language support services are available if needed, at no additional cost.

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