



Blood Pressure Control for Patients With Diabetes (BPD)

HEDIS® Measurement Year 2024

Measure description: The percentage of members 18–75 years of age (as of December 31 of the measurement year) with diabetes (types 1 and 2) whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.

Numerator codes

There is a large list of approved NCQA codes used to identify the services included in the BPD measure.

For a complete list, refer to the NCQA website at www.ncqa.org.

Identifying Representative Blood Pressure		
CPT II	3077F	Systolic Greater Than/Equal To 140
CPT II	3074F & 3075F	Systolic Less Than 140
CPT II	3079F	Diastolic 80-89
CPT II	3080F	Diastolic Greater Than/Equal To 90
CPT II	3078F	Diastolic Less Than 80

Strategies for Improvement

- Utilize NCQA coding tips to actively reflect care rendered.
- Outreach patients to schedule follow-up appointments and diagnostic tests.
- Coordinate care with specialists such as endocrinologists, nephrologists, and cardiologists.
- Stress the importance of medication adherence and their effect on blood pressure readings.
- Counsel on healthy lifestyle changes such as improved diet and increased exercise and their effect on blood pressure control. Examples might include low sodium diet and decreased carbs, 150 minutes of physical activity a week.